

Your Personal Pluralism - Mapping Your Many Identities

Identifying your identity markers using the following categories. List multiple identities within each category when applicable. Use terms that are your own; the examples are only there to get your thinking started.

Family Member Status (e.g. mother, step-father, sister, son, aunt, grandfather, etc.)	
Occupation/Work Status (e.g. social worker, engineer, clerk, artist, manager, plumber, student, doctor, teacher, facilitator, unemployed, etc.)	
Ethnicity/Race (e.g. Hispanic, Native American, Asian, Black, etc.)	
Political Identity (e.g. Republican, Liberal, Leftist, Libertarian, etc.)	
Socio-Economic Status (e.g. wealthy, working class, financially struggling, etc.)	
Sexual Orientation/Gender Identity/Gender Expression (see https://www.uua.org/lgbtq/identity)	
Body Type	
Physical Ability (able-bodiedness) & Mental Health (including mental, physical & acquired disabilities)	
Earliest Religion Affiliation/Faith Brought Up In (e.g. Muslim, Christian, Lutheran, Agnostic, None, etc.)	
Generational Status (e.g. Baby Boomers, Gen Z, Millennial, etc.)	
Marital Status	
Geographic Identity (e.g. midwestern, New Yorker, Southern, farm kid, etc.)	
Most Impactful Historical Event in Younger Years (e.g. Vietnam War, Assassination of MLK, 9/11, publication of Harry Potter, cell phones, email, texting, etc.)	
Traits (e.g. athletic, musical, artistic, shy, courageous, introverted, analytical, pessimistic, creative, funny, people pleaser, do-gooder, contrarian, leader, etc.)	
Hobby/Activity Identities (e.g. jogger, quilter, cook, stamp collector, painter, movie-goer, snowboarder, woodworker, romance novel reader, etc.)	
Additional	