

SLIDING BOARD TRANSFERS

Special Considerations of a Transfer Using a Sliding Board

- **Instruct resident to sit on the side of the bed;**
- **Place the wheelchair on the resident's stronger side, with the side right up against the bed at a slight angle;**
- **Remove the arm on the wheel chair and be certain the foot plates have been removed and the wheelchair brakes locked;**
- **Instruct the resident to lean forward so that you can then put the sliding board under their buttocks/leg. The board needs to be under both;**
- **Place the gait belt around the resident's waist;**
- **Instruct the resident to scoot across the board into the wheel chair.**

FOR DETAILED INSTRUCTION:

See Video: CATEGORY 1 – Transfers and Ambulation- SLIDING BOARD TRANSFER