



Thunder Invite

Hosted by Desert Vista High School
Friday, February 28, 2025

Track and Field Invitational
16440 S. 32nd St. Phoenix, AZ 85048

Greetings Thunder Invite participants! We are pleased to welcome you to our highly anticipated, state-qualifying meet. Enclosed you will find the essential details for your smooth participation. Please consult Exhibit A for important DVHS Trainer/Sports Medicine Information. Best of luck to everyone, and let's work together to make this edition of the Thunder Invite the best yet.

Meet Director: Biju Padmanabhan – Desert Vista Athletic Director: (480) 706-7900 Fax (480) 706-7976 email: bpadmanabhan@tempeunion.org. If you have any questions please direct them to head coaches John McCalister jmccalister@tempeunion.org AND Jessica Shearer jshearer@tempeunion.org. We kindly ask that you include both coaches in all correspondence to ensure a timely response.

Entry fee: \$275.00 per gender, or \$500.00 for both boys and girls teams. All payments should be made to: DVHS Athletics. Payment is due by February 21, 2025. Please mail a check to Desert Vista High School, Attention: Itchell Guzman, 16440 S. 32nd Street, Phoenix, AZ 85048. Meet will be limited to 15 teams.

Awards: Medals will be given out to top 3 individuals/relays. Coaches will pick up awards packets at the end of the meet.

Admission Fee: Adults: \$12.00, Students \$5.00, Passes – AIA only, Children under 5 are free. Coaches and Athletes in uniform will be admitted free of charge.

Facilities: 9 lane (10 sprint lanes) all-weather track. There are two jumping runways, 2 pole vault runway/pits, 2 HJ pits, 2 competition discus rings and two competition shot rings. **Athletes are only allowed to have 1/4-inch Pyramid spikes.**

Format: Each school will be allowed up to 5 entries per event and 1 relay per gender/school.

Official rules will follow NFHS rules. Uniform rules, and electronic devices will not be allowed on or inside the track. This also applies for field events. **No reverse runs or runs in the non-legal direction during warm-ups will be allowed on horizontal jumps, pole vault, or javelin runways. Please ensure your athlete is prepared for this. THIS WILL BE STRICTLY ENFORCED!**

Javelin will be conducted on grass. Cleats or longer spikes (½") are highly recommended for safety. **If an athlete leaves prior to completion of their field event they must check out, and immediately return after their other event. Athletes will be given 10 minutes to return upon**

completion of the running event. If they do not return within the 10 minutes, it may be considered as a pass/attempt.

Events:

All track events will run as finals (heats against time), in multiple sections as needed. 100m, 200m, 400m, and hurdle events will start and finish in same lanes

Distance events will use a single or double waterfall start depending on the # of entries for the 1600m and 3200m. The 800m will be box alley starts.

Track athletes must check in with the clerk of the course in the middle of the field, and field events athletes will check in at the event.

Boys track races will go first followed by girls.

Relays: all 4 athletes must report to clerking AND the starting line. The 4 x400 relay will be a three-turn stagger. **4x100m Relay will utilize NFHS new 30m exchange zones.**

Throwers must have their own javelins, and for shot put and discus we encourage athletes to bring their own shots and discs. All throwing events will take place at the field on the southwest corner of the campus. **Weigh-in will take place at the throwing fields:** Javelin from 11:30am to 11:45am and shot put and discus from 1:00pm to 1:30pm.

All Throws: 3 Prelim Throws...Top 9 Get three more throws in finals.

Pole Vault forms will be provided at the Pole Vault Pit. Pole Vault will increase in 6" increments, then 3". Special heights due to records and state qualifying will be implemented if needed. Coaches will be allowed in the coach's box for their athletes.

Long Jump and Triple will be contested as prelim and finals with each athlete receiving 3 efforts and top 9 receiving 3 additional efforts for the Freshman/Sophomore and Open meet. Boys and girls will compete at the same time. Triple jump will follow upon completion of long jump. Both long and triple will be done in flights.

Frosh/Soph & Open Division: 4 total jumps, no finals. The Frosh/Soph division will be scored.

Coach's boxes will be provided for 1 coach per gender at each field event. Please make sure your event coach checks in with the head event judge. For Track events, NO coach will be allowed on or inside the Track.

Warm up area will be on the infield.

Clerking will be set up on the infield on the south end of the stadium.

Coaches Meeting: There will be a coaches meeting at the finish line at 12:00pm

MISC:

- Infield is closed for all spectators, it will be used as the staging area for races, and warm-up.
- Concessions will be available.
- Trash bags will be provided for each team camp.
- Coaches' hospitality will be provided for each team

Trainer: Available on the infield, please review trainer information enclosed in Exhibit

A. Athletes must bring their own water bottles, refill stations will be available.

Team Camps: See map, marked in yellow. Camps must be set up in visitor bleachers or dirt areas outside tennis courts. Please clean up all trash, trash bags are available at the coaches meeting.

Parking: Parking for spectators is available at the Park & Ride at 40th and 202. Our main Student Parking lot off of Frye Road will open at 4:00pm. Map enclosed specifies area. **Our shuttle driver will transport on every half hour :00 and :30 from 10:30am-5:00pm.**

No Parking before 4PM
except for White Buses



40th St and 202
Park and Ride
Shuttle

There will be **no spectator parking or spectator viewing of events on 29th Place.** (This is the area outside of the school fence that is closest to the throwers areas.) Please inform your staff/spectators/athletes of this. See enclosed map for area specified. This is a direct violation of City of Phoenix Ordinances, and vehicles may be ticketed.

Bus Parking: Bus Parking: Drop-off is in the main student lot (see map), no earlier than 11:00am. Buses are not permitted to park on campus. After drop-off, buses must depart and may park at the Park & Ride at 40th St. and the 202. **Small buses may park in dirt areas in bus turn-around, off of Liberty Ln (See Map).**

Questions or comments:

Jessica Shearer
Head Coach
Desert Vista High School
jshearer@tempeunion.org
480-227-5347 (text OK)

John McCalister
Head Coach
Desert Vista High School
jmccalister@tempeunion.org
818-205-7827 (text OK)

We kindly ask that you include both coaches in all correspondence to ensure a timely response.

TENTATIVE TIME SCHEDULE

Gates Open @ 11:00 am

Coaches Meeting @ 12:00 pm at Finish Line

Javelin Weigh-ins 11:00-11:45 am

Warm-up @ 11:30 am

**Competition @ 12:00 pm on the
throwing fields (see map)**

Shot, Discus Weigh-ins

1:00 pm-1:30 pm

Competition upon completion of Javelin

Boys Shot & Girls Discus (Approx 2:30pm)

Followed by Boys Discus & Girls Shot

Boys & Girls Pole Vault (2 pits)

Warm-up @ 12:00 pm

Opening Height Boys 7-0 Girls 5-0

Competition @ 1:00 pm

Boys & Girls Long Jump (2 pits)

Warm-up @ 12:30 pm

Comp. @ 1:00 am followed by Triple

Boys & Girls High Jump (2 pits)

Warm-up @ 12:30 pm

Opening Height Boys 5-2 Girls 4-2

Competition at 1:00 pm

Running Boys followed by Girls (rolling schedule)

1:00 PM: 3200m Relay

100HH/110HH

100m

1600m

400m Relay

400m

300 H

800

200m

3200m

1600m Relay

**** We will keep a rolling schedule. Please make sure your athletes listen to report calls.**




Desert Vista HS
16440 S. 32nd St.
Phoenix, AZ 85048

Bus Drop off before
10:50 AM
Student lot available
after 4:00 PM

Spectator
Entrance

Desert Vista High School

Hospitality

Team Camps Marked in Yellow.
No Tennis Court Access.

Limited White
Bus Parking

Throwing
Fields

~~Bus Drop-Off
8:45a-3:00p~~

Fwy
Pecos Rd
S Mountain Fwy

E Pecos Rd

Team Camp Stands



Pres Box/Home Stands

Exhibit A

Desert Vista Athletic Trainers will provide:

1. Multiple drinking stations with water/gatorade for all athletes.
2. Ice bags for same day injuries.
3. Any form of taping for all athletes who provide taping supplies (tape, pre-wrap, heel & lace pads etc.) for the tape job they need.
4. Any first aid, i.e., wound care, to all athletes injured during the course of the Invite.
5. Foam rollers and Theraguns for light massage
6. Shade/ice tub for athletes who are suffering from heat illness

We will be unable to provide:

1. Sunscreen, replacement spikes or spike wrenches.
2. A shady place to sit or hang out
3. Ice for personal bottles, jugs, or uses other than injuries.
4. Elastic wraps for pre- or post-race injuries.
5. Icy Hot or any other form of "heat" balms or lotions.
6. Tape for mark spots for relays/ jumps and or to keep shoes together.

Please remind all your athletes with allergies or that are prone to allergic reactions/attacks to bring all inhalers or medications required in case they have an episode.

Please make us aware of any of your athletes that are diabetic and remind them to have plenty of snacks/drinks with them, to keep their blood sugar from dipping too low.

A limited amount of cups will be provided for drinking water. Please advise your athletes to bring their own bottles to supplement your team.

Ice bags will be provided for same day acute injuries. Chronic injuries, such as shin splints, will not be eligible as we need to maintain our ice levels for acute injuries or heat related illness.

Lastly, please make sure that you have an emergency transport form for all your athletes participating if they sustain an injury that requires transport by ambulance to the ER.

Thank you in advance for your understanding and cooperation.



Desert Vista High School

16440 South 32nd Street
Phoenix, AZ 85048-7807
480-706-7900

INVOICE

Date:	2/28/25
From:	Desert Vista Athletics dvhathletics@tempeunion.org
Event:	Desert Vista Track & Field Thunder Invite \$275.00 per gender or \$500.00 for both boys and girls teams All payments should be made to: Desert Vista High School Attn: Athletics 16440 S. 32nd Street Phoenix, AZ 85048

*If payment has already been submitted or arranged, please disregard this invoice.



BUY TICKETS ONLINE

USE THE QR CODE BELOW, OR
VISIT [GOFAN.CO](https://gofan.co) & SEARCH
DESERT VISTA HIGH SCHOOL



DESERT VISTA - THUNDER INVITE
FEBRUARY 28, 2025 | 11:00 AM





COMPRAR BOLETOS EN LÍNEA

UTILICE EL CÓDIGO QR A CONTINUACIÓN, O
VISITA GOFAN.CO Y BUSCA
DESERT VISTA HIGH SCHOOL



DESERT VISTA - THUNDER INVITE
FEBRUARY 28, 2025 | 11:00 AM

