



*The Stars of Tomorrow Project, Inc.*  
*Spring 2024*  
*Nutrition*

Friday, March 29<sup>th</sup>  
ZOOM  
4:30-6:30pm  
Nutrition

Friday, May 17<sup>th</sup>  
ZOOM  
4:30-6:30pm  
Nutrition/ Grocery Shopping

Friday, April 5<sup>th</sup>  
ZOOM  
4:30-6:30pm  
Nutrition

Saturday, May 18<sup>th</sup>  
ZOOM  
4:30-6:30pm  
Nutrition/ Cooking on ZOOM