

Information for parents

1. Daily updated information about the coronavirus
[CDC information about coronavirus updated daily](#)
2. How to help children during this stressful time, this site gives coping skills for parents both in English and Spanish
Coping with the Covid-19 from National ChildTraumatic Stress

Network

- [Coping with Covid-19 \(in Spanish\)](#)
3. What to say to our children about Covid-19 by National Association of School Psychologist in English and Spanish
[Talking to children about covid 19](#)
4. PBS kids (Public Broadcasting Service) for parents offers talking points about the coronavirus with videos and activities
[How to talk to your kids about Coronavirus](#)
5. Hand washing How to and why by the CDC (Centers for Disease Control and Prevention)
[Hand washing pdf by CDC](#)
[Hand washing video by CDC](#)
[How to use hand sanitizer video by CDC](#)

[The science behind hand washing by CDC](#) - in English
[The science behind hand washing by CDC in Spanish](#)

[The science behind hand sanitizers by CDC](#) - in English
[The science behind hand sanitizers by CDC in Spanish](#)

And just for fun, when the ABC or the happy birthday songs are too boring

[parody songs for 20 second hand washing](#) video

6. What to do if you are sick? A great site by the CDC

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

7. “Social distancing” is a term used to describe infection control actions taken by public health officials to stop or slow down the spread of a highly contagious disease.

[Social distancing](#) - poster like presentation what social distancing means

[What is Social distancing](#) an article by Venngage.com

Information for students

1. Just For Kids: A Comic Exploring The New Coronavirus from NPR (National Public Radio)

[What kids may want to know about the coronavirus](#)

2. Brainpop.com is a group of educational websites with over 1,000 short animated movies for students in grades K-12 (ages 6 to 17) this short video is about the coronavirus

[BrainPop about coronavirus](#) video

3. Hand washing - how to and why

[20 second video about hand washing](#)

[30 second video about hand washing](#) in Spanish with English subtitles

4. How to sneeze or cough video in English and Spanish
[How to sneeze in Spanish video Elmo](#)
[Sneeze the right way - by Elmo in English](#)
5. “How the body works” by KidsHealth in English and Spanish with small activities
[How the body works](#)
6. A fun video on toothbrushing, flossing and the why of both. The video is an adventure of the tooth defenders saving the city from the plaque monsters.
[Meet the Colgate Bright smiles Bright futures Tooth Defenders](#)
https://youtu.be/mxvDny_OwE0
7. BrainPop-Teeth- short video on teeth anatomy and kinds of teeth.