

Stockholm Volley Cup (SVC) - An Introduction

Stockholm Volley Cup (SVC) is organized by the Stockholm-Gotland Volleyball Federation and consists of group tournaments for children and youth, from kids' volleyball up to U20. Up to the U16 level, teams play 4-vs-4 at various levels of difficulty, while U16, U18 and U20 are played with 6 players on the court. SVC is a friendly and welcoming tournament, designed so that everyone can compete and have fun. We truly want everyone to feel confident enough to participate! It's both fun and educational, and we often say that a day at an SVC tournament *brings more progress than 10 practices—at least*.

Here's How Competing in SVC Works at Södermalm Volleyball

The team leaders will invite players to tournaments via SvenskaLag, just like for practices. You will be invited to the tournaments your coach believes you're ready for, so don't hesitate to sign up. However, if you do sign up, we expect you to attend since we register teams based on the number of players and their skill level. If someone doesn't show up, we risk having to cancel, which is disappointing for those who came to compete. If you fall ill, let your coach know as soon as possible.

Travel and Timing

Tournaments may take place at various venues around Stockholm, and sometimes outside of Stockholm, so you'll need to arrange your own transportation or coordinate a carpool. Parents often take turns driving if needed. The address and meeting time will be included in the invitation.

Tournaments vary in length, but they are often full-day events, running from around 8:30 AM to 5:00 PM. The schedule is usually released on the Friday before the tournament, and you can find the match times in the game plan. You can find an overview of the tournaments and the schedule by googling Stockholm Volley Cup.

What to Bring

During the tournament day, it's important to eat properly. Bringing your own food is a good idea, but there's usually food available for purchase on-site, such as toast, hot dogs, and snacks.

It's up to each player to purchase their own jersey from our club collection on Basesport.se. Apart from that, you'll need shorts, athletic shoes, and knee pads. Don't forget your water bottle and every player must have their own whistle.

Refereeing and Coaching

Children and youth will also referee matches during the day. You'll learn how to referee and keep score during the tournament, with help from the coaches. It's a great way to learn all the rules! A coach or parent will also assist by coaching the team during the matches.

In most SVC divisions, there's no ongoing league—each tournament is a new competition. Players can also compete in multiple levels, such as both Level 5 and 6, or Level 7 and U16 in a single season.

Playoffs with Medals and Trophies

The final tournament in each division in the spring is held as a playoff. Medals and trophies are awarded at this event. In the black level, medals are awarded to the top three teams—gold, silver, and bronze. In the red and green levels, medals are awarded to the winning team.

The level of play is usually a bit higher during the playoffs, both because many players have gained experience over the year and because players prioritize participating in this tournament. The playoffs offer a taste of what it's like to compete in major national championships—more nerves and often enthusiastic cheering that shakes the roof. It's a fun day when everyone gives it their all!