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I never state a person's name or location in any content on my Tiktok. All advice content is for education and self-help purposes only. I do not and will not share any names or state them in my content.

I am reachable via email and Tiktok DMs.

If you share your problem with me on either platform I may use it in my content. If you specify that you do not want your problem shared on my Tiktok, then I will not use it for my content.