

SAYING HOW HAPPY YOU ARE:

- (absolutely) delighted
- thrilled to bits
- over the moon
- really pleased
- so happy
- so excited

Examples:

“She was absolutely delighted with her present!”

“Dave was thrilled to bits with his new computer.”

“Jenny’s over the moon with her promotion.”

SAYING HOW SAD YOU ARE:

- really sad about (something)
- really sad (to hear...)
- upset / unhappy about (something)
- a little down
- down in the dumps
- a bit depressed
- miserable
- in pieces
- distraught (pronounced “dis – trot”)
- devastated
- heart-broken
- absolutely gutted

Examples:

“She was absolutely gutted when she heard she hadn’t got the job.”

“We were devastated to hear your terrible news.”

“She’s in pieces after the performance.”

TASK: Write your own sentences about the situations when you were happy or sad. Talk about them with your partner. Do you have many things in common?