

Elks Swim Team Information Packet 2026



2026 Practice Times

Afternoon Practice

Tuesday, May 26 - Thursday, June 11

5:00 - 5:45 PM- Beginner - 8 years and under
5:45 - 6:45 PM - Intermediate- 9 - 12 years old
3:30 - 5:00 PM - Advanced - 13 and older

Morning Practice

(Mondays - Thursdays)

Monday, June 15 - Tuesday, July 21

8:30 - 10:00 AM - 13 years and older
10:00 - 11:00 AM - 9 - 12 years old
11:00 - 11:45 AM - 8 years and under

Fun Fridays

Whole Team Practice

10:00 - 12:00

Interclub Practice

Wednesday, July 22 - Friday, July 31

Times TBD

2026 Elks Interclub Meet Schedule

All meets start at 5:15

Swimmers should be on deck and ready for warm ups at 4:30

Date	Opponent	Location
Thursday, June 11 Mandatory Parent Meeting- 5:00 Warm Up- 5:15 Start- 6:00	Purple and White- Elks scrimmage	Elks
Tuesday, June 16	FSRC <small>cancel/ed/weather</small>	FSRC
Thursday, June 18	BYE no meet	
Tuesday, June 23	Warwick	Warwick
Thursday, June 25	Ruth James Relays	FGC
Thursday, July 9	Spring Meadows	Elks <small>Chuck A Duck</small>
Tuesday, July 14	FGC	Elks <small>Senior Night</small>
Thursday, July 16	Atlas	Atlas
Tuesday, July 21	GAC (<small>new change</small>)	Elks
Saturday, August 1	Interclub Championship	Warwick

2026 Elks Swim Team

Special Events / Important Dates

Friday, June 5	Fun Friday- 5:00 - 6:00 - Diving Contest- Bring your Squirt Guns! <i>Whole team, no regular practice times</i>
Friday, June 12	Pool Open 2:00 - 6:00 - <i>no lifeguard/no practice</i>
Friday, June 19	Camo Tie Dye Day 10:00 - 11:30 Ruth James Relay Practice Bring a snack to share
Friday, June 26	Team Building- Pizza and Pop 10:00 - 11:30 \$5 per swimmer Starts, Turns, Dryland
June 29 - July 5	4th of July break
Friday, July 10	Pancake Breakfast 10:00 - 11:30
Tuesday, July 21	Swim Team Pool Party -after swim meet
Friday, July 31	Interclub Pasta Dinner 6:00 - Cullen's House Cost TBD
Monday, August 3	End of Season Celebration - 6:00 Cost, location TBD

General Information

Payment of Dues

- All pool memberships **MUST** be paid in full prior to the first practice.
- All swim team fees **MUST** be paid in full and registration forms turned in prior to the first practice.

Volunteering

- *Genesee County Interclub* and the *Elks Swim Team* are only able to function because of the hard work of the families who are willing to volunteer their time and talents to both their individual clubs and the league.
- It is expected that each family will volunteer for a minimum of five meets during the season. More volunteer sessions may be necessary in order for meets to function.
- If your swimmer qualifies to swim in the *Interclub Championship meet*, you will be expected to volunteer for a portion of the day.
- More information on volunteering can be found below.

Practices

- To preserve the integrity of swim team practices, all swimmers must come to practice dressed and ready to swim. If your swimmer is not in the water during practice, s/he will be asked to leave. Coaches will not be responsible for team members not in the water.
- Please have your swimmer arrive in plenty of time to be ready to start practice on time. If your swimmer needs to change and/or stretch before practice, please plan accordingly.
- The decision to cancel practice due to inclement weather will not generally be made until the coach arrives at the club. Practice will usually be held in the rain, but never if there is lightning. If practice is canceled, an email/group me will be sent out to all swim team families. Please make sure that your email address is current. If you do not receive swim team emails, please let us know.
- Pool lockers should be used for pool/swimmer use only. No golf clubs will be allowed in the pool locker room. Likewise, no changing into swimwear in the golf locker room.

- Coaching staff will determine your child's practice session. If you have any questions or concerns, please feel free to speak with the coaches.
- We ask that no parents are on deck during practice. You are more than welcome to bring a chair and watch from the grass.

Meets

- Sign up sheets will be hung in the main pool hallway. You must sign your swimmer up for each meet they will swim on the sign up sheet.
- **If your swimmer(s) is/are not signed up by 9:00am on the day of the meet, they will NOT be able to be added to the meet line-up.**
- If you signed up for a meet, and plans change on the date of the meet, please call the coaching staff to let them know.
- Interclub Championship -Swimmers must qualify to compete in this Meet at the end of the season. Only two swimmers per event will swim at Interclub. Interclub swimmers will be decided by the coaching staff. Per Interclub rules, swimmers must swim in a minimum of four regular season meets to be allowed to swim at the Interclub Championship.
- Parents are not allowed on the pool deck during meets unless they are volunteering!

Family File Box

- A family file box will be located at the pool. Please have your child check the file box on a daily basis for important information.
- Ribbons will be distributed in the box on the following day after the swim meet. Please do not try to pick up ribbons immediately following the swim meet.

Interclub Parent Reps

We are here to help you! If you have any questions, please do not hesitate to reach out to us. We are often at the pool during practices and on nice afternoons!

- Darcie Buzzard darciebuzzard@gmail.com 586-612-0475
- Stefanie Turnage stef_turnage@yahoo.com 734-395-1811
- Taylor Phillips 810-869-5350

Coaches

- Head Coach- Griffin Curtis
 - griffinmcurtis89@gmail.com
- Assistant Coaches- Ethan McKendry and Lauren MacDonald

Group Messaging

Please sign up for the GroupMe app! We send many reminders and information through this app!

GroupME app. https://groupme.com/join_group/92841207/hwuClxrM

Team Swimsuits

- Purchase through www.swimoutlet.com
- Search for Flint Elks 222
- <https://www.swimoutlet.com/collections/flintelks222>

Volunteer Information

In order to have a great season, we need parent volunteers! Each home swim meet requires 20 Elks volunteers to run, each away meet requires 10 Elks volunteers. Therefore, it is expected that each family will volunteer to work at a minimum of 5 swim meets. In addition- Event Chairs are needed to coordinate special events.

SignUpGenius is used to schedule volunteers. Please check your email and the GroupMe app to see when the SignUps come out and make sure you sign up! Volunteering is also a great way to be on the pool deck during meets!

Regular Swim Meet Jobs		
Job Volunteer Chair-	Description	# Needed
Timers	<ul style="list-style-type: none"> • Make sure swimmers are in the correct heat/lane • Time races • Record times 	Home- 9 Away 4-6
Runners	<ul style="list-style-type: none"> • Collect Line Judge sheets and swimmer cards after each race • "Run" cards to scoring table 	Home- 1
Line Judge	<ul style="list-style-type: none"> • Carefully watch each heat and record the order of finishers • Attention to detail needed 	Home- 1 Away- 1
Scorer Chairs- Stefanie Turnage and Taylor Phillips	<ul style="list-style-type: none"> • This position requires official training. • Records times during meets and scores the meet 	Home- 2 Away- 1
Announcer Chair- Jake Mengel	<ul style="list-style-type: none"> • Announces each event and swimmers in each lane 	Home- 2

Ribbons	<ul style="list-style-type: none"> • Attach stickers to ribbons • File ribbons in file box 	Home- 2 Away- 2
Concessions Chair- Candy Cullen	<ul style="list-style-type: none"> • Set up and put away concession stand items • Sell items during meet • Turn in money at end of each meet 	Home- 2+
Set Up/Tear Down	<ul style="list-style-type: none"> • Set up and put away tables, chairs, tents, computer equipment for home meets 	Home- 1-2

Special Event Jobs	
Event	Description
Spirit Wear/Caps Chair- Christina Ostrander	<ul style="list-style-type: none"> • Contact t-shirt distributor & assist with design • Distribute order form to swimmers, collect money, & order shirts • Distribute shirts
Team Pictures Chair- Christina Ostrander	<ul style="list-style-type: none"> • Arrange date with photographer & distribute order form to swimmers • Help set up for picture day and work with photographer
Family Fun Night Chair-	<ul style="list-style-type: none"> • Make decisions about event type • Communicate information to families • Manage sign ups, costs, fees, donations, volunteers, etc.
Interclub Pasta Dinner Chair- Candy Cullen	<ul style="list-style-type: none"> • Determine/secure location • Communicate information to families • Arrange for food • Manage sign ups, costs, fees, etc.
End of Season Celebration Chair- Darcie Buzzard / Nadia Ward	<ul style="list-style-type: none"> • Determine/secure location • Communicate information to families • Arrange food, supplies, decorations, games, etc. • Manage sign ups, costs, fees, etc.

Tips for Swimmers and Families

- Swimmers must swim in a minimum of four dual interclub meets (Flint Olympian Games counts) in order to be eligible for the Interclub Championship meet.
- Swimmers may swim in up to two individual events and two relays during a meet.
- In all dual meets, the starter can disqualify any swimmer in any age group for illegal starts, strokes, turns, or finishes. At the Interclub Championship meet, it will be the starter or the referee who may disqualify swimmers.
- You will find that some clubs disqualify swimmers for the above reasons and other clubs are more lenient. Your swimmer should be aware of the legal starts, strokes, turns and finishes because at the Interclub Championship Meet, the hired officials will not be as lenient.
- Backstrokers must stay on their backs the entire swim.
- Breaststroke and Butterfly must use a two-handed touch for both turns and finish.
- Any shallow end starts must start in the water- no dive ins. This applies to the 100m relays. The shallow end swimmer cannot release his/her hand or foot from the wall until the incoming swimmer touches the wall, or they will be disqualified. (Some part of the body **MUST** be touching the wall - it does **NOT** have to be a hand).
- During a swim meet there are to be no other children in the pool.
- Please consult the coaches if you have any questions about illegal starts, turns, finishes or strokes.

Genesee County Interclub Scoring

Individual Events-

1st place- 5 points

2nd place- 3 points

3rd place- 2 points

4th place- 1 point

Relays-

1st place- 8 points

2nd place- 4 points

Swimmers in all heats compete for place and points. Each club may take a **MAXIMUM** of two places, no matter how many swimmers they have competing. For example- if Club A has the four fastest times, they can only take 1st and 2nd place. Club B's top finishers will take 3rd and 4th places even if their times are slower than Club B's third and fourth fastest swimmers.

Each club may only take one place in a relay.

2026 Elks Swim Team Registration

Family Last Name _____ Membership # _____

Parent(s) Name _____

Address _____

Phone Number _____

Emails for communication/coaches lists: _____

Swimmer Information:

Name	Birthdate mm/dd/yyyy	Age as of June 1	Sex

2026 Emergency Information

Family Name _____

Swimmer Name	Birthdate
Allergies/Relevant Health Information	
Swimmer Name	Birthdate
Allergies/Relevant Health Information	
Swimmer Name	Birthdate
Allergies/Relevant Health Information	

Doctor Name _____ Doctor Phone # _____

Medical Insurance _____

Name of Insured _____

Emergency Contact Information

1. Name _____ Phone# _____

2. Name _____ Phone # _____

2026 Elks Swim Team Fees

One Child- \$155.00

Two Children- \$170.00

Three Children- \$185.00

(add \$15 for each additional child)

* Please note that the previous fundraising fee is now included in the total.*

Total \$_____

Coaches Gift - per family \$20.00

Total \$_____

____Cash

____Check (made out to Flink Elks Swim Team) Check # _____

____PayPal - office@flintelks222.com * Note payment is for Swim Team!

Group Swim Lessons

Taught by an Elks Swim Team Coach

June 15th - June 25

Monday - Thursday 9:15 - 9:45

Children ages 6 and under

\$80

* Limited to 5 children*