

GMHS Track & Field

2026 Top Performances – Boys

100m Dash

Eli Weisbender	11.47
Jake Swanson	11.51
Shane Kennedy	11.63
Noah Garcia	11.89
Jude Ingle	11.98
Xavier Garcia	12.00
Chase Malingowski	12.05
Drew Contreras	12.12
Kaleb Vazquez-Mertlick	12.56
Olojuwon Jones	12.73
Kaden Henning	12.93
Patrick Jansen	12.96
Noah Garcia	13.15
Alex Oland	13.17
Tyson Helms	13.38
Jose Velasco	13.42
Miles Hammond	13.43
Jackson Malory	14.12
Turner Heitzel	16.23

200m Dash

Eli Weisbender	22.66
Jake Swanson	23.13
Shane Kennedy	24.19
Ben Swanson	24.22
Charles Harris	24.23
Chase Malingowski	24.35
Drew Contreras	24.41
Austin Andersen	24.44
Jude Ingle	24.66
Noah Garcia	24.73
Xavier Garcia	24.97
Patrick Jansen	25.03
Alan Johnston	25.21
Patrick Jansen	25.45
Bastien Blomme	25.77
OJ Jones	25.93
Kaleb Vazquez-Mertlick	26.99
Alex Oland	27.68
Miles Hammond	27.92
Tyson Helms	28.44
Jackson Malory	30.11
Turner Heltzel	33.39

400m Dash

Jake Swanson	52.53
Eli Weisbender	53.11
Charles Harris	54.02
Austin Andersen	55.07
Alan Johnston	56.55
Patrick Jansen	57.72
Xavier Garcia	57.81
Ashton Crawford	58.39
Shane Kennedy	58.41
Kaden Henning	58.49
Bastien Blomme	58.57
Alex Oland	1:01.95
Lucas Jones	1:06.08
Nash Joseph	1:06.92
Jose Velasco	1:07.23
Noah Garcia	1:08.40
Oliver Sheets	1:13.72

800m Run

Ashton Crawford	2:16.00
Sam Haas	2:23.87
Lucas Jones	2:26.25
Nash Joseph	2:27.86
Ryan Cubbage	2:33.60
Ethan Hobbs	2:33.72
Oliver Sheets	2:45.03
Marshall Rapp	2:57.23
Jonah Forbes	3:18.74

1600m Run

Ashton Crawford	5:17.88
Lucas Jones	5:28.36
Sam Haas	5:31.93
Nash Joseph	5:39.55
Ethan Hobbs	5:54.69
Nash Joseph	5:59.95
Ryan Cubbage	6:08.82
Oliver Sheets	6:21.68
Jonah Forbes	7:47.40

3200m Run

Ashton Crawford	11:52.86
Sam Haas	12:37.14
Ethan Hobbs	12:46.24
Nash Joseph	12:51.19
Oliver Sheets	14:56.42

100m Hurdles

300m Hurdles

Miles Hammond	52.75
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4 x 100m Relay

Eli Weisbender 43.61
Drew Contreras
Shane Kennedy
Jake Swanson

Jake Swanson 44.29
Drew Contreras
Shane Kennedy
Jude Ingle

Eli Weisbender 45.33
Jude Ingle
Xavier Garcia
Shane Kennedy

Shane Kennedy 47.43
Kaden Henning
Chase Malingowski
Jude Ingle

Tyson Helms 50.31
OJ Jones
Bastien Blomme
Jose Velasco

Olajuwon Jones 51.2
Jose Velasco Moreno
Alex Oland
Kaleb Vazquez-Mertlick

4 x 200m Relay

Ben Swanson 1:32.93
Shane Kennedy
Eli Weisbender
Jake Swanson

Ben Swanson 1:32.94
Jake Swanson
Charles Harris
Shane Kennedy

Drew Contreras 1:34.66
Jude Ingle
Xavier Garcia
Eli Weisbender

Bastien Blomme 1:35.56
Alan Johnston
Austin Andersen
Jude Ingle

Chase Malingowski 1:41.81
Jude Ingle
Xavier Garcia
Noah Garcia

4 x 400m Relay

Jude Ingle 3:48.19
Ben Swanson
Charles Harris
Ashton Crawford

Patrick Jansen 4:14.47
Noah Garcia
Miles Hammond
Ashton Crawford

4 x 800m Relay

Jake Swanson 3:49.22
Ben Swanson
Charles Harris
Eli Weisbender

Ashton Crawford 9:41.13
Miles Hammond
Sam Haas
Lucas Jones

Xavier Garcia 3:52.18
Charles Harris
Ben Swanson
Bastien Blomme

Nash Joseph 10:26.78
Ethan Hobbs
Logan Heinen
Ashton Crawford

Alan Johnston 3:57.33
Austin Andersen
Noah Garcia
Kaleb Vazquez-Mertlick

Nash Joseph 10:38.32
Lucas Jones
Turner Heltzel
Oliver Sheets

Ashton Crawford 3:58.56
Kaden Henning
Bastien Blomme
Xavier Garcia

Ethan Hobbs 10:59.89
Nash Joseph
Ashton Crawford
Jonah Forbes

Kaden Henning 4:04.96
Ashton Crawford
Bastien Blomme
Patrick Jansen

Long Jump

Jake Swanson	23' 1.25"
Ben Swanson	21'6"
Bastien Blomme	18' 3"
Connor Monroe	16'1.5"
Austin Andersen	16'0"
Alex Oland	13'11.5"
Jackson Malory	13 3.5"
Logan Heinen	12' 11"
Turner Heltzel	10' 4.5"

Triple Jump

Ben Swanson	42'7"
Jake Swanson	41' 11"
Connor Monroe	31' 11"
Logan Heinen	27' 3"

Shot Put

Drew Contreras	37' 3"
Jude Ingle	31' 0.5"
Colin Ahrmann	25' 4"
Marshall Rapp	14' 7.5"

Discus

Jude Ingle	78'2"
Colin Ahrmann	74'11"
Bastien Blomme	73'2"
Marshall Rapp	43'11"

Pole Vault

High Jump

Jacob Swanson	6'5"
Xavier Garcia	5'11
Bastien Blomme	5'2"
Connor Monroe	4'10"
Kaden Henning	4'10"