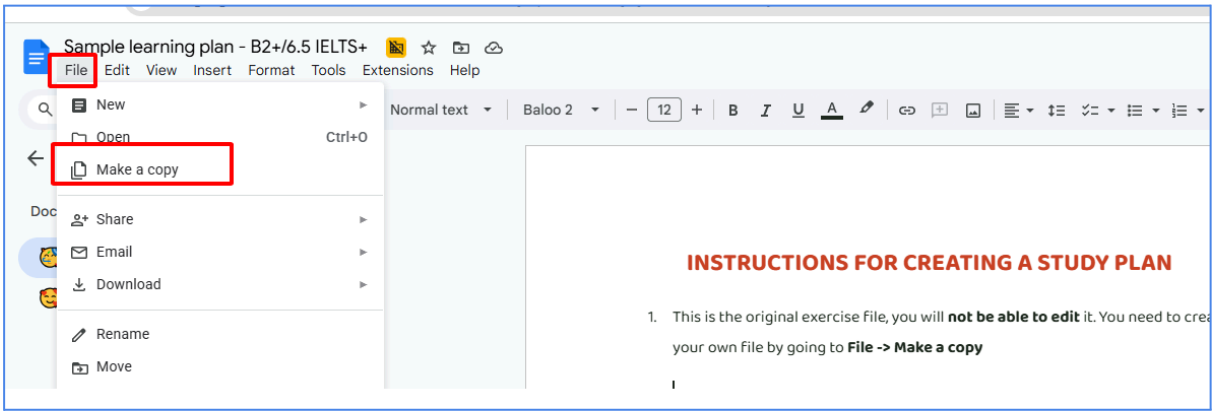
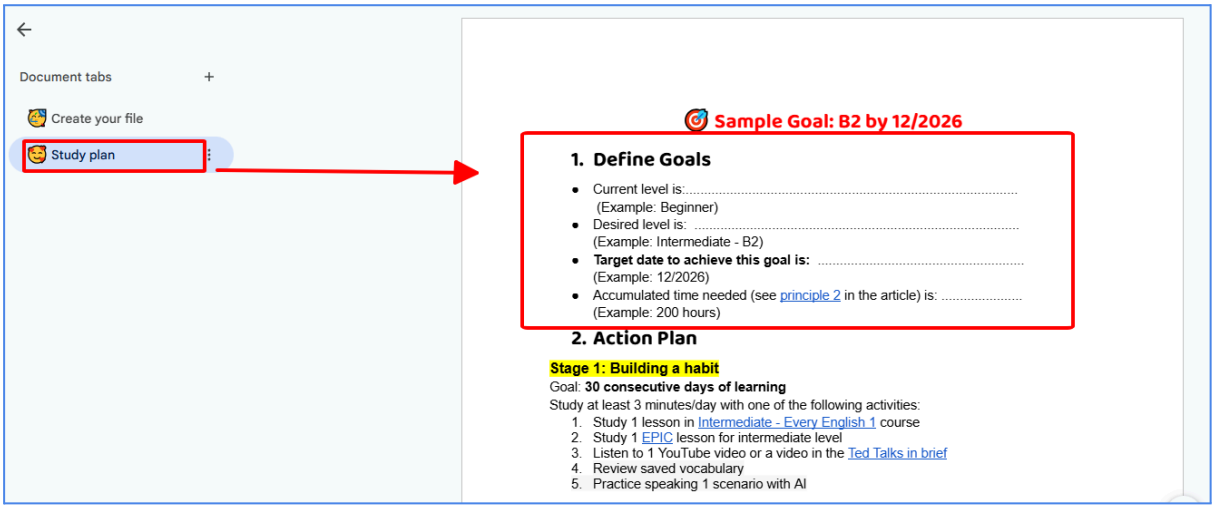
INSTRUCTIONS FOR CREATING A STUDY PLAN

1. This is the original exercise file, you will **not be able to edit** it. You need to create your own file by going to **File -> Make a copy**



2. Go to the **Study Plan** subtab and fill in the information within that subtab.



🎯 Sample Goal: Basic Communication – B1 by 12/2026

1. Define Goals

- Current level is:.....
  (Example: Beginner)
- Desired level is: .....
  (Example: Intermediate - B1)
- **Target date to achieve this goal is:** .....
  (Example: 12/2026)
- Accumulated time needed (see principle 2 in the article) is: .....
  (Example: 200 hours)

1. Action Plan

Stage 1: Building a habit

Goal: **30 consecutive days of learning**

Study at least 3 minutes/day with one of the following activities:

1. Study 1 lesson in Basic - Every English 1 course.
2. Study 1 EPIC lesson for beginner level.
3. Listen to 1 YouTube video or a video in the Listening and pronunciation - beginners video collection.
4. Review saved vocabulary
5. Practice speaking 1 scenario with AI in English learners world

See detailed study instructions HERE.

Giai đoạn 2: Acceleration

Goal: **200 study hours**

No.	Milestone	Components
1	Achieve completion certificate for Basic - Every English 1 course.	30 unit
2	Achieve completion certificate for Basic - Every English 2 course.	20 unit
3	Achieve completion certificate for Basic - Every English 3 course.	20 unit
4	Complete Listening Comprehension of the 200h English communication - high beginner video collection.	203 video
5	Achieve completion certificate for 100 speaking practice scenarios with AI in English learners world.	100 scenarios
6	Master at least 500 words	500 words

See detailed study instructions HERE.