
WebsiteWizard.tv

9 WAYS TO GROW 10K INSTAGRAM FOLLOWERS FREE GUIDE



★ *Useful Links* ★

 [Video Tutorial Link](#)

 [Join My FREE Community](#) 

 [BossList Instagram Account](#)

 [Instagram Growth Service](#)

METHOD 1: THE “LIGHTNING” FOLLOWER

METHOD

This is the method I demonstrated in my Instagram followers tutorial.

- Your account must be Public to use this method. It does not work for Private accounts.

STEP 1 — FOLLOW [@BOSSLIST](#) ON INSTAGRAM

- Open Instagram and search for:
 - **bosslist**
- Go to the BossList Instagram account.
 - Follow that account

 **NOTE:** There are a lot of fake accounts, so always visit bosslist.com to make sure you find the right account



✓ STEP 2 — GO TO THE FOLLOWING LIST

- Once you've found the account, tap **Following**.
- You'll see a list of accounts that BossList follows.

✓ STEP 3 — FOLLOW 20 ACCOUNTS FROM THE LIST

- Go through the list and manually follow around **20 accounts** from that list
 - Don't rush through hundreds of accounts at once. Stick to 20 at a time.

✓ STEP 4 — WAIT UP TO 5 MINUTES

- After you've followed around 20 accounts, stop and wait a few minutes.
 - Then return to the Bosslist following list and follow another

STEP 5 — REPEAT STEPS 3-4 UNTIL YOU'VE FOLLOW 120 ACCOUNTS

- This should take about 30 minutes

STEP 6 — THE NEXT DAY YOU CAN UNFOLLOW EVERYONE THAT BOSSLIST FOLLOWS

STEP 7 — WHEN YOU UNFOLLOW EVERYONE, WAIT ANOTHER 24 HOURS, THEN REPEAT STEPS 2-5.

IMPORTANT:

- Stick to the guidelines in the steps above. Do not follow too many people at once, or follow/unfollow too quickly, otherwise the Instagram algorithm will think you are a bot and not allow you to follow/unfollow anyone for 24 hours.

METHOD 2: OPTIMIZE YOUR INSTAGRAM PROFILE

Imagine somebody discovers one of your videos and clicks your username.

Within a few seconds, they need to understand:

- 👉 Who are you?
- 👉 What do you post about?
- 👉 Why should they follow you?

Your profile should make this obvious.

✓ Use a Clear Profile Picture

- Choose an image that's easy to recognise, even when displayed as a tiny circle.
 - For a personal brand, a clear photo of your face usually works well.

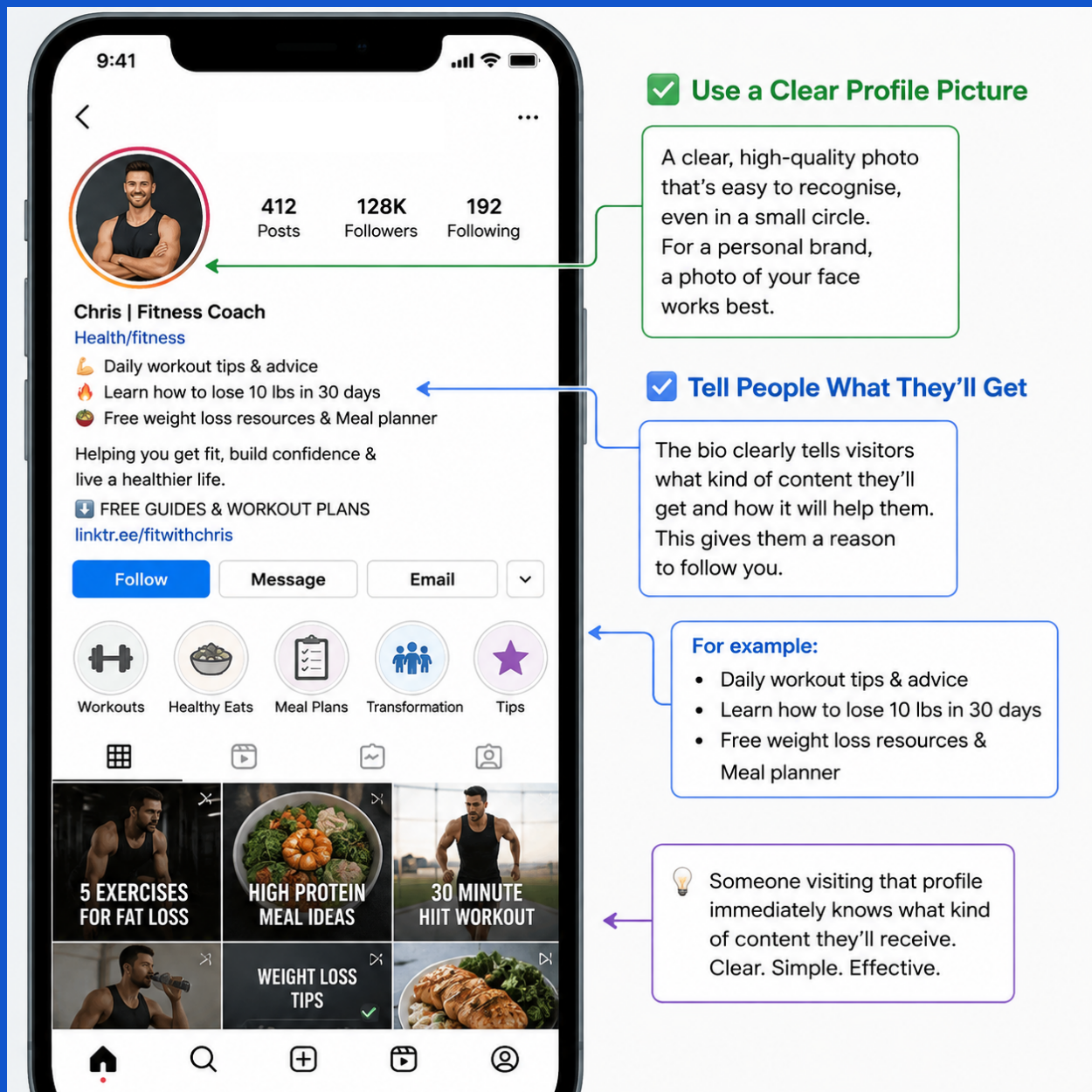
✓ Tell People What They'll Get

Instead of filling your bio with random information about yourself, explain why someone should follow you.

For example:

- Daily workout tips & advice
- Learn how to lose 10 lbs in 30 days
- Free weight loss resources & Meal planner

Someone visiting that profile immediately knows what kind of content they'll receive.



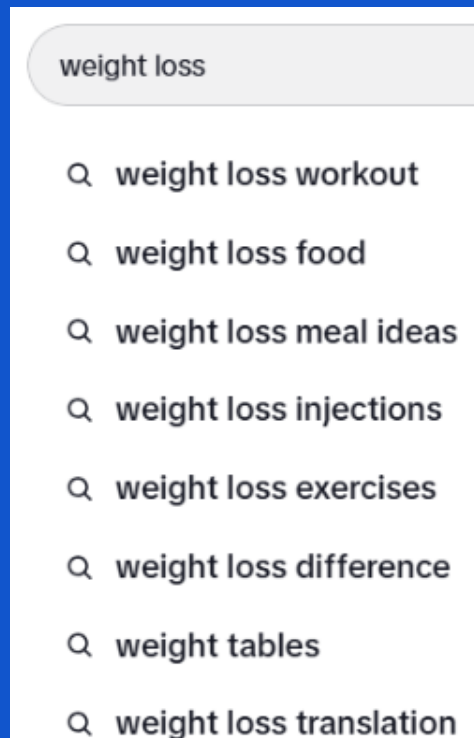
METHOD 3: CREATE VIDEOS PEOPLE ARE SEARCHING FOR

✓ One of the easiest ways to get consistent Instagram views is to answer questions people are already searching for.

- Go to Instagram's search box and start typing a topic from your niche.
 - Instagram will suggest searches people are making.

For example, if your account is about weight loss, you might discover searches such as:

- Weight loss workout
- Weight loss food
- Weight loss meal ideas



You can then create videos answering those questions.

- Even better, actually say the main topic naturally in your video and make the subject obvious in your caption and on-screen text.
 - This gives Instagram more context about what your video is about.

METHOD 4: GIVE PEOPLE A REASON TO FOLLOW

Don't assume somebody will follow you just because they enjoyed your video.

👉 Tell them what's coming next.

Instead of simply saying:

"Follow me."

Try:

"I'm testing 5 more free weight loss methods this week, so follow me if you want to see the results."

Or:

"I'm going to show you exactly how I did this in my next video, so follow for Part 2."

You're giving viewers a specific reason to come back.

METHOD 5: TURN COMMENTS INTO NEW VIDEOS

Pay attention to the questions people leave underneath your videos.

- Those comments are basically giving you free content ideas.

If somebody asks:

"Does this work on iPhone?"

Instead of only replying with text, create an Instagram reel answering the question.

One successful video can therefore generate several follow-up videos.

- It also helps you create content around subjects you already know your audience cares about.

METHOD 6: RECREATE YOUR WINNERS

This is one of the biggest mistakes creators make.

They get a video with 100,000 views...

...and then never make another video about that subject.

If Instagram has already shown you that your audience likes a particular topic, create more content around it.

Don't simply upload exactly the same video again.

Instead, create:

- A Part 2
- An updated version
- A different example
- A beginner version
- A list of mistakes
- A step-by-step tutorial
- A response to a common question

Your own analytics can become one of your best sources of content ideas.

METHOD 7: RECREATE YOUR WINNERS

You can have an amazing video...

But it doesn't matter if everyone scrolls away before they see it.

Avoid long introductions.

Instead of:

- *"Hey guys, welcome back. Today I'm going to be talking about..."*

Get straight to the result.

For example:

- "This secret weight loss pill sheds 5 lbs in 1 week."

Then show the result.

Give viewers a reason to keep watching immediately.

METHOD 8: CREATE A SIMPLE CONTENT SERIES

Series give people another reason to follow your account.

For example:

- **30 Days of Free Weight Loss Meals**
- **Weight Loss Tip #1**
- **Weight Loss Tip #2**
- **Weight Loss Tip #3**
- **7 Ways to Lose Weight Without Exercise**

If somebody discovers Part 3 and enjoys it, they may visit your profile to find the other videos—and follow so they don't miss the next one.

METHOD 9: STUDY SUCCESSFUL VIDEOS IN YOUR NICHE

You don't need to guess what people want to watch.

Instagram is already telling you.

Search for your topic and study successful videos.

Look at:

- The opening hook
- The subject
- Video length
- Editing style
- On-screen text
- Questions in the comments

Don't copy somebody else's video.

Instead, identify **why the idea worked** and create your own version with your own examples, experience and personality.

THE SIMPLE INSTAGRAM GROWTH FORMULA

If you want to keep things simple, concentrate on these four things:

1. GET DISCOVERED

Create videos around subjects people already watch and search for.



2. GET THE VIEW

Use a strong opening that makes people stop scrolling.



3. GET THE PROFILE VISIT

Give viewers useful content that makes them want to learn more from you.



4. GET THE FOLLOW

Make your profile clear and give viewers a reason to follow for future content.

Do this consistently and you're building an audience rather than simply chasing a follower number.

METHOD 10: WANT TO GROW YOUR INSTAGRAM FASTER?

If you don't have the time to do everything manually, you can check out our Instagram growth service that helps you grow your audience on autopilot.

- Instead of spending hours every day trying to find new people yourself, the service helps you reach potential followers while you concentrate on creating content.



[GROW MY INSTAGRAM TODAY]