



GENERAL RESOURCES

Center For Parent Youth Understanding- cpyu.org

Ten By Ten by Fuller Youth Institute - tenx10.org

Focus on the Family- www.focusonthefamily.com

Parent Cue- theparentcue.org

PARENTING

Axis Parent Guides- axis.org/parentguides

Fuller Youth Institute Parent Resource Library -
fulleryouthinstitute.org/parent/library

CPYU Parent Page- EBIC Youth subscribes to this monthly newsletter and can send you a digital copy each month!

Keeping Your Kids on God's Side- Focus on the Family (6 video series)

Books:

Parenting: 14 Gospel Principles... by Paul David Tripp

Boundaries with Teens by Dr Townsend

TECHNOLOGY & THE DIGITAL WORLD

Movie Reviews- cpyu.org/media-reviews

3D Guide

Articles

<https://ca.thegospelcoalition.org/article/five-questions-for-parents-to-ask-when-it-comes-to-digital-technology/>

My Year with a Distraction Free iPhone (& *how to start your own experiment*) by Jake Napp / Time Dorks, August 30, 2014
<https://medium.com/p/6ff74a0e7a50>

Books:

The Tech-wise Family

Safe Guards: Shielding Our Homes and Equipping Our Kids by Julie Lowe

The Wisdom Pyramid: Feeding Your Soul in a Post-Truth World by Brett McCracken)

12 Ways Your Phone is Changing You by Tony Reinke

Social Sanity in an Insta World by Sarah Eekhoff Zylstra

The Next Story: Life and Faith After the Digital Explosion by Tim Challies

Terms of Service: The Real Cost of Social Media by Chris Martin

Raising Humans in a Digital World: Helping Kids Build a Healthy Relationship with Technology by Diana Graber

Alone Together: Why We Expect More from Technology and Less from Each Other by Sherry Turkle

GENDER AND SEXUALITY

Posture Shift- postureshift.com

Posture Shift offers leading resources for every pastor, parent and all who care for LGBT+ people.

HarvestUSA: <https://harvestusa.org/courses/>

[The Holy Sexuality Project](#)

Preston Sprinkle - prestonsprinkle.com

Dr. Preston Sprinkle is a biblical scholar, speaker, podcaster, a New York Times bestselling author, and is the co-founder and president of *The Center for Faith, Sexuality & Gender*. Preston loves talking and writing about hot-button cultural and theological issues with thoughtfulness, honesty and grace. He is passionate about approaching topics that everyone wants to know about, but few are willing to talk honestly and graciously about. Topics like sexuality, gender, race, violence, patriotism, hell, politics, war, and what it means to follow a Jewish prophet-king who was executed for treason. He works hard to challenge himself and others to read the Bible with conviction and humility, while holding their predetermined beliefs loosely.

Dannah & Bob Gresch- <https://dannahgresch.com/>

Mark Yarhouse

Emerging Gender Identities: Understanding the Diverse Experiences of Today's Youth (Book)

Sexual Identity and Gender Institute

The mission of the Sexual & Gender Identity Institute is, from a Christian worldview, to further our understanding of sexual and gender identity, and the intersection of these identities with religious identity, and to be a resource to the church and to the broader culture. We do this through research, training, and consultation.

Books:

Holy Sexuality and the Gospel by Christopher Yuan

Gay Girl Good God by Jackie Hill Perry

Guiding Families by Posture Shift

MENTAL HEALTH

Your New Playlist: The Student's Guide to Tapping into the Superpower of Mindset by Jon Acuff

The *Faith in an Anxious World* Parenting Podcast- [Listen On iTunes](#)

SUICIDE PREVENTION LIFELINE

Dial 1-800-273-TALK (8255) to talk to someone any time

Text 988

Mental Health First Aid classes- <https://www.mentalhealthfirstaid.org/>