

# GMHS Track & Field

## 2026 Top Performances – Boys

### 100m Dash

Eli Weisbender	11.28
Jake Swanson	11.51
Shane Kennedy	11.63
Jude Ingle	11.70
Noah Garcia	11.74
Xavier Garcia	11.87
Chase Malingowski	12.05
Drew Contreras	12.12
Charles Harris	12.24
Olojuwon Jones	12.54
Kaleb Vazquez-Mertlick	12.56
Kaden Henning	12.93
Patrick Jansen	12.96
Noah Garcia	13.15
Alex Oland	13.17
Tyson Helms	13.38
Jose Velasco	13.42
Miles Hammond	13.43
Jackson Malory	14.12
Logan Heinen	14.17
Turner Heitzel	16.23

### 200m Dash

Eli Weisbender	22.36
Jake Swanson	23.13
Jude Ingle	23.67
Shane Kennedy	24.11
Ben Swanson	24.22
Charles Harris	24.23
Chase Malingowski	24.35
Drew Contreras	24.41
Austin Andersen	24.44
Noah Garcia	24.73
Xavier Garcia	24.97
Patrick Jansen	25.03
Alan Johnston	25.21
Patrick Jansen	25.45
Bastien Blomme	25.77
Olojuwon Jones	25.93
Kaleb Vazquez-Mertlick	26.99
Jose Velasco	27.67
Alex Oland	27.68
Miles Hammond	27.92
Tyson Helms	28.44
Jackson Malory	30.11
Turner Heltzel	33.39

### 400m Dash

Jake Swanson	51.86
Eli Weisbender	53.11
Charles Harris	54.02
Austin Andersen	55.07
Alan Johnston	55.70
Patrick Jansen	57.72
Xavier Garcia	57.81
Ashton Crawford	58.39
Shane Kennedy	58.41
Kaden Henning	58.49
Bastien Blomme	58.57
Jose Velasco	59.79
Alex Oland	1:01.95
Ethan Hobbs	1:03.68
Lucas Jones	1:06.08
Nash Joseph	1:06.74
Noah Garcia	1:08.40
Oliver Sheets	1:13.72

### 800m Run

Ashton Crawford	2:10.75
Sam Haas	2:23.87
Lucas Jones	2:26.25
Nash Joseph	2:27.86
Ethan Hobbs	2:29.24
Ryan Cabbage	2:32.93
Oliver Sheets	2:45.03
Marshall Rapp	2:57.23
Jonah Forbes	3:18.74

### 1600m Run

Ashton Crawford	5:06.39
Lucas Jones	5:28.36
Sam Haas	5:31.49
Ethan Hobbs	5:37.93
Nash Joseph	5:39.55
Ryan Cabbage	6:08.82
Oliver Sheets	6:08.90
Jonah Forbes	7:47.40

### 3200m Run

Ashton Crawford	11:52.86
Ethan Hobbs	12:33.88
Sam Haas	12:37.14
Nash Joseph	12:51.19
Oliver Sheets	14:56.42

### 100m Hurdles

Kaden Henning	23.00
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### 300m Hurdles

Bastien Blomme	48.49
Miles Hammond	49.38
Kaden Henning	52.16

**4 x 100m Relay**

Eli Weisbender 43.61  
Drew Contreras  
Shane Kennedy  
Jake Swanson

Eli Weisbender 43.90  
Shane Kennedy  
Jake Swanson  
Noah Garcia

Jake Swanson 44.29  
Drew Contreras  
Shane Kennedy  
Jude Ingle

Eli Weisbender 45.33  
Jude Ingle  
Xavier Garcia  
Shane Kennedy

Noah Garcia 45.92  
Jude Ingle  
Xavier Garcia  
Chase Malingowski

Chase Malingowski 46.12  
Jude Ingle  
Xavier Garcia  
Noah Garcia

Shane Kennedy 47.43  
Kaden Henning  
Chase Malingowski  
Jude Ingle

Olajuwon Jones 47.73  
Tyson Helms  
Kaleb Vazquez-Mertlick  
Jose Velasco

Tyson Helms 50.31  
Olojuwon Jones  
Bastien Blomme  
Jose Velasco

Olajuwon Jones 51.2  
Jose Velasco Moreno  
Alex Oland  
Kaleb Vazquez-Mertlick

**4 x 200m Relay**

**Ben Swanson 1:31.16**

**Shane Kennedy**

**Eli Weisbender**

**Jake Swanson**

**Elijah Weisbender 1:31.98**

**Jake Swanson**

**Ben Swanson**

**Chase Malingowski**

**Ben Swanson 1:31.16**

**Shane Kennedy**

**Eli Weisbender**

**Jake Swanson**

**Ben Swanson 1:32.94**

**Jake Swanson**

**Charles Harris**

**Shane Kennedy**

**Drew Contreras 1:34.66**

**Jude Ingle**

**Xavier Garcia**

**Eli Weisbender**

**Bastien Blomme 1:35.56**

**Alan Johnston**

**Austin Andersen**

**Jude Ingle**

**Charles Harris 1:37.35**

**Chase Malingowski**

**Xavier Garcia**

**Jude Ingle**

**Chase Malingowski**

**1:41.81**

**Jude Ingle**

**Xavier Garcia**

**Noah Garcia**

**Chase Malingowski**

**1:43.19**

**Olajuwon Jones**

**Noah Garcia**

**Tyson Helms**

**4 x 400m Relay**

Jake Swanson 3:33.80

Ben Swanson  
Eli Weisbender  
Charles Harris

Charles Harris 3:39.32

Ben Swanson  
Austin Andersen  
Alan Johnston

Jude Ingle 3:48.19

Ben Swanson  
Charles Harris  
Ashton Crawford

Jake Swanson 3:49.22

Ben Swanson  
Charles Harris  
Eli Weisbender

Xavier Garcia 3:52.18

Charles Harris  
Ben Swanson  
Bastien Blomme

Alan Johnston 3:57.33

Austin Andersen  
Noah Garcia  
Kaleb Vazquez-Mertlick

Ashton Crawford 3:58.56

Kaden Henning  
Bastien Blomme  
Xavier Garcia

Kaden Henning 4:04.96

Ashton Crawford  
Bastien Blomme  
Patrick Jansen

Patrick Jansen 4:07.95

Kaden Henning  
Bastien Blomme  
Miles Hammond

Patrick Jansen 4:14.47

Noah Garcia  
Miles Hammond  
Ashton Crawford

### 4 x 800m Relay

Ashton Crawford 9:41.13  
Miles Hammond  
Sam Haas  
Lucas Jones

Ashton Crawford 9:48.06  
Sam Haas  
Ethan Hobbs  
Bastien Blomme

Nash Joseph 10:26.78  
Ethan Hobbs  
Logan Heinen  
Ashton Crawford

Nash Joseph 10:38.32  
Lucas Jones  
Turner Heltzel  
Oliver Sheets

Ethan Hobbs 10:59.89  
Nash Joseph  
Ashton Crawford  
Jonah Forbes

### Long Jump

Jake Swanson 23' 1.25"  
Ben Swanson 21'6"  
Xavier Garcia 20' 5.24"  
Bastien Blomme 18' 8.25"  
Connor Monroe 16' 11.5"  
Austin Andersen 16'0"  
Alex Oland 13'11.5"  
Jackson Malory 13' 7.5"  
Logan Heinen 13' 7.5"  
Turner Heltzel 10' 4.5"

### Triple Jump

Ben Swanson 42'7"  
Jake Swanson 42' 2.75"  
Bastien Blomme 35' 10.75"  
Connor Monroe 33' 11"  
Logan Heinen 27' 5.5"

### Shot Put

Drew Contreras 37' 4"  
Bastien Blomme 35' 3"  
Jude Ingle 32' 6.25"  
Colin Ahrmann 25' 4"  
Marshall Rapp 15'

### Discus

Jude Ingle 106'6"  
Colin Ahrmann 77'11"  
Bastien Blomme 73'2"  
Marshall Rapp 43'11"

## Pole Vault

## High Jump

Jacob Swanson	6'6"
Xavier Garcia	5'11
Bastien Blomme	5'2"
Connor Monroe	4'10"
Kaden Henning	4'10"
Patrick Jansen	4'8"