## **Spiral Bracelet**

designed by Larissa Gottschald <a href="http://www.theheartbeading.com">http://www.theheartbeading.com</a>



Level: Beginner

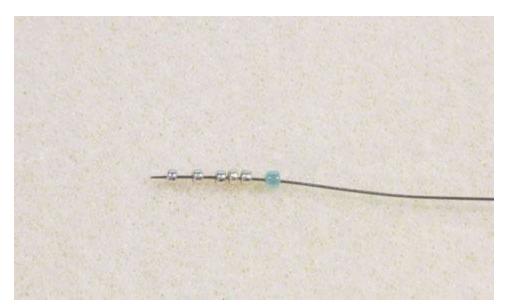
**Technique:** Spiral Rope

## **Materials:**

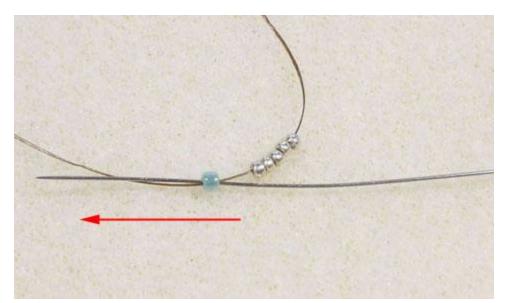
- 6g Seed beads 11/0 (sb11);
- 1g Seed beads 15/0 (sb15);
- 103 pearls 4mm (p);
- 12ft (3.6m) Thread size B;
- Beading needle #12;
- 2 Jumprings;
- 1 Clasp;



Bracelet length (without the clasp): 6  $^{1}/_{2}$ " (16.5 cm)



String 1 sb11 and 5 sb15. Leave a 8" (20 cm) tail.



Pass back through the sb11 and pull the thread to create a loop.



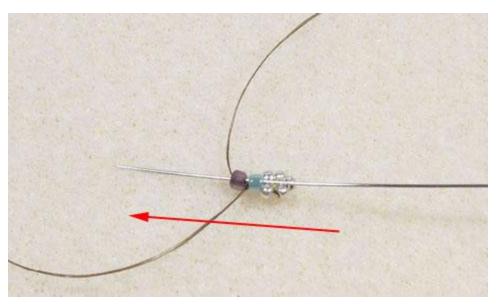
Make a knot with the tail.



String 1 sb11 and pull the bead down.



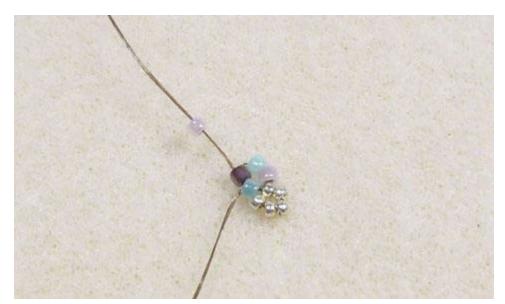
String 2 sb11.



Pass the needle up through the first two beads.



Pull well the thread to create a loop.

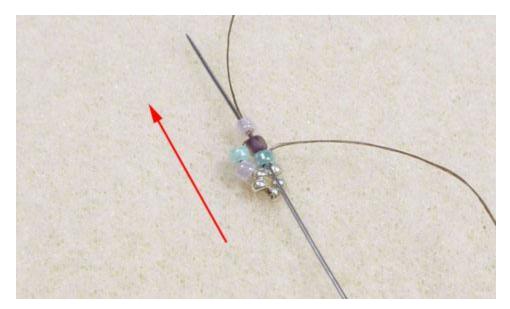


String 1 sb11 and pull the bead down.

Turn your work so the loop you created sit on the left side.



String 3 sb11.



Pass the needle up through the 3 sb11 in the center.

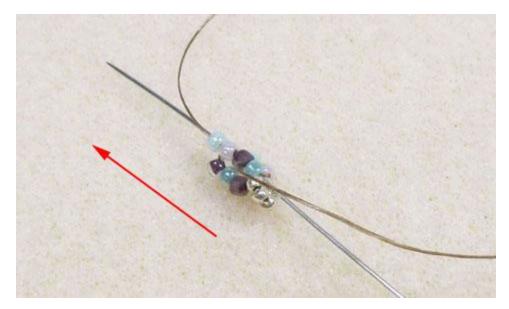
Bring the loop you created to the left side.



String 1 sb11 and pull the bead down.

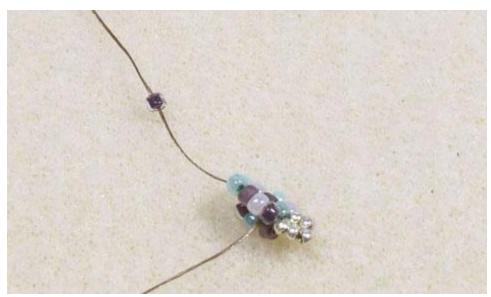


String 4 sb11.



Pass the needle up through the 4 sb11 in the center.

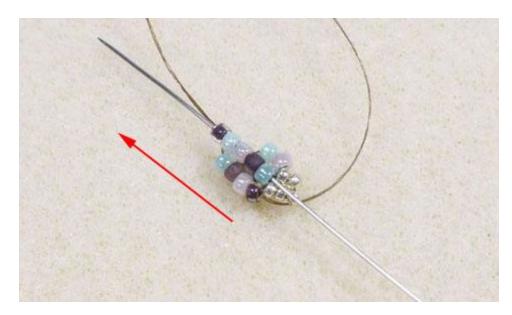
Bring the loop you created to the left side.



String 1 sb11 and pull the bead down.



String 5 sb11.

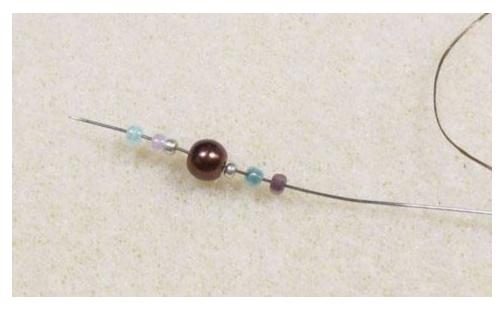


Pass the needle up through the 5 sb11 in the center.

Bring the loop you created to the left side.

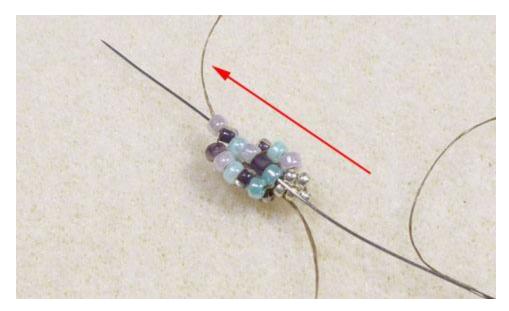


String 1 sb11 and pull the bead down.



String 2 sb11, 1 sb15, 1p, 1 sb15, and 2 sb11.

This is the pattern of the outside spiral.



Pass the needle up through the 6 sb11 in the center.

Bring the loop you created to the left side.

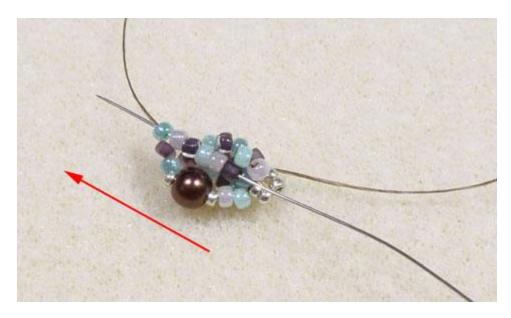
Now, you'll repeat the next 3 steps until you reach the desire length for the bracelet.



**Step 1:** String 1 sb11 and pull the bead down.



**Step 2:** String 2 sb11, 1 sb15, 1p, 1 sb15, and 2 sb11.

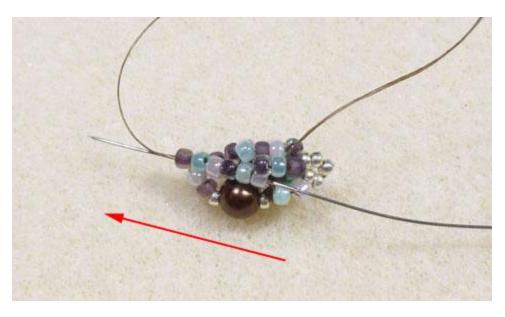


**Step 3:** Pass the needle up through the <u>last</u> 6 sb11 in the center.

Bring the loop you created to the left side.



In this photo I'm doing the step 1 and 2...



 $\dots$  and in this photo I'm doing the step 3.

Note that I pass the needle up through the **last** 6 sb11 of the center of the spiral. You'll count the beads from the top to the bottom.



This is the beginning of the spiral...



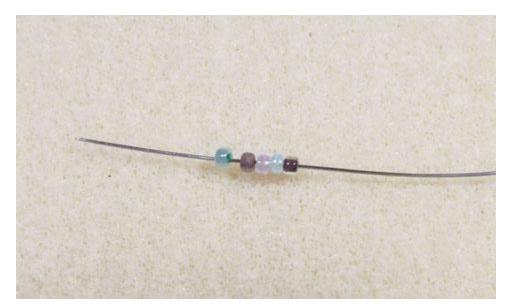
... and here is how your spiral should look like after you've repeated steps 1-2-3 several times.



You'll repeat the previous steps until you have the desire length for the bracelet.

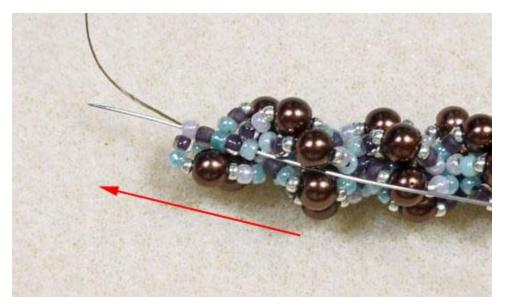
Don't forget that the bracelet should be smaller than your wrist because you will add a clasp.

In the next steps I'll show you how to finish the spiral hope.



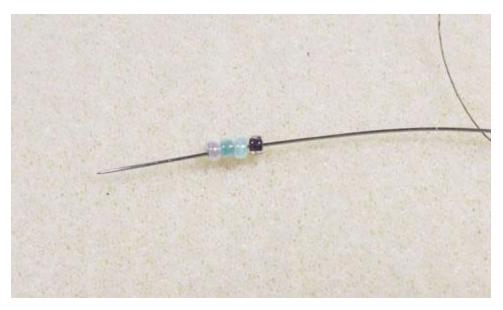
Now we will do the reverse of what we did in the beginning of the spiral.

String 5 sb11.

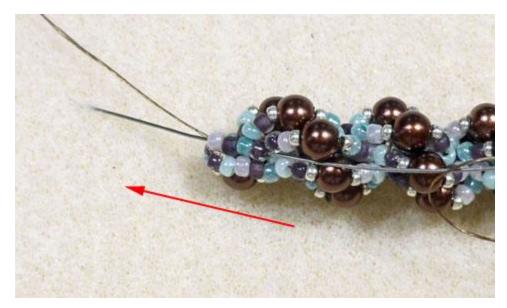


Pass the needle up through the 5 sb11 in the center.

Bring the loop you created to the left side.

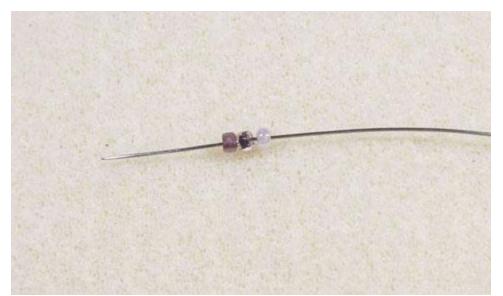


String 4 sb11.



Pass the needle up through the 4 sb11 in the center.

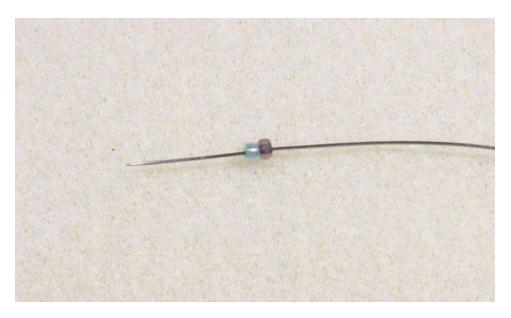
Bring the loop you created to the left side.



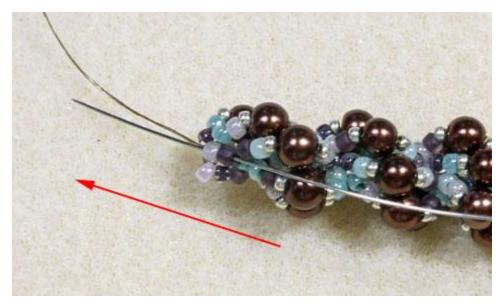
String 3 sb11.

Pass the needle up through the 3 sb11 in the center.

Bring the loop you created to the left side.

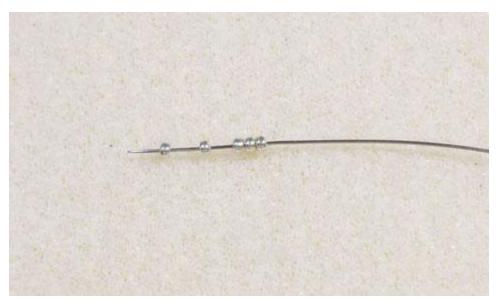


String 2 sb11.



Pass the needle up through the 2 sb11 in the center.

Bring the loop you created to the left side.



String 5 sb15.



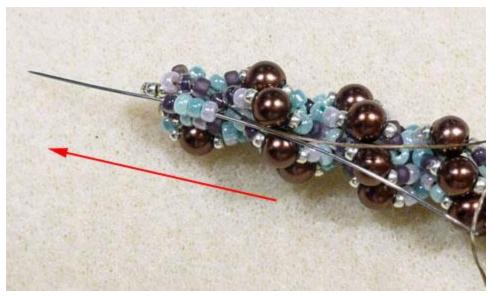
Pass the needle down through 4 sb11 of the center.



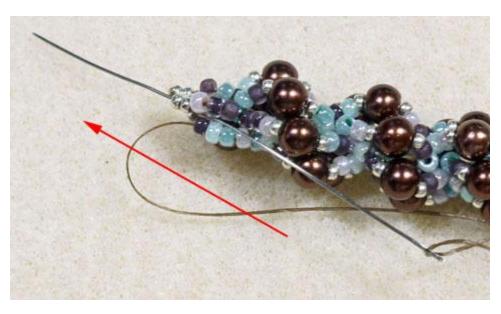
Pull well the thread. You've created a loop at the end of the spiral.

In this loop you'll attach a jumpring to your clasp.

In the next steps I'll show you how to reinforce this loop.



Pass the needle up through the beads of the loop with 4 sb11.



Pass the needle through all the sb15 of the loop on the top.

If you want you can repeat this path to reinforce the loop one more time: pass the needle down through 4 sb11 of the center and then pass up through the loop with 4 sb11. Then pass through all the sb15 of the loop on the top.

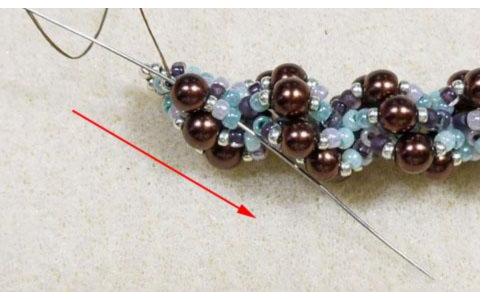


Now to finish the thread:

Pass the needle down through 2 sb11 and 1 sb15 of the loop with the complete pattern.



Make a half-knot stitch.



Pass the needle down through the remain beads of the loop. Pull well the thread to hide the knot inside of the pearl.

Trim the thread.

Repeat all those steps (to reinforce the loop at the end of the spiral and to finish the thread) with the tail.

Then add a jumpring at each end of the spiral rope and add the clasp. Your bracelet is completed!