

Draft MINUTES IR MEETING OCTOBER 29, 2024

NYC Al-Anon Intergroup AFG Representative Quarterly Meeting Agenda

October 29, 2024 6:30 pm - 8:00 pm

Zoom ID: 944 6505 4017 Passcode: 196448

[Click to join](#)

Chair:	Farrah T
Vice Chair:	Camille A
Secretary:	Betsy B (absent)
Treasurer:	Cynthia R
Board Member:	Meret O
Board Member:	Roderick F (absent)
Board Member:	Stacy S

Note taker:	Meret O
Chat Host:	Elizabeth

Meeting begins with **Serenity Prayer**

Reading: [We Are But Trusted Servants](#)

Review of meeting format

CAL Reading: [2022-2025 Al-Anon/Alateen Service Manual](#), Page 89 print / page 91 digital (Audio Tape Recordings)

Introductions

Board of Trustees Members introduced themselves

Devon, Intergroup's "special worker" was introduced and said hello to the IRs

Charlie, the NY South AA liaison and the SENY Convention liaison (and a Group Rep) was introduced to the group.

Quorum count: 14 IRs attending, we have a quorum

Intergroup Representatives

INTERGROUP REPS: if you attended the IR meeting please check to make sure you are listed. If not, email meretoprogram@gmail.com

1. **Tom M**, Work the Program Not the Problem, Saturday 2pm
2. **Jeffrey F**, Westside LGBTQ+, Sunday 6pm Manhattan Zoom only, JeffreyKFrench@gmail.com.
3. **Patty** Harlem Help and Hope, Monday 7:00 pm , allipgm@aol.com
4. **Fred G**, Kiss, Saturday, 7:30 pm, Brooklyn, fredsg1964@gmail.com
5. **Scott G** Serenity in the Garden, Sunday 4PM, Manhattan, scottg@gmail.com, sitg.afg@gmail.com

6. **Linda L**, Park Slope Day, 12:00pm, All Saints Church, Brooklyn, Linda.Loewenthal@gmail.com
7. **David S**, Trust and Serenity AAC, Sunday 10 a.m. (= meditation; main meeting = 10:30), my email = DSatz@msn.com; will get the group's email for next time.
8. **Vickie H**, Step Into the Heights, Thursdays at 7, Manhattan, vtaylor99@msn.com, stepintotheheights@gmail.com
9. **Elspeth**, Inwood Beginner's Steps Meeting, Saturday 9am Manhattan, Elspeth.rigney@gmail.com
10. **Delaney S**, Saturday Morning Serenity Park Slope, Saturday 10:30 AM – 12:00 PM ET, Brooklyn, delaneyspangler@gmail.com
11. **JT**, Wednesday 7pm, Manhattan, PenumbraWednesday@gmail.com **AND** Women's Sunday Night 7:15pm Womens.sunday.night.gr@gmail.com.
12. **Rita J**, Stepped Up in the City, Wednesday 7:00-8:00pm, HYBRID MEETING Manhattan, ritajuster@aol.com steppedupalanonnyc@gmail.com
13. **Lee M**, East Side Serenity, lysandramaxim@gmail.com (personal email) I do not know our group's email. It is my first time here
14. **Diane C**, Step Into the Solution, Manhattan, Tuesday 11:30-12:30 pm Thursday, C.Conndiane@gmail.com

Motion to Accept Minutes from July 2024 IR meeting ([July 2024 Minutes for the Greater NY Al-Anon Family Intergroup Representative Meeting](#))

Ayes: 12 Nays: 0 Abstentions: 1

Motion passes

Reports on Ongoing Activities

Treasurer's Report - Cynthia shared

[P&L summary](#) for the past three months

[Balance Summary](#)

[P&L Q2 and Q3 comparison](#)

A member asked if there is a reason we don't show depreciation on the computer. Cynthia will check with Lisa.

Office Operations - Camille

- Things are going well. We welcome volunteers but want to be strategic. Devon & Camille have discussed possible uses for office volunteers
- Our office building is on the market. We have no timeline for the sale but are informing IRs.
- We have purchased two cartons of the new CAL: "Healing our Alcoholic Relationships" Spread the word. (A member highly recommends it.)
- We will do a physical inventory twice annually and will probably need volunteer help during those times.

Discussion:

According to our lease, the landlord may give us only 2 months notice if the building is sold. A board member asked if any IRs know of affordable office space for nonprofits.

The lease renews in January so it might be prudent to investigate options.

The current rent is between \$1300-\$1400 per month for a single small room.

7th Tradition Break

New Business

IR Google Group - Camille

Camille asks how NYC groups can better connect and suggested setting up a Google Group to connect all the IRs.

Discussion

A number of IRs said it was a great idea.

One member asked if this wasn't the function of GRs at the District level. Another felt that it might be an expansion of Intergroup's mission. There were a few responses:

- There are many "Dark" Districts (AFGs and entire Districts without representation) in the 5 boroughs; given this lack of coverage, NYC needs as much communication as possible.
- The Service Manual is very helpful about the responsibility of AIS's (Al-Anon Information Service) vs Districts
- There's a need for virtual meetings with roots in NYC to get in the information loop—if they are part of the GEA (Global Electronic Area) they have no access to New York or Area information
- Camille read our [Mission Statement](#) (which was recently revised at an IR meeting) to help us keep a focus on what Intergroup does and not to duplicate the work of being a link of service
- A GR & former DR noted that the main purpose of the Districts are to be part of links of service. The purpose of AIS's is to carry the message—it's more complex but this is basic.

Motion for Intergroup to form a IR Google Group to foster communication

Ayes 10 Nays 0 Abstentions 2

Motion passes

Proposed IR Meeting 2025 Dates

January 28, 2025

April 29, 2025

July 29, 2025

October 28, 2025

Camille noted that per Article 4, Section 3, the Chair can choose the meeting dates. Farrah, the Chair, asked if there were any objections to the dates. Hearing none, the 2025 meeting dates were fixed.

General Discussion

Farrah asked the IRs to share what they're thinking about, for Intergroup. Following are comments from the IRs.

Discussions about

- The office/bookstore:
 - the fact that we have previously decided that maintaining an office is well worth the cost.
 - A suggestion to decide how often this topic should be revisited. (Suggestion: an annual review.)
 - A suggestion to find out whether or not we need an office to extend insurance riders to AFGs.
- A request to gather data about bookstore traffic and profits

Meret thanked the group for the opportunity to serve with Intergroup for 5 years.

Announcements for Upcoming Events:

- **Nov / Dec, 2024** [New York South Assembly Area Events](#): Various dates. Click link

Charlie made a special SENY announcement to encourage members to attend. Last year 120 Al-Anons came. There are many sessions, sessions in Spanish, loads of great open AA meetings, and it is our only opportunity to come together as a region, since there is no Al-Anon convention. The venue is fully accessible via public transportation. The dates are in the [Calendar of Events](#) for March, 2025.

- **Nov 19, 2024** [Monthly Intergroup Board Meeting](#): Tuesday, 6:30pm - 8:00pm
- **Nov 23, 2024** [Share-A-Day Workshop](#): Practicing Detachment
- **Jan 28, 2025** Quarterly Intergroup Rep Meeting: Tuesday, 6:30 pm - 8:00 pm

Close with Serenity Prayer and Al-Anon Declaration