

# WAVE Beach Volleyball, Del Mar

*Established 2012 - Director, Matt Olson*

## **What does WAVE Beach offer!**

- **Beach Club** = Year-round training at our “*Beach*” location, North “Dog” Beach in Del Mar, & at the WAVE Volleyball “*Facility*” location in Del Mar.
- **Boys Beach** = Depending on the time of the year, we have boys programs for 5th-12th grade boys.
- **ISPE** = “Independent Study Physical Education” Beach Volleyball for 7th & 8th grade boys & 7th-12th grade girls. *\*School PE credit is earned for beach volleyball upon acceptance into your school’s ISPE program.*
- **Sand Stars** = Youth program for 3rd-6th grade aspiring beach athletes. (Mon/Wed depending on time of year)
- **VOLO** = 4vs4 adult co-ed sand leagues at our Sand Court Facility (Mon-Thurs).
- Private, small, and large group lessons along with court and event rentals. Please contact Director, Matt Olson for more information

## **What makes WAVE Beach unique and special!?**

- We have a passion for helping people and teaching the beach game to young athletes!
- We make practices FUN, SAFE and CHALLENGING for all levels! We teach developmentally appropriate training concepts for athletes of all ages & abilities.
- Dedicated, skilled, and knowledgeable coaching staff! We are former/current pros and/or college athletes all striving to create a learning environment that fosters growth and empowers youth athletes.
- Awarded top “Beach Club” of California by the CBVA for 5 years running.
- Included College Recruiting Assistance for all Season pass 14U-18U registered athletes.
- Over 75 college committed athletes!
- Our athletes have won multiple youth events and national championships!
  - *AVPFirst, BVCA, AAU, VolleyOC, CBVA & USAV!*
- Tournament coaching at designated events for registered beach athletes. Priority is given to season pass athletes.  
*\*We allow players to compete with their partner of choice.*
- We offer practices 7 days a week to meet your interest level and busy schedule.

### ***Pillars of WAVE Beach:***

- **Quality:** We strive to provide the highest quality beach training, facilities, and experiences.
- **Consistency:** 13 years of year round training completed. Striving to improve with each new season.
- **Fun:** Beach Volleyball is fun and WAVE Beach coaches strive to cultivate a positive and supportive coaching and club environment.
- **Respect:** Respect for yourself, teammates, club, opponents & our sport.
- **Sportsmanship:** Train and play with effort & integrity. Win humbly, lose gracefully. Be cool.
- **Community:** Leave people and spaces better than you found them. Be kind.

### ***Beach Volleyball Basic History***

- 1996 First beach Olympics.
  - 2000 Court Dimensions went from “Big” to “Short Court.”
    - Indoor/Big: 29’6” x 59’ for Indoors
    - Beach/Short: 26’3” x 52’6” for Beach/Sand).
- Net heights are the same:
  - Boys 15U-Olympic Men: 7’11  $\frac{5}{8}$ ”.
  - Girls 14U, Boys 14U, and Olympic Women: 7’4  $\frac{1}{8}$ ”.
  - Girls 10U-12U: 7’.
- Rule Differences: Hand Setting, open hand tips, driven ball v. free ball reception, serve receive, touch off the block in the sand counts as one of the three contacts
- 2015 Beach volleyball became an official NCAA sport for women.
  - Currently there are over 165 colleges offering beach volleyball, with over 80 NCAA programs!

### ***Practice times and parking!***

- Practice times throughout the year...
  - Fall Beach Club
    - Late August, Sept & Oct: 3:45-5:45pm
    - Nov & Dec: 3:00-5:00pm
  - Spring Beach Club
    - Jan: 3:15-5:15, Feb: 3:30-5:30pm
    - March, April, May, first half of June: 3:45-5:45pm
  - Summer Beach Club
    - Last half of June, July & half of Aug: 9:00-11:00am

- Parking at the beach: If you are going to hang at the beach...pay the meter. Free parking can be found to the north and south of our beach location.

### ***Beach Tournament time!***

#### ***Coaching & Tournament Expectations***

- What to expect at a beach tournament: registration, format, length of play, etc...
- Preparing for a beach tourney, bag or back-pack, food, etc...
- ***“Coaches coach; players play; parents cheer!”*** Ed Machado, WAVE VB.
- There is to be no coaching (of any-kind) during the match by the coach or parent.
- Beach coaching is **ONLY** allowed before a set, during an **ATHLETE** called timeout and at the conclusion of the set/match. *(Except in select tournaments.)*
- Coaches will act professionally at all times. If there is a dispute, it is to be taken up with the director of the event by the coach or athlete, NEVER the parent.
- We always encourage athletes to wear Wave Beach gear at tournaments.
- Respect your opponents by paying attention while reffing and similar. No phones!

#### ***Coaching update for WAVE Beach for the 2020/2021 season***

- We have recently made the decision to (potentially) coach during a WAVE Beach vs. WAVE Beach athlete match-up. We don't see this scenario happening during pool play of an event but we do however foresee this all going down during playoffs. Two potential scenarios that would create a WAVE vs. WAVE coached match or set:
  - a. ***There are two WAVE Beach coaches available to coach the match.***
  - b. ***One team has a coach from another club who is coaching them.***
- This is new and the circumstances may change throughout this season and upcoming seasons. Bottom line is that we want to help our athletes whenever we can and will be as **transparent** as possible during the situations shared above to the athletes and families on both sides of the net prior to the specific match/set.

#### ***Coaching updates for the 2020 CBVA season \*When it's launched!***

- The CBVA is implementing technical timeouts for all their competitions this year. If the set is being played to 21pts then the technical is taken at the combined score of 21pts between the two teams. If the set is being played to 28pts then the tech will be taken when the two teams scores add up to 28pts. When

present, WAVE Beach coaches can and will coach during these technical timeouts.

### ***Partners & Partner Selection***

- At a regular practice when needed we pair players that we think might be a good fit based on skill, age, and personality. This ensures they will be with someone similar to their ability and in-turn might be someone they could partner with at an upcoming tournament. Players are responsible for tournament partners.
- We encourage players to attend practice with a friend or preferred partner. However, this is not required or needed.
- If you need a partner, please notify any coach before or after an upcoming practice or director, Matt Olson in person or via email/text.
- WAVE Beach athletes are encouraged to participate in tournaments with other WAVE or WAVE Beach athletes. However, this is not mandatory.

### ***Social Media for Posting Tournament Results and general news!***

- Please follow and tag @wavebeachvolleyball & @wavevolleyball.
- Announcements for weather cancellations along with general WAVE Beach info and news will be shared via our Instagram profile/page.
- If you have a high quality photo, highlight clip, or finish top 3 in a beach volleyball event and want to be recognized on WAVE's Social media, it's easy!
  - a. Send a picture directly to @wavebeachvolleyball or to Iya Lindahl @ (619) 981-4646 within an hour of the events end.
  - b. Include your name, your partners name, the finish, the tournament location and partners beach club being represented \*if not a WAVE Beach athlete.
- Be creative! We want to showcase all our athletes have to offer! Send in highlight rallies and plays from the day, partner photos, anything WAVE Beach! You don't have to finish top 3 to be featured; all high quality photos and videos are wanted!

### ***Youth & Professional Beach Volleyball Events & Tours \*Most are not running currently due to CA mandated "No Competition" restrictions.***

- **AAU** - Junior Nationals, JO's, Best of the Beach & numerous Qualifying events.
- **CBVA** - Youth and Adult events. Tour Stops & CAL Cup. *\*Ratings chart (Unrated-AAA)*. Please choose to **"Represent"** WAVE Beach at the time of registration! *\*As of 2020, the CBVA and AVP have formed a partnership!*

- **BVCA** - Club v. Club National Championship. Club v. Club college formatted events. *\*Bids allocated and selection process completed by each individual club.*
- **AVP, AVPFirst, AVPNext & AVPAmerica** - The AVP is the longest standing professional tour in the country. AVPFirst are AVP run youth events. AVPAmerica are held nationwide and run by a variety of promoters. AVPNext = Semi-pro.
- **USAV & HP** - USA Volleyball & High Performance (A1-A3). Hermosa, Hunt & MB based events. Bid events & California based National Championship.
- **VolleyOC** - AVPAmerica & an Affiliate of AAU "Qualifying" events.
- **P1440** - Youth and adult tourney, camps, showcases and National Events.
- **BVNE** - College Clinics & Showcases. Youth events.
- **Relentless** - Local events based out of Carlsbad & Huntington. AVPAmerica affiliate. College Clinic and College Showcase provider.
- **BVSD** - Beach Volleyball San Diego. Affiliate of CBVA. Jim Tuyay directs local events at the WAVE Sand Facility, Coronado and Ocean Beach.
- **FIVB** (Federation International Volleyball) Responsible for USA Olympic Berth.
- **NORCECA** - International Tour.

**Lets get online to take a closer look!** Each of these tours have their own websites. However, a lot of upcoming events and tourney info can all be in one place on [Volleyballlife.com](http://Volleyballlife.com)

## ***Recruiting Time!***

**College Beach Recruiting - WAVE Beach** *\*We are still in an NCAA "Dead Period." There can be no in-person college recruiting or camps until the dead period lifts. \*Currently in place until 9/30*

- Beach Volleyball became an NCAA sport in January of 2015! Started with 40!
- Over 165 college programs in the country today! 1.) [HERE](#) 2.) [HERE](#) 3.) [HERE](#)
- Walk-on, recruited walk-on, financial aid, athletic aid, official visits and the NLI.
- Protocol, rules & communication with college coaches. Summer of your Jr. year.
- Emails to college coaches. Personalize them, know the particular program, always CC' Mike Placek and Matt Olson *\*College contacts [HERE](#)*
- College Recruiting videos. Identifiers (arrows & wordage). Suggestions about video content, length, etc... *\*We have someone in-house you can hire for these!*
- 50 active recruiting days for college coaches. *\*Previously it was 20!*
- College Camps. tips for camp success, strategic partner selection, take a tour and email communication before and after! *\*See page on our website! - [HERE](#)*
- College Showcases. Strategies for success, communication and the pros/cons...

- Social Media. Be mindful of the “Culture” you are putting out there. Selfies, etc...
- Coaches DO Transfer! Commit to a school for more than volleyball & coaches.
- Transferring and Transfers! No vb...still happy there? \*Transfer Portal - NEW!
- College Athlete Grad students are on the rise!!

### **Committed Athletes**

- College Coaches are checking in with Mike and Matt on a regular basis!
- Create goals for the winter, spring and summer! Select the right events and give your best effort at those events. DO NOT go through the motions, play to win!
- Prior to committing and once committed: Are you doing everything in your power to be the best player YOU can be? Never stop giving full effort.
- Represent yourself in a professional manner at all times. This includes but is not limited to: Youth & adult events, Camps, Clinics, College Visits, etc...

***Thank you for attending and being an important part of our great club!***

**Matt Olson** - Executive Director. 760-473-8511- [Matt@wavevb.com](mailto:Matt@wavevb.com)

**Mike Placek** - Beach Recruiting Coordinator. 805-708-6362 - [Mike@wavevb.com](mailto:Mike@wavevb.com)

**Summer Nash** - Beach Partner Coordinator. [Summer@wavevb.com](mailto:Summer@wavevb.com)

### ***WAVE Beach Template Letter for College Beach Recruiting***

*Subject Line should read:* Your Name, Grad year, Indoor/Beach focus or both (i.e: Beach Recruit)

Dear Coach \_\_\_\_\_,

My name is \_\_\_\_\_. I am currently a sophomore at \_\_\_\_\_ High School and it is a dream of mine to play beach volleyball at \_\_\_\_\_ University. I have been following the (team mascot), congratulations on your 20 win season last year and first ever Conference Championship! (*\*Or...whatever is appropriate based on the time of year you send the email*).

Thank you for giving me the opportunity to tell you a little about myself. I began playing indoor and beach volleyball at the age of 10 and I have aspirations of one day playing professional beach volleyball. I know that \_\_\_\_\_ University has an outstanding business program. That is what I hope to study in college.

I currently have a 3.8 GPA and am taking 3 AP courses. I plan on taking my SAT \_\_\_\_\_ and will keep you posted once my scores come in.

Here is a list of some of my Beach Volleyball accomplishments:

**2019**

- 5th place at AAU 16 and under National Championships
- 9th place at BVCA 16 and under
- 1st place in AAU 16 and under

**2020**

- 3rd place AAU 18 and under
- 2nd place AVPNext Open

**Upcoming events I am playing in:**

- 3/25 USAV HP tryout in Hermosa Beach
- 6/11 Relentless College Showcase in Huntington
- \*Add others if you have them!

I have attached two videos of me playing. The first is a highlight video and the second is an edited match at last year's AAU Nationals. *\*Youtube link(s) here... \*\*ONE video is totally fine. A highlight video (1.5-2min is ideal).*

I am currently training year round at WAVE Beach in San Diego. If you have questions or would like more information please contact: Director, Matt Olson at [Matt@wavevb.com](mailto:Matt@wavevb.com) (760) 473-8511 Beach Recruiting Coordinator, Mike Placek at [Mike@wavevb.com](mailto:Mike@wavevb.com) (805) 708-6362

Sincerely,  
\_\_\_\_\_ High School Class of \_\_\_\_\_