

Regan Gross, SHRM Speaker Bio



Regan brings more than 20 years of HR expertise across a range of industries, from banking technology and pharmaceuticals to commercial real estate.

She is dedicated to supporting HR professionals at every stage of their careers, guiding them through complex workplace challenges, and helping them adapt to new legislation.

Her passion for lifelong learning is reflected in her academic achievements; Regan graduated cum laude from Meredith College with a BA in Pre-Law, along with minors in Human Resources and Psychology. She has continued to invest in her professional development, earning SHRM credentials in California Employment Law, SHRM-SCP, People Analytics, Getting Talent Back-to-Work, Veterans at Work, and Workplace Mental Health Ally.

Regan's combination of industry experience, academic accomplishment, and specialized certifications positions her as a trusted advisor for HR professionals seeking guidance in an ever-changing landscape.