

Nicole Wall, PsyD, MS, MA, NCC, LPC, LMHCA

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Education

12/2025: Doctorate in Clinical Psychology (Psy.D), Illinois School of Professional Psychology at National Louis University, Chicago, - APA Accredited

12/2022 - Master of Arts in Clinical Psychology, Illinois School of Professional Psychology at National Louis University, Chicago, Illinois

12/2018 - Masters of Science, Clinical Mental Health Counseling, National Louis University, Chicago, Illinois

12/2015 - Bachelor of Arts, Philosophy, Eastern Illinois University, Charleston, Illinois
Double Minor in Psychology and Neuroscience

Current Licenses and Certifications

National Certified Counselor

Licensed Professional Counselor - Illinois #178.016786 (LCPC Eligible)

Licensed Mental Health Counselor Associate – Washington #MC61324701

Clinical Experience

09/25 - Current, Postdoctoral Fellow, Brown & Schwartz Psychology, Chicago, Illinois

- Provides psychotherapeutic services to diverse emerging adults, adults, and couples in a private practice setting
- Provides Psychological Diagnostic Evaluations for diagnostic clarity, workplace accommodations, and school accommodations.
- Provides therapeutic interventions for presenting problems including but not limited to Depression, Anxiety, ADHD, PTSD, and Bipolar Disorder
- Attends weekly supervision with Dr. Benjamin Schwartz, Licensed Clinical Psychologist
- Attends regular trainings with emphases on trauma and alternative treatment methods
- Performs intakes and general mental health screening assessments, develops and implements treatment plans, and records progress notes.

08/24 - 8/25, Pre-Doctoral Intern, Essentia Health St. Mary's Medical Center Hospital and Outpatient Clinic, Duluth, Minnesota (161 Individual Patients Served, 162 Group Patients Served, 2,007 Training Hours Completed)

- Administered 41 Psychological Assessments to a diverse population including children, adolescents, and adults for the purposes of Diagnostic Clarity, 26 of which resulted in necessity for a full psychological evaluation battery, conducted utilizing various administration methods including iPad administration
- Performed 71 intake Diagnostic Assessments, developed and implemented treatment plans, and recorded progress notes via Epic EHR

- Performed outpatient therapy to 20 different, diverse, individuals to address mental distress including, but not limited to, Depression, Anxiety, ADHD, Adjustment Disorders, Trauma, and Borderline Personality Disorder.
- Conducted 90 Trauma Assessments/Consults on the Medical floors of a Level 1 Adult/ Level 2 Pediatric Trauma Center as a part of the Psychiatric Consult Service to ensure mental health needs are being met
- Attended weekly didactic trainings presented by professionals from multiple disciplines
- Completed Case Presentations within the context of Group Supervision
- Completed a 12 week rotation at a Child and Adolescent Partial Hospitalization Program including facilitation of 27 isolated DBT Skills Groups, Therapeutic Processing Groups, and Recreational Therapy Groups, averaging 6 patients per group and 4 groups per week.
- Attended Professional Psychology Conferences
- Attended Advanced Intensive trainings on DBT, ACT, and WET
- Observed 8 Capacity Assessments on the Medical floors of a Level 1 Adult/ Level 2 Pediatric Trauma Center as a part of the Psychiatric Consult Service to determine the patients' ability to make their own medical decisions.
- Co-facilitated S.P.A.C.E. Group (Supportive Parenting for Anxious Childhood Emotions)

08/23 - 7/24, Doctoral Advanced Therapy Extern, Streamwood Behavioral Healthcare System, Streamwood, Illinois (86 Individual Patients Served, 2,200 Group Patients Served, 1,847 Training Hours Completed)

- Administered Psychosocial, Brief Psychiatric Rating Scale, and Suicide Assessments to diverse children, adolescents, adults who have been hospitalized with acute mental health concerns
- Assisted in providing support to Doctoral Diagnostic Externs, Masters Therapy Interns, and Doctoral Therapy Externs to aid in case management, policy and procedure, and orienting to the fast paced environment.
- Performed therapeutic interventions and brief therapy to a caseload of 4 individuals at a time to address significant and acute mental distress including but not limited to suicidal and homicidal ideation.
- Facilitated family sessions to increase effective communication skills within the family
- Led 1 - 2 groups per week on various units with various populations utilizing either CBT, DBT, or ACT depending on the unit, averaging 22 patients per group.
- Led collaborative work with Program Development for therapy process group programming.
- Performed case management to orchestrate aftercare with outside providers, ensure smooth transition back to school or work, and ensure safety in the home
- Provided input and treatment recommendations to an interdisciplinary treatment team including Social Workers, Clinical Psychologists, Psychotherapists, Psychiatrists, and Medical Doctors to ensure effective care that is in the best interest of the patients and their families.

08/22 - 08/23, Doctoral Therapy Extern, Streamwood Behavioral Healthcare System, Streamwood, Illinois (61 Individual Patients Served, 3,300 Group Patients Served, 1,788 Training Hours Completed)

- Administered Psychosocial, Brief Psychiatric Rating Scale, and Suicide Assessments to diverse children, adolescents, adults who have been hospitalized with acute mental health concerns
- Performed therapeutic interventions and brief therapy to a caseload of 2 - 3 individuals at a time to address significant and acute mental distress including but not limited to suicidal and homicidal ideation.
- Facilitated family sessions to aid in a harmonious transition out of the hospital and aid in preventing future hospitalizations
- Led 2 – 3 groups per week on various units with various populations, averaging 22 patients per group.
- Performed case management to orchestrate aftercare with outside providers
- Collaborated with an interdisciplinary treatment team including Social Workers, Clinical Psychologists, Psychotherapists, Psychiatrists, and Medical Doctors to ensure effective care that is in the best interest of the patients.

07/22 - Current, Owner & Psychotherapist, Empress Clinical Services, Spokane, Washington

- Provided psychotherapeutic services to diverse emerging adults, adults, and couples in a telehealth private practice setting
- Provided therapeutic interventions for presenting problems including but not limited to Depression, Anxiety, ADHD, PTSD, and Bipolar Disorder
- Attended bi-weekly supervision with a LMHC licensed in Washington
- Attended regular trainings with emphasis on trauma and integrated healthcare
- Performed intakes and general mental health screening assessments, develop and implement treatment plans, and record progress notes

08/21 - 7/22, Doctoral Diagnostic Extern, Connections Academy South Campus, Palatine, Illinois (818 Training Hours Completed)

- Provided diagnostic assessments to diverse students in grades 1-12 to assess to academic, social, and emotional domains for IEP and 504 Plans
- Administered, scored, interpreted a range of academic, cognitive, behavioral, social, and emotional assessment measures
- Wrote comprehensive reports with detailed recommendations tailored to the students identified needs
- Attended IEP meetings to report assessment results to school district representatives and parents

10/19 - 8/22, Family Teacher, Mooseheart Child City and School, Mooseheart, Illinois

- Taught social skills, independent living skills, and academic skills in a trauma informed home-like environment with children 18 months to 18 years old
- Recorded teaching interactions, performed written assessments, developed progress reports and care plans, submitted incident reports, and recorded behavioral observations.

- Lived on campus with 6 boys ages 6-11 for 2 months while all were quarantined after COVID-19 exposure as the sole Family Teacher

03/18 - 08/18, Master's Level Intern, NOVO: Renewing Joy In Life, St. Charles, Illinois

- Performed Individual psychotherapy services with diverse women ages 21-35 with a range of presenting issues including, but not limited to, anxiety, depression, and ADHD
- Conducted intake assessments, to develop a holistic view of the client and an effective treatment plan
- Offered Neurofeedback as a supplemental treatment for clients that preferred to not take psychotropic medications
- Attended STENS Corp Neurofeedback Certification Training

09/17 - 08/18, Master's Level Intern, Hanover Township Youth and Family Services, Bartlett, Illinois (650 Training Hours Completed)

- Taught social skills and mental health skills to elementary school and high school children in group sessions to aid in social emotional learning and development
- Conducted individual psychotherapy with individuals, families, and couples to address presenting issues including but not limited to depression, anxiety, ADHD, and communication issues.
- Performed intake assessments to develop a holistic view of the client and an effective treatment plan

06/17 - 08/18 - Mental Health Professional, Maryville Academy, Bartlett, Illinois

- Worked with teenage mothers, ages 14 – 19 who were wards of the state, had a history of incarceration, and were diagnosed with mental illnesses with various degrees of severity
- Taught social skills, independent living skills, parenting skills, and academic skills in a trauma informed residential environment
- Facilitated mental health group therapy sessions to provide psychoeducation, teach coping skills, and maintain therapeutic professional rapport

Research

- Wall, Nicole, "The Withdrawal From Afghanistan: Impacts on U.S. Veterans Who Served in Afghanistan" (2025). Dissertations. 949.
 - o Study is a phenomenological qualitative study aimed at addressing the impact of the 2021 withdrawal from Afghanistan on military veterans' perceptions of the value and purpose of their service in Afghanistan
 - o <https://digitalcommons.nl.edu/diss/949>

Volunteering and Leadership

- Illinois School of Professional Psychology at National Louis University - Student Mentor

Awards and Honors

National Society of Leadership and Success, Member, 09/2017 - Current
Alpha Alpha Alpha Honor Society, Member, 10/2020 - Current