

Checklist for Therapeutic Use Exemption (TUE) Application:

Attention Deficit Hyperactivity Disorder (ADHD)

Prohibited Substance: Methylphenidate and amphetamine derivatives

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

	TUE Application form must include:
	All sections completed in legible handwriting
	All information submitted in English
	A signature from the applying physician
	The Athlete's & Parent/Guardians signature if under 18
	Medical report should include details of:
	Medical history: age at onset of ADHD symptoms, age at initial diagnosis, symptoms across more than one setting, trial of non-prohibited interventions (if used)
	Diagnostic tests or rating scales used (e.g., Conners, DIVA)
	Interpretation of symptoms, signs and test results by physician (pediatrician, psychiatrist or other physician specializing in ADHD)
	Diagnosis referring to ICD 10 or DSM 5
	Stimulant prescribed (methylphenidate and amphetamine are prohibited in-competition) including dosage, frequency, administration route
	Diagnostic test/scale results should include copies of:
	These could include but are not limited to: a) Adults: ACDS, CAADID, CAARS, Barkley, DIVA 2.0 (copy of original test/scale) b) Children: Vanderbilt, K-SADs, DISC, Conners, SNAP (copy of original test/scale)
	Additional information included
	Supplementary reports which support the diagnosis: e.g., reports from psychologists, school teachers, parent/guardian (not mandatory)