NHS
The Tavistock and Portman
NHS Foundation Trust

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ual: university of the arts london central saint martins



NHS Tavistock and Portman, 120 Belsize Lane, London NW3 5BA

Spectrum

4 June - 4 July 2026

A Summer Solstice celebration of mental health, Pride, and collective care.

Where Mental Health, Pride, and a vibrant range of artists, origins and ideas unite across a shared spectrum. A landmark first collaboration between the University of the Arts London: Central Saint Martins MA Fine Art: Digital 2025-2027 class, and the National Health Service.

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This June, the University of the Arts London: Central Saint Martins MA Fine Art: Digital postgraduate cohort presents a collaborative art activation and public programme celebrating **universal love, mental wellbeing,** and **radically inclusive healthcare**.

Installed in the NHS Tavistock & Portman Art Space corridor, the exhibition transforms the passageway into a living, evolving artwork. Alongside the installation, a series of talks and conversations will explore the urgency of **mental health awareness** and equitable access to care within the NHS, reflecting the vital role of institutions such as the Tavistock & Portman in advancing mental health support.

For this **Summer Show + Pride Celebration**, the Central Saint Martins MA Fine Art: Digital 2025-2027 class celebrates the optimism and love of the **Summer Solstice** through artworks that promote shared care and the collective need to elevate positive conversations about mental wellbeing in an increasingly chaotic world.

This project is an invitation to gather, reflect, and celebrate together - through art, dialogue, and colour - and throughout the entire month of June 2026.

NHS ART SPACE



>>> **NHS Artspace video** <<<

The NHS Tavistock and Portman Art Space is on the ground floor to the left as you come in, so it is a prime location with a well-lit corridor dedicated to art





The doors coming off the corridor are lecture rooms or conference rooms, so we can imagine hosting the press conference in one of them, or having the bar and food setup inside one of them, during the art show opening night 5 - 7:30pm on the 4 June.

TIMELINE

- **INSTALLATION**

  Two installation time slots:

  1. **Wednesday 3 June afternoon before 3:30pm**
  2. **Thursday 4 June morning before class (1-4pm UK time)**

- **OPENING NIGHT**
  - **Thursday 4 June 2026, 5 - 7:30PM, just after class!**
  - **TBC - 5 - 6PM press opening, 6 – 7:30PM public opening**
  - **Live music and/or DJ set**
  - **Refreshments & Bites throughout**
  - **@ Ground floor Art Space, NHS Tavistock & Portman Foundation Trust, 120 Belsize Ln, London NW3 5BA**

HOW TO JOIN

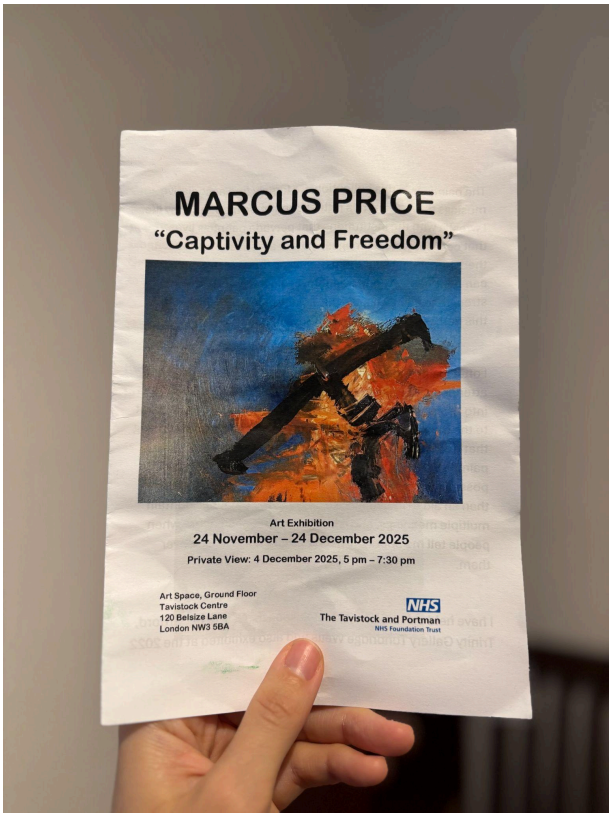
One artwork per person in line with the theme of Mental Health, Pride, or Summer Solstice.

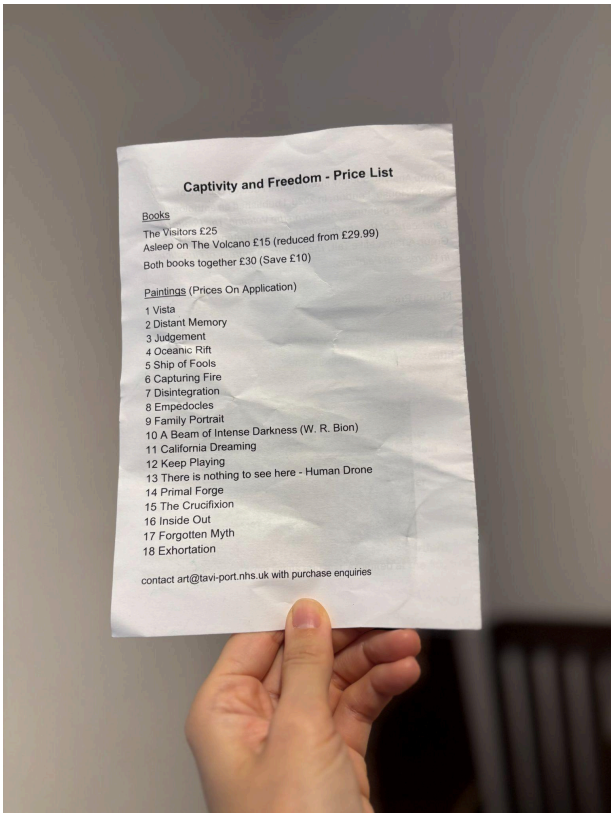
Please feel free to interpret this as you wish - Freudian psyche, surrealism, your own relationship to mental health, your own partners, love, summer, positivity, your family and own children, your relationship with Pride, LGBTQI+, and so on.

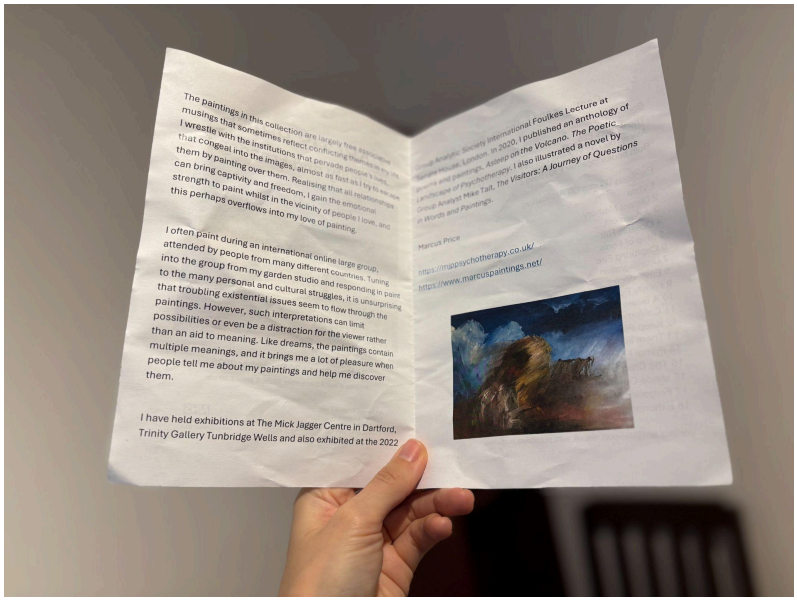
If you do not feel that you can communicate on any of these subjects, but still wish to take part, please do not worry, we have another date planned for December 2026, to celebrate the end of the year with a more “general” theme, hand-in-hand with World AIDs Day on the 1st December 2026.

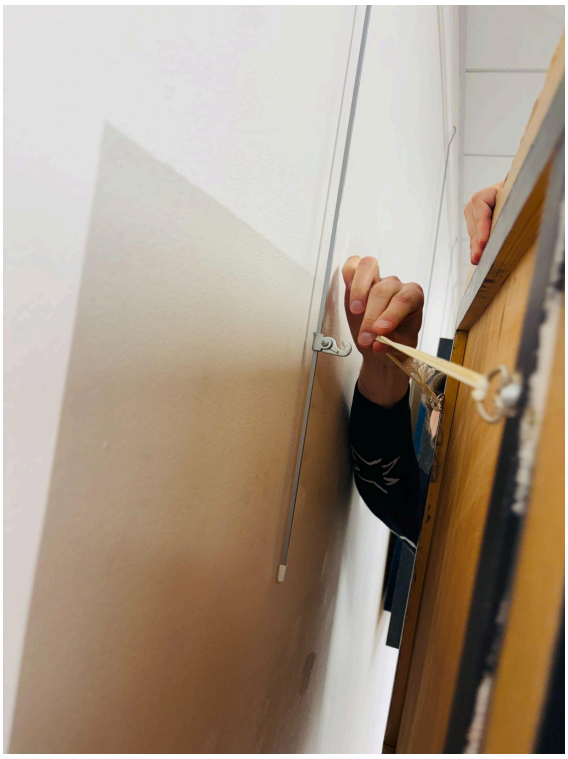
As you can see from the Art Space photo and **video**, each artwork should be a maximum height and width of about 70cm, in order to fit on the hanging rods, and in order to fit ~20 pieces in the corridor. These measurements will be confirmed by Jonathan when he visits in April/May 2026! Watch this space.

EXAMPLE OF A PREVIOUS NHS SHOW LEAFLET :

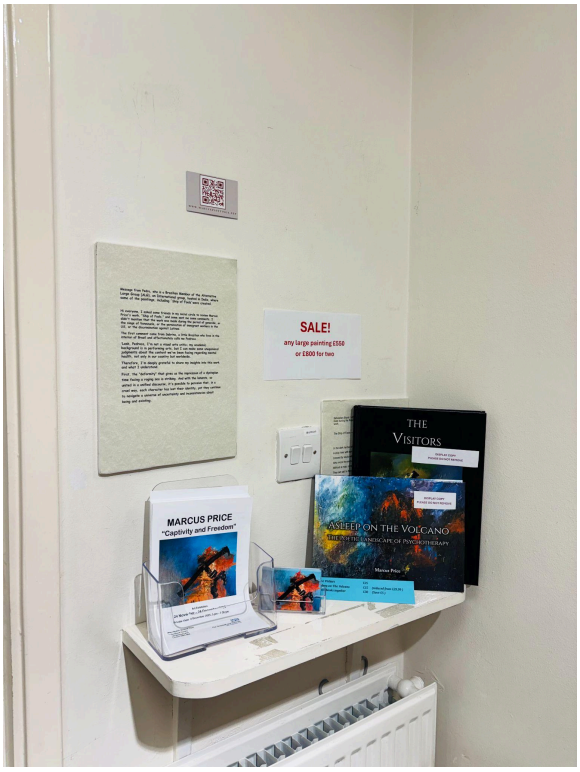


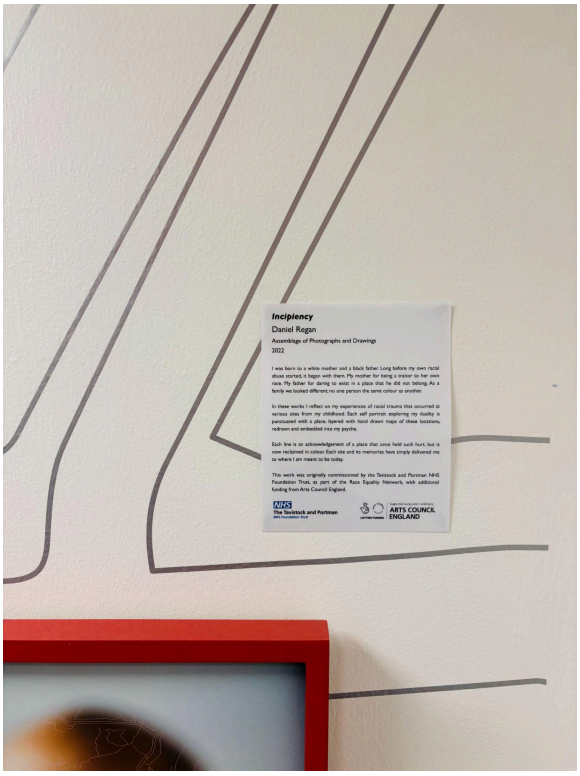







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Incipiency
Daniel Regan
Assemblage of Photographs and Drawings
2022
I was born to a white mother and a black father. Long before my own racial abuse started, it began with them. My mother for being a traitor to her own race. My father for daring to exist in a place that he did not belong. As a family we looked different; no one person the same colour as another.
In these works I reflect on my experiences of racial trauma that occurred at various sites from my childhood. Each self portrait exploring my duality is punctuated with a place, layered with hand drawn maps of these locations, redrawn and embedded into my psyche.
Each line is an acknowledgement of a place that once held such hurt, but is now reclaimed in colour. Each site and its memories have simply delivered me to where I am meant to be today.
This work was originally commissioned by the Tavistock and Portman NHS Foundation Trust, as part of the Race Equality Network, with additional funding from Arts Council England.
NHS
The Tavistock and Portman
ARTS COUNCIL ENGLAND

ANNEXES

ORIGINAL PRESENTATION BY THE NORM & DANIELLA

(This is no longer relevant - just for your information)

https://drive.google.com/file/d/1HaFrDZl5W1ISalrSixputMelRMbal78F/view?usp=sharing

