

A RESOURCE GUIDE FOR



COMMUNITY AND COUNSELING SERVICES

IMPORTANT/HOTLINE NUMBERS:

EMERGENCY 911

AIDS HOTLINE 1-800-342-2437

AL-ANON/AL-ATEEN 1-888-825-2666

ALCOHOLICS ANONYMOUS 1-800-282-5924

BOYS TOWN NATIONAL HOTLINE 1-800-448-3000

CANTON POLICE DEPARTMENT 860-693-0221

CARELINE: DCF HOTLINE 1-800-842-2288

CHILD CARE INFOLINE 1-800-505-1000

CT CHILDRENS MEDICAL CENTER 1-860-545-8660

COCAINE ANONYMOUS 1-860-871-4584

Crisis Text Line TEXT HELLO or HOLA to 741741 →
(@WhatsApp message 443-SUPPORT // 442-AYUDAME for Spanish)

CT CLEARINGHOUSE (SUBSTANCE ABUSE INFO)
1-800-232-4424

EATING DISORDERS HOTLINE 1-877-377-7741

EMERGENCY POISON CONTROL 1-800-222-1222

HELP LINE 1-860 - 747-3434

INFO LINE (SUICIDE/CRISIS, INFO AND REFERALL LINE)
211 OR infoline.org

NARCOTICS ANONYMOUS 1-800-627-3542

NATIONAL RUNAWAY 1-800-RUNAWAY OR
SWITCHBOARD www.1800runaway.org

PARENTS ANONYMOUS 1-800-842-2288

SEXUAL ASSAULT CRISIS LINE 1-888-999-5545

SUICIDE HOTLINE 1-800-273-TALK

SUICIDE & CRISIS LIFELINE - TEXT 988

THERAPISTS AND CLINICS

Alcaraz, Jenna R., LPCA.....860-847-7681

81 Market Square, Suite 9, Newington **(Husky)**

Alexander, Jacqueline (MA,LPC,NCC)860-408-1595

244 Farms Village Rd, West Simsbury

(Autism, NLD, ADHD, Anxiety)

Asmar, Jeffrey, LCSW.....860-284-9434

10 Forest Park Dr # 2, Farmington, CT 06032

Avon Simsbury Psychotherapy, LLC860-989-7687

111 Simsbury Rd. , Avon

Barnett, Sheri (LCSW).....860-658-0887

50 Brettonwood Dr., Simsbury

Bartos, Cara, APRN LLC.....(860) 241-2286

1680 Albany Ave, Hartford, CT 06105

Beacon Behavioral Services860-676-9350

40 Dale Rd., #201, Avon

Benson, Nancy (LPC).....860-490-8084

50 Albany Tpke, Suite 5, Canton

Blais, Connor M., LMSW 860-791-4795

West Hartford, CT 06110 **(Husky)**

Bogle, Odette, LCSW..... 860-566-8955

128 Homestead Avenue, Hartford **(Husky)**

Bridge Family Center860-521-8035

1022 Farmington Ave., West Hartford

Bridge West: 45 West Main Street, Avon **860-404-5322**
(sliding scale fee)

Bristol Hospital Counseling Center **1-860-583-5858**
440 North Main Street, Suite C, Bristol

Brooks, Lissie Smith (LCSW)..... **860-561-8695**
1216 Farmington Ave., West Hartford

Brown, Sophia, A., LCSW..... **860-590-4546**
SoeBrown Clinical Services, LLC
56 Poquonock Ave, Windsor (**Husky**)

Brubeck, Marcia, JD, LCSW..... **860-231-1997**
674 Prospect Ave., Hartford

Brus, Wendy, LCSW **860-651-3489**
720 Hopmeadow St. Suite 3, Simsbury
(eating disorders)

Canton Public Schools

Cherry Brook Primary School..... **860-693-7721**
Dombrowski, Julie..... jdombrowski@cantonschools.org
Mosher, Elizabeth..... emosher@cantonschools.org

Canton Intermediate School **860-693-7717**
Coddington, Alison..... acoddington@cantonschools.org
Johnson, Kaity..... kjohnsone@cantonschools.org

Canton Middle/High School **860-693-7707**
DeVito, Lori ldevito@cantonschools.org

Canton Youth Services BureauMeheran,..... **860-965-7020**
Laura Meheran, Chair..... lmeheran@sbcglobal.net

Canzano, Gail PhD **860-561-1530**
81 South Main Street, West Hartford

Carter, Stephanie, LCSW..... 860-407-6506
218 River Road, Unionville, CT

Catholic Family Services..... 860-522-8241
60 Gillett Street, #101, Hartford
(sliding scale fee)

Centurelli, Laura, J., LCSW 860-901-1281
Canton, CT 06019

Cepero, Amanda, LPC..... 203-875-0933
Southington, CT 06489 (Husky)

Challenging Minds LLC.....860-361-6204
Bantam, CT 06750 & Torrington, CT 06790

Charlotte Hungerford Center for Youth and Families
..... 860-489-3391
50 Litchfield St, Torrington, CT 06790

Chvatal, Deanna G., LMFT 860-308-1907
10 North Main Street, Suite 214, West Hartford (Husky)

Citron, Liz, LCSW 860-485-7408
Newington, CT 06111 (Husky)

Cordiano, Valarie (LMFT) 860-233-1700
854 Farmington Ave, Suite23, West Hartford

Claffey, Cindy, LCSW..... 860-716-7024
81 South Main Street (suite 3), West Hartford

Claywell, Katie M., MAAT, LPC..... 860-863-4268
Apple Valley Behavioral Health
791 S Main St, Southington, CT 06489 (Husky)

The Cove..... 203-634-0500
1113 A South Main Street Cheshire (Grief Counseling)

Cranford, Chanel, LMSW..... 860-831-4868
Courage Counseling Center, LLC
Newington, CT 06111 (**Husky**)

CT Children's Medical Center 860-545-9000
282 Washington Street, Hartford

Dalao, Kristina, LCSW..... 959-208-4003
West Hartford, CT, 06107 (**Husky**) / (online only)

Daoud, Lili, LCSW 860-677-2991
176 W Main St, Avon, CT 06001

Center for Cognitive Therapy, Avon
(anxiety, depression, Personality Disorders)

Danitz, Mitchell, PhD860-231-7227
45 S. Main Street, Suite 110, West Hartford

Drozdziel, René. MA, LMFT..... 860-631-5575
130 South Main Street, Thomaston (**Husky**)

Eisworth, Nancy, PhD860-236-8087
664 Prospect Ave, Suite 1, Hartford

Edgerton, Mandy, LMSW....., 860-300-3352
West Hartford, CT 06107 (**Husky**) / (online only)

Family Resource and Development Center860-838-4735
270 Farmington Ave. Suite 347, Farmington, CT 06032 Weiner,
Dan, LPC
Genser, Geoff, LCSW

Farmington River Mental Health.....

Carroll, Debra, LCSW860-307-8943
Dziekan, James, LCSW.....860-309-9156
46 West Avon Rd., Avon, Suite 204 (**Husky**)

Farmington Valley Counseling Center.....860-255-4017
Daking, Marla, LCSW // Hawley, Nora, LCSW // Lewis, Miriam,
LCSW // Sanborn, Samantha, LPC // Sivo, Kelly, LCSW 111
Simsbury Road, Avon, CT 06001
info@fvcounseling.com

Forbes, Scarlett, K., LPC..... 860-356-4234
92 North Summit Street, Unit 2G, Southington (**Husky**)

Galarraga, Nicole M., LCSW.....203-769-9790
304 Main Street, Farmington, CT 06032 (**Husky**)

Gaura, Gerald, MFT..... 860-254-7115
Newleaf Therapy Co.
10 Depot Street Office 100 Collinsville, CT 06019

Geary-Strenk, Meghan, LCSW..... 860-717-3313
Plainville, CT 06062 (**Husky**)

Girard, Jovin, LCSW..... 860-245-8425
Windsor, CT 06095 (**Husky**) / (online only)

Gould, Victoria, Psy.D.....860-480-8524
720 Hopmeadow Street, Simsbury

Gourson, Scott PhD860-673-6743
111 Main Street, Collinsville (substance abuse)

Gruber, Tracy J. LCSW860-431-3218 7
7 Fairlee Rd, West Hartford, CT 06107 (not taking)

Hayes, Lisa, LPC..... 860-934-0178
943 Queen Street, 2nd Floor, Southington (**Husky**)

Heinlein, David, LCSW, JD860-682-4251
247 Penn Dr West Hartford, CT 06119

Holcomb, Dara, LPC.....860-831-4360
Creative Reflections Counseling Center
943 Queen Street, 2nd Floor, Southington (**Husky**)

Holmes, Liama B., LCSW..... 860-785-9223
Step By Step Counseling Services, LLC
3580 Main St, Building 11, Suite E, Hartford (**Husky**)

Horelik, Iwona K., PsyD.....860-323-3109
760 Hopmeadow St., Suite 208, Simsbury

Humphrey, Chelsea, LMFT.....(860) 896-5115
191 Albany Turnpike, Suite 3, Canton (**Husky**)

Hunter, Amy, Ed.D., LPC 860-407-6022
10 North Main St. Suite 214 West Hartford, CT 06107 (DBT,
Trauma)

Hurley, Steve, MA, LPC860-407-6033
30 Peck Road, Torrington (**Husky**)

Institute of Living..... 860-545-7000
200 Retreat Ave, Hartford

Jarrett, Leila, L., LMFT, PhD..... 860-901-0686
36 Russ Street, Hartford (**Husky**)

Jarvis, Patricia M., LPC..... 860-854-7848
81 Market Square Suite 9 Newington, CT 06111 (**Husky**)

Jestin, Caroline, MA, LPC..... 959- 265-0891

Avon, CT 06001

Jewish Family Service..... 860-236-1927
333 Bloomfield Ave, Suite A, West Hartford, CT 06117

Keith, Ashley, LPC 860-809-4838
Hop Brook Counseling Center
1187 Queen Street, Southington (**Husky**)

Kleinman, Jeanne, LCSW..... 860-676-8375
10 Forest Park Dr, Farmington

Klingberg Family Centers..... 860-243-4416
Hartford, CT. CATS Program (Child Abuse Tx): Mary Dineen
Elovich

Krawiec, Kathryn A., LCSW.....860-606-3684
218 River Rd, Unionville (**Husky**)

Lewis, Ariana, LCSW..... 860-891-6116
270 Farmington Avenue, Suite 346, Farmington (**Husky**)

Liebowitz, Asmahan, LCSW..... 860-717-3173
Avon, CT 06001 (**Husky**)

Lonergan, Mary E. LMFT 860-785-9231
682 Prospect Ave, Hartford (**Husky**)

Lucyk, Mark, Ph.D 860-561-2400
970 Farmington Ave, Suite 305, West Hartford

Lyons, Jessica, G., LCSW..... 860-748-4066
45 South Main Street, #300, West Hartford (**Husky**)

Madrid, Claudia, LMSW..... 860-773-4367
34 Jerome Avenue, Suite 106, Bloomfield (**Husky**)

Madsen, Ray, Ph.D..... 860-496-2100

McCalls Foundation, 58 High Street, Torrington
(substance abuse 16+years old)

Mahoney, Lynn, LMFT..... 860-581-4669

3 Barnard Lane, Suite 110, Bloomfield (**Husky**)

Maynard-Epps, Idena., LCSW..... 860-591-5458

Hartford, CT 06103 (**Husky**)

McCormick, Adriana, PsyD..... 959-230-0903

Psychological Health Partners, PLLC
1 Mill Lane, Farmington (**Husky**)

Mercado, Vivian, LMFT..... 475-800-8782

255 North Main Street, Suite 101, Bristol (**Husky**)

Mindful Moments, LLC. (LCSW).....959-210-6119

37 Greenwoods Rd, New Hartford (**Husky**)

A Mind's Journey, LLC. (LCSW) 860-499-3824

1339 Albany Avenue, Hartford (**Husky**)

Mwangi, Esther, LCSW..... 860-736-3130

34 Jerome Avenue, 218, Bloomfield (**Husky**)

Nelson, Wilber, Ph.D860-243-3477

3 Northwestern Dr., Bloomfield

Nunes, Samantha, LMSW 860-787-8577

1100 New Britain Ave, Unit 107, West Hartford (**Husky**)

Nye, Cynthia, Ph.D860-677-5570

270 Farmington Ave, Suite 309, Farmington

Okasia, Danika, LMSW..... 860-809-5165

Hartford, CT 06103 (**Husky**)

Ortiz, Madeline, LMSW..... 860-390-4673
682 Prospect Avenue, Hartford (**Husky**)

Paris, Chantell, LCSW..... 833-924-0836
225 North Main Street, Suite 80, Bristol (**Husky**)

Playworks Therapy For Children, LLC..... 860-213-8182
664 Prospect Ave, Hartford, CT 06105 (**Husky**)

Quinlan, Heather JD, MSW.....860-213-8286
30 Avon Meadow Lane Suite 202-D, Avon

Rausch, Fernando, LCSW860-416-0392
682 Prospect Ave, Hartford

Reiter, Laura, LCSW 860-231-9331
85 Memorial Rd Apt 30, West Hartford

Rhodes, Kensey LPC(860) 864-5304
Avon CT, 06001

Ryff, Shoshannah. LMFT(860) 431-3306
1187 Queen Street, Southington (**Husky**)

Rzepski, Barbara, Ph.D..... 860-545-8660
80 Seymour Street, Hartford

Scacco, Linda, PhD..... 860-753-3404
West Hartford, CT 06107 (**Husky**) / (online only)

Schichor, Mady, LCSW.....860-675-4968
34 Dale Rd, Suite 212, Avon

Scott, Haley, LPC 860-362-3520
Lavender Meadow Psychotherapy Studio, LLC
430 New Park Ave, Suite 102-1012, West Hartford (**Husky**)

Shilliday, Carol, PsyD.....860-455-4222

45 South Main Street, Suite 310, West Hartford

Smyth, Anna, LMFT.....860-712-5371

101 River Road, Canton (Husky)

Soucie, Denise M.LPC860-322-5601

17 South Highland Street West Hartford (Husky)

Spock, Linda, Ph.D 860-523-9420

674 Prospect Ave, Hartford

St. Joseph College Marriage and Family Center.....

860-231-2013

West Hartford (sliding Scale)

St. Francis Hospital..... 860-286-4948

Hartford (Child and Adolescent Unit: inpatient)

Tarkin, Barbara Ph.D..... 860-242-3702

6 Northwestern Dr., Suite 306, Bloomfield

The Charlotte Hungerford Hospital..... 860-496-6666

*Center for Youth and Families

1598 East Main Street, Torrington

*Partial Hospital Program..... 860-496-6666

540 Litchfield Street, Torrington

Thomas, Deborah Ph.D 860-521-1632

10 North Main Street, Suite 305, West Hartford

Thriveworks Counseling & Psychiatry..... 860-530-5326

846 Farmington Ave #4, West Hartford

Tides of Mind Counseling.....203-819-0789

191 Albany Turnpike, Suite 3, Canton

Turner, Megan E., LCSW..... 860-970-8639
1100 New Britain Ave, West Hartford, CT 06110 (**Husky**)

Wheeler Clinic..... 888-793-3500
225 North Main Street #106, Bristol

Wheeler Emergency Mobile Crisis..... 211

Wheeler Clinic..... 888-793-3500
Open Access Program

(**Walk-in** service for initial outpatient evaluations)

Two Locations: 91 Northwest Drive, Plainville,
CT & 225 North Main Street, Bristol, CT

INDEPENDENT PSYCHIATRIST

Carmona, Alicia, MD.....860-233-8725
801 Farmington Ave, West Hartford

Cohen, Carole, MD860-561-5515
10 Forest Park Dr, Farmington

Jacobs, Alan, MD.....860-561-1640
61 South Main Street, Suite 305, West Hartford

Katz, Steven, MD860-231-2850
11 Melrose Dr Suite 203, Farmington,

Karabelnik, Lisa, MD.....860-521-3380
345 N Main St UNIT 317, West Hartford

Matern, Elizabeth, MD.....860-470-7909
20 West Main Street, 2nd Floor, Avon

Rathi, Amit, MD.....860-910-1088
Connecticut Psychiatric Partners, P.C.
345 N Main St Suite 311, West Hartford

Robson, Ken, MD.....860-561-4178
18 North Main Street, Suite 2, West Hartford

UCONN Medical Group.....860-523-3745
65 Kane Street, West Hartford
(Child and Adolescent Psychiatry)

COMMUNITY RESOURCES

ADOPTION:

Rainbow Adoptions International, Inc..... 860-677-0032
29 West Main Street, Suite 101, Avon

AFTER SCHOOL PROGRAM:

Canton Connections
(Fun, Homework help, Sharing for Grades 1-3)

DOMESTIC VIOLENCE:

Interval House West..... 860-246-9149
P.O. Box 340207, Hartford, CT
www.intervalhousect.org
24 hr. hotline 860-527-0550

EATING DISORDERS:

Walden Behavioral Care 860-533-4672
2400 Tamarack Ave. Suite 203, S. Windsor
www.waldenbehavioralcare.com

DEVELOPMENTAL DISABILITIES:

Child Development Info Line 211

CCMC..... 860-545-9700
CT Association for Infant Mental Health.....www.ct-aimh.org
Department of Developmental Services.....1-866-737-0330
.....www.ct.gov/ddc
FAVARH..... 860-693-6662
Family support for children with disabilities.....www.ctfsc.org
HARC (Hartford)..... 860-218-6000
March of Manchester..... 860-647-7609
.....www.developingchild.net

COMMUNITY RESOURCES

FAMILY SUPPORT SYSTEMS:

Balanced Mind Foundation.....www.thebalancedmind.org

Support for families raising children and adolescents with bi-polar and related diagnosis.

IICAPS (Intensive In-Home Child/adolescent Psychiatric Services

Family and Children's Aid860-482-6085

387 Litchfield Street, Torrington

The Village860-236-4511 Hartford

Wheeler.....860-241-0317 Plainville

Farmington-Avon-Valley Asperger Network (FAVAN) Sean

or Lee McFadden860-589-0097

Meets monthly at 321 New Britain Ave., Unionville, CT

Litchfield County Autism Society (LaCaSa).....860-693-9123

www.autismsupportct.com

NAMI (National Alliance of Mental Health)

Family Support GroupGrace: 860-693-9310

.....Jennifer: 860-371-8111

Canton Community Center, 40 Dyer Avenue, Canton

National Association of Mental Illness..... www.nami.org

Peace Program.....Beacon Behavioral Health (For co-parenting support for divorce parents, \$250/visit)

COMMUNITY RESOURCES

Greater Bristol/Farmington Valley System of care Wheeler Clinic
.....860-793-355
..... 211

Voluntary Services with DCF..... 1-800-842-2288

FINANCIAL:

Avon Mobile Food Share..... 860-409-4346
Church of St. Ann, 270 W. Avon Rd., Avon
Every other Tuesday: 10:00a-10:30a (fresh fruit and vegetables)

Canton Food Bank..... 860-693-5811
Trinity Church: 55 River Rd.
Tuesdays 8:30a-11:30a (call ahead to complete registration)

Canton Social Services..... 860-693-5811
Claire Cote

Gifts of Love 860-676-2323
35 E. Main Street, Avon

Gift of Sight Program: Lenscrafters
Lenscrafters, Avon
Contact: Lori DeVito 860-693-7707

Husky 1-800-656-6684
(State Insurance)

LEGAL:

Children's Law Center..... 860-232-9993
30 Arbor Street, Hartford, CT

CT Women's Education Legal Fund..... 860-524-0601
75 Charter Oak, Hartford, CT

COMMUNITY RESOURCES

Lawyer Referral Services.....860-525-6052
100 Pearl St., Hartford, CT

New Haven CT Legal Bar203-562-0162

Statewide Legal Services.....860-344-0380
1290 Silas Deane Hwy, Wethersfield, CT

SEXUAL ASSAULT:

Klingberg Family Centers.....860-243-4416
120 Holcomb Street, Hartfordwww.klingberg.org

Sexual Assault Crisis Services (SACS)

YWCA

19 Franklin Square, New Britain860-225-4681
175 Main Street, Hartford.....860-547-1022

Sexual Assault Crisis Hotline 1-860-223-1787

SUBSTANCE ABUSE:

Alcohol and Drug Treatment Centers:

Alliance Treatment Center, Inc.....860-673-6115
Beacon Behavioral Health Services.....860-676-9350

McCall Foundation (Torrington)860-496-2100
Rushford (Middletown): Adult.....860-346-0300
Rushford (Meriden): all ages.....203-630-5280
Rushford Positive Step(Durham):Adol. Male.....860-349-2043
UConn Health Center (Farmington).....860-679-7513
Wheeler Clinic (Plainville).....860-793-3500

COMMUNITY RESOURCES

Supports:

Al-Anon/Alateen.....	800-356-9996
.....	www.al-anon.alateen.org
Alcoholics Anonymous.....	212-870-3400
.....	www.alcoholics-anonymous.org
.....	www.ct.aa.org
Capital Area Substance Abuse Council	860-586-8838
Center for Substance Abuse Treatment	800-662-4357
Narcotics Anonymous.....	800-627-3542
.....	www.ctna.org
Wheeler (TRUST Program).....	860-793-2164
(For youth concerned about someone else's abuse)	

YOUTH SUPPORTS/GROUPS:

<u>Anxiety Disorders Group</u>	860-545-7685
Institute of Living, Hartford	
<u>True Colors, Inc.</u>	888-565-5551
.....	www.ourTrueColors.org
30 Arbor Street, Suite 201A, Hartford, CT	
(LGBT youth, adults and families)	
<u>TurningPointCT.org</u> (CT online peer support community)	