

## HEMPFIELD TRACK AND FIELD

### GIRLS – TOP 10 PERFORMANCES – HURDLES

#### 100m HURDLES

<u>Year</u>	<u>Name</u>	<u>Performance</u>
2003	Megan Ryan	14.44
2007	Allie Gold	15.22
2019	Cahsia Page	15.24
2016	Danielle Katelan	15.26
2010	Caitlyn Oatman	15.41
1995	Shadana Patterson	15.44
2026	Bella Heisey	15.49
2018	Graycen Keener	15.73
2018	Kara Benedict	15.78
2026	Julia Sweigart	15.83

#### ***HURDLE EVENTS NO LONGER CONTESTED***

##### *100m Hurdles at (30")*

<i>1981</i>	<i>Heidi Malles</i>	<i>14.91</i>
-------------	---------------------	--------------

##### *80yd Hurdles at (30")*

<i>1976</i>	<i>Carol Rankin</i>	<i>11.4</i>
-------------	---------------------	-------------

### **300m HURDLES**

<b><u>Year</u></b>	<b><u>Name</u></b>	<b><u>Performance</u></b>
2003	Megan Ryan	44.23
2019	Cahsia Page	45.18
2016	Kara Benedict	45.51
1989	Telina Rohrer	46.14
2015	Erin Gamble	46.14
1982	Heidi Malles	46.84
1986	Chris Mellinger	46.84
1988	Kristin McKinney	46.84
2006	Sarah Louie	47.04
2004	Gretchen Weller	47.04

### **SHUTTLE HURDLE RELAY (4×100 HH)**

<u>Year</u>	<u>Members</u>	<u>Performance</u>
2003	Gretchen Weller, Carolyn Sheirich, Megan Ryan, Katie Rhoads	1:07.34
2007	C. Shervin, M. Ellis, C. Conwell, A. Gold	1:07.54
2015	E. Gamble, M. Heiges N. Platon, D. Katelan	1:07.54
1993	M. LeFever, R. Martincavage S. Miller, A. Kirchner	1:08.94
2014	A. Friedman, E. Gamble M. Daggett, D. Katelan	1:08.94
2013	K. Garpstas, M. Yoder, A. Friedman, E. Gamble	1:09.14
1994	M. LeFever, R. Martincavage K. McKinney, S. Patterson	1:09.24
2006	P. Weed, S. Louie, T. Lundy, A. Gold	1:09.84
1988	C. Chiang, A. Harmon, K. McKinney, T. Rohrer	1:09.84
2017	K. Benedict, L. Snyder L. Loperfido, G. Keener	1:09.93

\*Starting in 2025 only FAT times will be used to earn Top 10. No handheld times will be eligible.