



Broadford Secondary College

Health and Wellbeing calendar of events

TERM 1

2026

*Please refer below for a detailed description of the programs we are facilitating

Week of term	Week starting	Program
Week 1	27/1	Welcome to the 2026 school year
Week 2	2/2	
Week 3	9/2	Making connections
Week 4	16/2	Random acts of kindness week Making connections
Week 5	23/2	Young men group. Making connections
Week 6	2/3	MSC youth service visit Young men group Making connections
Week 7	9/3	Young men group Making connections
Week 8	16/3	Young men group Making connections
Week 9	23/3	Young men group Making connections
Week 10	30/3	
School	holidays	Happy Easter to all our families



School	holidays	
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February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	6	7
9	10	11	12	13 SWIM SPORTS
16 RANDOM ACTS OF KINDNESS WEEK	17 RANDOM ACTS OF KINDNESS DAY	18	19	20
3	24	25 Young men group	26 Making Connections	27



March 2026

Wellbeing Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2 MSC YOUTH SERVICES VISIT	3	4 Young men group	5 Making Connections	6
9	0	1 Young men group	2 Making Connections	3
16	17	18 Young men group	19 Making Connections	20 <i>Harmony Day Celebration</i>
3	24	25 Young men group	26 Making Connections	27
30				



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April 2026

Wellbeing Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 LAST DAY OF TERM	4 GOOD FRIDAY
SCHOOL HOLIDAYS		1	1	1
1 SCHOOL HOLIDAYS	1	1	1	1
20 DAY ONE TERM 2	21	22	23 Making Connections	24



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27	28	29	30 Making Connections	1
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MAY
TERM 2 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7 Making Connections	8
11	12	13	14 Making Connections	15



18	19	20	21 Making Connections	22
25	26	27	28 Making Connections	29

Current Program Information

The Wellbeing Team and staff facilitate and/or support a range of proactive, preventative and early intervention programs across the school. Below is a brief description of the current wellbeing and inclusion programs scheduled during the year

Targeted Positive Experience Activities (TPEA)

Group excursions where young people discover new things, expand their horizons, bond with other people, and face age appropriate challenges in a supported way- are integral to the wellbeing of young people

RAISE Program



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Raise Youth Mentoring Program is a research-led and evidence-based program that empowers young people to become more resilient, connected and hopeful for the future with the support of an adult mentor from local business and community members

Wellbeing activity group

A program that combines physical training, team building, personal growth and development. The aim of the program is to encourage school engagement, improve participants' state of mind, boost mood and increase participant concentration and confidence through a variety of team sports as selected by the participants.

Blue Edge

The program is unique and brings together small groups of up to 20 young people from Years 7-9. Led by our specialist facilitators the program is delivered across 16 sessions of 90 minutes duration with police and emergency services participating in each session. Each session consists of fitness activities, a shared meal, and workshop. Workshops focus on key capabilities including mental health and wellbeing, safe decision making, emotional regulation, resilience, and connection. Schools choose from a range of workshops that cater to each group's needs

Making Connections

Designed for a group of 6 to 8 students with the focus on the participants to develop skills that encourage connections with their peers. To develop a sense of self and belonging.

Student Mentor Program

Our student Wellbeing Leaders express their interest at the beginning of the school year and are subsequently appointed by Wellbeing staff to provide lunchtime activities, guest speakers and promote wellbeing initiatives directly to their peers.

Drumming



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A group of 6 to 8 students run weekly with drums provided by BSC using rhythmic music to enhance individual strengths and build social connections between the students.

Keeping it real

Friendships play a pivotal role in students' social and emotional lives, particularly during secondary school. Healthy friendships can therefore have a major impact on their mental health and wellbeing helping to protect young people against stress and as a result, assist in strengthening their resiliense

Fitness Programs

Sports specific program with a focus on discipline, personal growth and development. The aim of the fitness program is to encourage school engagement, improve participants' state of mind and increase participant concentration and confidence through a variety of sporting disciplines and exercises



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