North Hall Group of Alcoholics Anonymous

Group Conscience DRAFT Minutes – December 4, 2023

Opening	
1. Open	Robin H.
2. Pettiness Prayer	Jose S.
3. Twelve Traditions	Sheri
4. Host - 7th Tradition – (Cash App ID) The 7th Tradition states, "Every AA group ought to be fully self-supporting, declining outside contributions." Our Host will now put info into the chat about contributing to North Hall by CashApp or by sending a check.	Robin H.
5. Review November Minutes (M)	Robin H. Motion to approve- Suzanne C 2nd-Michael F. GC approved
6. Finalize Agenda (M)	Robin H. Motion to approve -John F. 2nd- Suzanne C GC approved

Trusted Servant Elections	
1. General Secretary (Length of Sobriety: 5 years)	Stephan T and Niki S volunteered. Election held. Niki S was elected.
2. Recording Secretary (Length of Sobriety: 1 year)	Suzanne C volunteered.
3. Treasurer (Length of Sobriety: 5 years)	Tom J volunteered.

4. Controller (Length of Sobriety: 5 years)	Michael F volunteered.
5. CCFAA Representative (Length of Sobriety: 2 years)	Jose S volunteered.
6. CCFAA Alternate (Length of Sobriety: 2 years)	No volunteers.
7. Hospitals & Institutions (H&I) Representative (Length of Sobriety: 2 years)	Tim B volunteered.
8. H & I Alternate (Length of Sobriety: 2 years)	No volunteers.
9. Birthday Chairperson (Length of Sobriety: 1 year)	Karlin R volunteered.
10. Monthly Speaker Meeting Chairperson (Length of Sobriety: 6 months)	Jen BC volunteered.
11. Anniversary Potluck Meeting Chairperson (2025 Meeting) (Length of Sobriety: 1 year)	No volunteers.
12. Literature Chairperson (Length of Sobriety: 1 year)	Ardin H volunteered.
13. Supplies Chairperson (Length of Sobriety: 1 year)	Barbara M volunteered.
14. Website Committee Ad Hoc Member (Length of Sobriety: 1 year)	No volunteers.
15. Building Committee (2 at-large members) (Length of Sobriety: 1 year)	Leslie T (volunteered after other position ends soon). Nance S volunteered.
16. GSR Alternate (2-year term) (Length of Sobriety: 2 years)	No volunteers.
17. Cleanup Co-Chair (3-month term) (Length of Sobriety: 3 months)	No volunteers.

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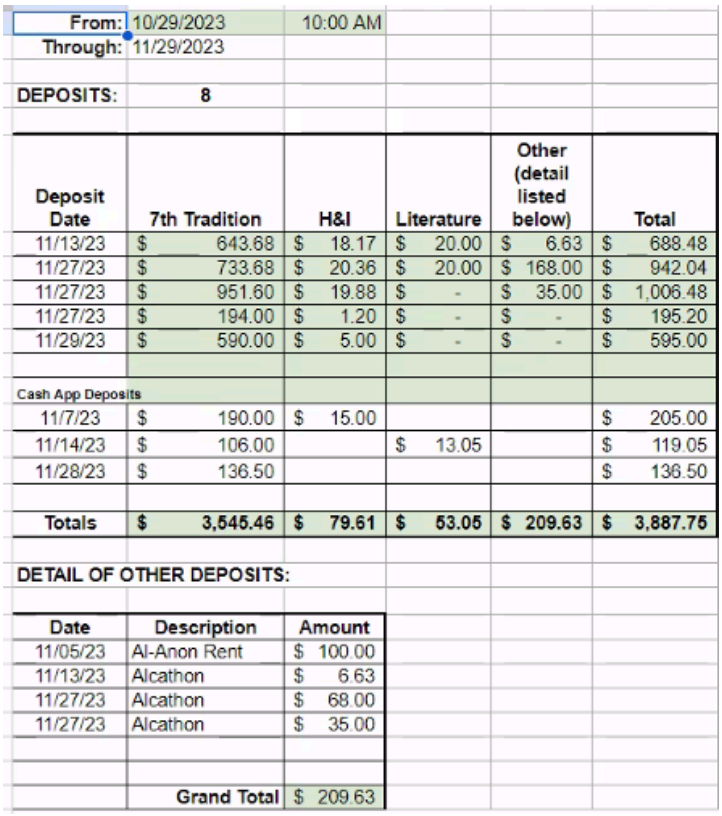
Reports	
1. General Secretary Report – Robin H.	It has been an honor to serve this past year.
2. Treasurer (M) – Michael F.	

From:	10/29/2023	10:00 AM			
Through:	11/29/2023				
DEPOSITS:	8				

Deposit Date	7th Tradition	H&I	Literature	Other (detail listed below)	Total
11/13/23	$ 643.68	$ 18.17	$ 20.00	$ 6.63	$ 688.48
11/27/23	$ 733.68	$ 20.36	$ 20.00	$ 168.00	$ 942.04
11/27/23	$ 951.60	$ 19.88	$ -	$ 35.00	$ 1,006.48
11/27/23	$ 194.00	$ 1.20	$ -	$ -	$ 195.20
11/29/23	$ 590.00	$ 5.00	$ -	$ -	$ 595.00
Cash App Deposits					
11/7/23	$ 190.00	$ 15.00			$ 205.00
11/14/23	$ 106.00		$ 13.05		$ 119.05
11/28/23	$ 136.50				$ 136.50
Totals	**$ 3,545.46**	**$ 79.61**	**$ 53.05**	**$ 209.63**	**$ 3,887.75**

DETAIL OF OTHER DEPOSITS:

Date	Description	Amount
11/05/23	Al-Anon Rent	$ 100.00
11/13/23	Alcathon	$ 6.63
11/27/23	Alcathon	$ 68.00
11/27/23	Alcathon	$ 35.00
	Grand Total	$ 209.63

Reminder to meeting secretaries to carefully complete envelopes.

Motion to accept- Suzanne C
2nd- Ardin H
GC approved.

3. Controller (M) – Robin H.

NORTH HALL CONTROLLER'S REPORT
Reporting Period From 11/1/23 - 11/30/23

Presented: 12/04/23
For month of November 2023

INCOME AND TRANSFERS					
	Income Deposited by Treasurer:				
	7th Tradition		$ 3,545.46		
	H&I		$ 79.61		
	Literature		$ 53.05		
	Other		$ 209.63		
	Sub Total Income Deposited by Treasurer			$ 3,887.75	
	Transfers In:	Alcathon Reserve	$ 265.20		
		Prudent Reserve	$ 99.71		
	Sub Total Transfers-In			$ 364.91	
TOTAL INCOME AND TRANSFERS					$ 4,252.66

EXPENSES, DISTRIBUTIONS AND TRANSFERS					
CK #	**Expenses**				
4710	Claire G.	Literature	$ 227.56		
4711	Frank H.	Alcathon	$ 265.20		
4712	Aziz Rehman	Rent	$ 3,000.00		
4713	City of Sacramento	Utilities	$ 127.77		
4714	WM Corporate Svcs	Waste Management	$ 298.01		
4715	PG&E	Gas	$ 36.03		
4716	SMUD	Electric	$ 114.24		
4716	SMUD	Electric	$ 114.24		
auto	Zoom	Monthly Fee	$ 34.22		
	Sub Total Expenses			$ 4,103.03	
CK #	**Distributions**				
4706	CCFAA	50%	$0.00		
4707	GSO	30%	$0.00		
4708	CNIA Area 07	10%	$0.00		
4709	District 24	10%	$0.00		
	Sub Total Distributions				
	Transfers-Out				
	Liability Insurance Reserve		$ 40.00		
	Alcathon Reserve		$ 109.63		
	Prudent Reserve	(to replenish prudent reserve)			
	Sub Total Transfers-Out			$ 149.63	
TOTAL EXPENSES, DISTRIBUTIONS AND TRANSFERS					$ (4,252.66)

Note: Difference between Income & Expenses is interest accrued to Savings Account

ACCOUNT BALANCES

CHECKING ACCOUNT			
Ending Balance From Last Month's Report			**$ 1,500.00**
Changes in this report			
TRANSFERS IN			
Income (Treasurer's Deposits & Cash App)		$ 3,887.75	
Transfer In (Alcathon Reserve)		$ 265.20	
Transfer In (Prudent Reserve)		$ 99.71	
	Total	**$ 4,252.66**	$ 5,752.66
TRANSFERS OUT			
Expenses		$ (4,103.03)	
Transfer Out (Liability Insurance Reserve)		$ (40.00)	
Transfer Out (Alacathon Reserve)		$ (109.63)	
	Total	**$ (4,252.66)**	$ 1,500.00
Ending Balance (Prudent Reserve $1,500)			**$ 1,500.00**

SAVINGS ACCOUNT			
Ending Balance From Last Month's Report			**$ 17,864.40**
Changes in this report			
INTEREST			
Interest Earned (to Prudent Reserve)		$ 2.14	
	Total	**$ 2.14**	$ 17,866.54
			Reconciles with bank balance as of 12/4/23
TRANSFERS IN			
Transfer In (Liability Insurance Reserve)		$ 40.00	
Transfer In (Alcathon Reserve)		$ 109.63	

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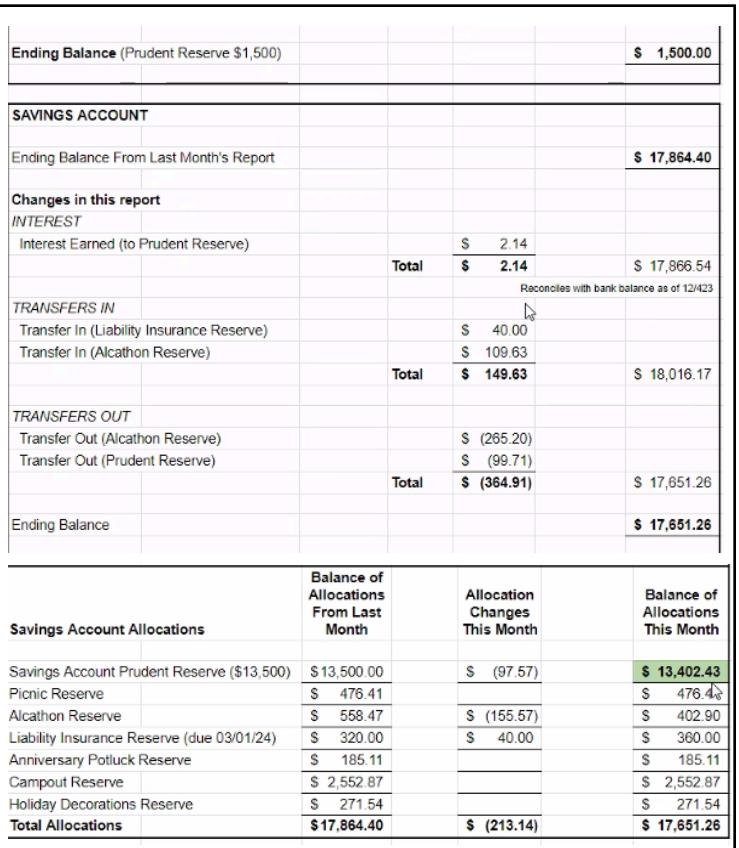
	

Ending Balance (Prudent Reserve $1,500)			**$ 1,500.00**
SAVINGS ACCOUNT			
Ending Balance From Last Month's Report			**$ 17,864.40**
Changes in this report			
INTEREST			
Interest Earned (to Prudent Reserve)		$ 2.14	
	Total	**$ 2.14**	$ 17,866.54
			Reconciles with bank balance as of 12/4/23
TRANSFERS IN			
Transfer In (Liability Insurance Reserve)		$ 40.00	
Transfer In (Alcathon Reserve)		$ 109.63	
	Total	**$ 149.63**	$ 18,016.17
TRANSFERS OUT			
Transfer Out (Alcathon Reserve)		$ (265.20)	
Transfer Out (Prudent Reserve)		$ (99.71)	
	Total	**$ (364.91)**	$ 17,651.26
Ending Balance			**$ 17,651.26**

Savings Account Allocations	**Balance of Allocations From Last Month**	**Allocation Changes This Month**	**Balance of Allocations This Month**
Savings Account Prudent Reserve ($13,500)	$13,500.00	$ (97.57)	**$ 13,402.43**
Picnic Reserve	$ 476.41		$ 476.41
Alcathon Reserve	$ 558.47	$ (155.57)	$ 402.90
Liability Insurance Reserve (due 03/01/24)	$ 320.00	$ 40.00	$ 360.00
Anniversary Potluck Reserve	$ 185.11		$ 185.11
Campout Reserve	$ 2,552.87		$ 2,552.87
Holiday Decorations Reserve	$ 271.54		$ 271.54
Total Allocations	**$17,864.40**	**$ (213.14)**	**$ 17,651.26**

4. GSR – Andrew G.	Will be electing liaisons for the district once the new panel begins. If interested come to the district meeting 2nd Wednesday of the month. Will give final report for the year
5. CCFAA – Lauri S.	Most CCFAA annual positions were filled.
6. H & I – Rob L.	Not present.
7. Steering Committee – **Adrian P.** **Kathy K.** **Leslie T.** **Randy R.** **Rosa** **Stephan T.**	Discussed feedback on hybrid meeting trial. Some of the challenges like voting protocol, how to put people on camera, how to keep screen so those not interested in being seen are protected. Discussed how to extend hand of AA- welcome packets, welcoming language. Extending 5 minutes to 10 minute for newcomers to speak.

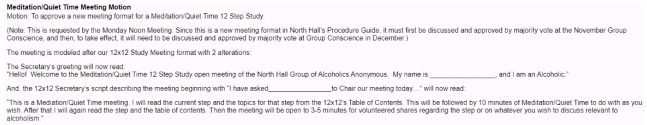
	Might be a proposal to do quarterly workshops and panels. Will do the audit next month.
8. Building Committee – **Kathy K.** **Leslie T.** **Candice (at-large)** **Peggy (at-large)**	Hall is clean and looks great, is clean and decorated for holidays. Will get new lights to address concerns about lighting in the hall. Fans have been put up. Thanks to Leslie for helping with many issues and repairs.
9. Supplies – Elizabeth E.	Not present.
10. Literature – Claire G.	Nothing to report. Ardin H will cover as literature chair and then Robin H will cover until the new secretary takes over.
11. Birthday Meeting – Vicki	Last birthday meeting- 55 years of sobriety in November. It was a good time.
12. Monthly Speaker Meeting – Jean G.	November meeting- Rose S and Jose C. They were both spectacular. Randy R and Aune C at December meeting.
13. Clean Up – Tim	Not present. Robin H said hall looking great.
14. Technology Chair – Ames	Been training Evan and updating the website. Will coordinate with new position holders so they can get the new outlook access set up.
15. Meeting Coordinator – Niki N.	Meetings are going great. Niki already working with incoming coordinator Tiffiny G.
16. Decorations Chair - Shane	A 7.5 foot tree was donated and a 9 foot tree was purchased.

	There is some question about whether the decorations chair is responsible for the alcathon decorating.
17. Alcathon - Frank	Thanksgiving alcathon went well. Vicki W and Linda B were very helpful. Looking forward to Christmas alcathon. There was one issue that came up and the person who was going to take the 6am meeting did not have the code to the hall. This issue self resolved.
18. Website Committee - John C.	Niki S presented for John C. Committee met 11/24 and went over website updates. Website ad hoc committee will review changes and implement them after discussion.
19. Anniversary Chair -Vicki W	Vicki-Wants to know if she can do some video of the hall when no one is there to use in the anniversary meeting as part of the history portion of the program. What would be the process to get permission to do that? Robin H said that is ok. Vicki also wanted to know if the hall could purchase a large 5-0 to put up since its the 50th anniversary. Meeting is 01/27. Doors open at 7:30. 8pm is the speaker meeting. Vicki would like it to be a potluck, wants to know if permission is needed. Robin H said it would be ok to do it as a potluck. Robin reviewed the anniversary chair duties. Suzanne C said the question of whether the meeting is a potluck is left to the purview of the anniversary chair. Vicki will add the potluck language to the flyer. Has one speaker so far and is working on the second speaker.

	Vicki will be grateful for any help.

Old Business	
1. Hybrid for Group Conscience Meetings Committee Report - Niki	Niki S- went to steering committee and shared information as Stephan already shared. Individuals at the hall can speak into the computer there. Additional feedback is welcome.
2. Safety Procedure Committee Report - Robin H.	No report.
3. Literature person buys chips, including 24-hour chips - Robin H.	Change #5 in Literature Person's job description: "With the Controller, arrange for the purchase of 30, 60, 90 day, 6 month and 9 month birthday chips. To: "With the Controller, arrange for the purchase of 24-hour, 30, 60, 90 day, 6 month and 9 month chips. Voted to make the change to the procedure guide. GC passed.
4. Update Living Sober secretary description re phone list - Robin H.	Remove #10: "Maintain and update the temporary sponsor list on the bulletin board." GC passed.
5. Update Meeting Coordinator description re phone list - Robin H.	Add: Monitor the NHNewcomerInfo@gmail.com email account. Respond to requests for phone list and proof of meeting attendance.

	Update the phone list twice a year in January and July. The phone list is provided on request only. It will not be posted publicly. GC passed.

New Business	
1. Proposed meeting format change - Evan T.	Monday Noon Meeting - Meditation/Quiet Time 12 Step Study. Motion: To approve a new meeting format for a Meditation/Quiet Time 12 Step Study.  **Meditation/Quiet Time Meeting Motion** Motion: To approve a new meeting format for a Meditation/Quiet Time 12 Step Study (Note: This is requested by the Monday Noon Meeting. Since this is a new meeting format in North Hall's Procedure Guide, it must first be discussed and approved by majority vote at the November Group Conscience, and then, to take effect, it will need to be discussed and approved by majority vote at Group Conscience in December.) The meeting is modeled after our 12x12 Study Meeting format with 2 alterations: The Secretary's greeting will now read: "Hello! Welcome to the Meditation/Quiet Time 12 Step Study open meeting of the North Hall Group of Alcoholics Anonymous. My name is _____, and I am an Alcoholic." And, the 12x12 Secretary's script describing the meeting beginning with "I have asked_____to Chair our meeting today..." will now read: "This is a Meditation/Quiet Time meeting. I will read the current step and the topics for that step from the 12x12's Table of Contents. This will be followed by 10 minutes of Meditation/Quiet Time to do with as you wish. After that I will again read the step and the table of contents. Then the meeting will be open to 3-5 minutes for volunteered shares regarding the step or on whatever you wish to discuss relevant to alcoholism." 2nd- Andrew G. Niki S- asked if this is for all meetings or just Monday meeting. Evan stated it is only for the Monday meeting right now, but the idea is to have a procedure if other meetings want to adopt it. Vicki W asked if this is just about the Monday meeting or about creating a procedure for other meetings to be able to create a meditation meeting. Evan said this is just for the procedure to add meditation to any meeting.

	Michael F asked if this is going to be related to the 11th step? Or is there already a process or guidance from central office that exists for this? Suzanne C understands the intent of this procedure so it is in the procedure guide. She understands the intention. She does not think that we have a practice of creating procedures for meetings that don't exist and suggests we focus on this as part of the Monday meeting specifically. Suzanne also asked if anyone else was in this meeting who can speak to their experience of the meeting. Karlin R disagrees with the comment that there is no precedent to create a procedure not tied to a specific meeting. Jean G remains unclear about whether this is a proposal to have a script change for the meeting. Jean recommends that the script needs to come in as part of the procedure guide change. Evan said that the script changes are included in his proposal as shown on the screen. Karlin called the question. The motion is clarified to be- Add a new format to the 12&12 step meeting to include the meditation aspect of the meeting and that the Monday noon meeting will adopt the new script.

	Michael F brought up that the usual process is to provide the entire meeting script. Stephan C agreed that providing the entire script is usually the process. Evan will bring this back next meeting with the full script.

What's on your mind?
-open discussion, no motions

Adjournment

Motion to adjourn John F

Second Jean G

Read responsibility statement.

Meeting adjourned 7:29pm.

Reminders (source NH Procedures Guide)

January	February	March
Picnic Chairperson	Renew Liability Insurance	Steering Committee
Campout Committee		Solicit GSR conference agenda items, GSR chairs Service Conference Agenda topics meeting
Clean Up Chairperson		Secretaries, Jr's/Hosts, Greeters
Clean Up Co-Chair		Steering Committee
		Alcathon Chairperson (starts 9/1)
April	**May**	**June**

Clean Up Chairperson		Review July GC date
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters
July	**August**	**September**
Conduct Group Inventory (Chaired by GSR)	Decorations Chairperson (starts 11/1)	General Services Representative (odd numbered years only)
Clean Up Chairperson		Alternate GSR (odd numbered years only)
Clean Up Co-Chair		Secretaries, Jr's/Hosts, Greeters
October	**November**	**December**
Clean Up Chairperson	Technology Chair Election (starts 12/1)	Annual Trusted Servants
Clean Up Co-Chair	Meeting Coordinator (starts 12/1)	Building Committee
		Secretaries, Jr's/Hosts, Greeters

At Will

- Clean-Up Day
- Group Inventory (scheduled by GSR)