Sterilising jars

What to do:

1. Wash jars and lids in soapy warm water thoroughly and rinse well.
2. Place lids in a saucepan with water and boil for 5 minutes.
3. Place jars on to a baking tray and place in to the oven for 15minutes on 120C.
4. Place lids on to a tea towel to drain and seal the jars tightly once cooled slightly.