

Activities and Opportunities for Individuals with Disabilities



Compiled by:

Audrey McClure

Parent Mentor, Lebanon City Schools

mcclure.audrey@lebanonschools.org

513-934-5789

Please contact programs directly for information regarding cost, dates and financial assistance. Lebanon City Schools does not endorse, recommend or support any particular regime, therapy, activity, camp or treatment. This document provides information only.

Augie's Adventures - Loveland

Offers parent support group and recreational activities for the family.

<https://www.augiesadventures1242.org/>

Autism Connections - Cincinnati - Social Programs

Our social programs are designed to help kids, teens and adults on the autism spectrum interact with peers, practice social skills, encouraging engagement and independence, build friendships, and have FUN!

<https://autismcincy.org/lifeskills/relationshipsforteens/>

Big Blue Canopy - Blue Ash- Open Gym

Open Gym allows access to our multisensory room, sensory gym and the adaptive gym during certain times of the day as a resourceful community environment for social interactions while using various therapeutic equipment.

<https://www.bigbluecanopy.com/indoor-sensory-gym/>

Capabilities - Dayton

We are an indoor play gym geared towards 0-12yrs. We do not have a set age limit to allow for cognitive differences. We are an inclusive space and our mission is to create a place where ALL kids can come play amongst their peers and siblings.

<https://capabilitiesplay.com/info>

Challenger Baseball - Mason

An Adapted Baseball Program for athletes living with disabilities.

<https://www.masonryouth.org/Default.aspx?tabid=535917>

Chuck E. Cheese - Miamisburg - Sensory Sensitive Sundays

Open 2 hours early the first Sunday of the month.

<https://www.chuckecheese.com/miamisburg-oh/sensory-sensitive-sundays/>

Cincinnati Art Museum - Connect: For Adults with Developmental Disabilities

This program is specifically designed for adults with developmental disabilities and their caregivers. Each month, meet art educators in the Great Hall to explore the galleries on a multisensory tour, then create an artwork inspired by the tour.

<https://www.cincinnatiartmuseum.org/events-programs/accessibility/connect-for-adults-with-developmental-disabilities/>

Cincinnati Ballet - CB Moves

For students ages 4 – 18 with cognitive, behavioral, or physical disabilities.

<https://cballet.org/cbmovesyouth/>

Cincinnati Cyclones - Special Hockey

We are the first special hockey program in the Greater Cincinnati Area. Our goal is to give people with developmental disabilities the chance to play the great sport of ice hockey in an environment that has been adapted to their level of ability.

<https://www.cincinnatipecialhockey.com/>

Cincinnati Dragons - Wheelchair Basketball

<https://cincinnati dragons.com/>

Cincinnati IceBreakers Sled Hockey

Adaptive Ice Hockey is for persons living with a physical impairment that prevents them from ice skating in standing. This sport is for males and females of all ages.

<https://cincinnati sled hockey.org/>

Cincinnati Therapeutic Riding & Horsemanship - Adaptive Recreational Riding

Our adaptive recreational riding program is taught in small group lessons (2–4 riders) by PATH Intl. certified instructors. Each rider is supported by a horse leader and up to two side walkers. Riders may begin at age 5 and continue into adulthood.

<https://www.ctrhohio.com/programs>

Cincinnati Zoo - Access for All

<https://cincinnati zoo.org/plan-your-adventure/zoo-access-for-all/>

Cincy Swish

Year round basketball opportunities for athletes of all abilities.

<https://www.cincyswishbasketball.com/>

Clovernook Center for the Blind & Visually Impaired - Adaptive Sports & Leisure

Clovernook Center partners with local sports organizations to remove barriers and ensure children with blindness or low vision have a chance to learn, play and leverage sports to improve their ability and empower their futures.

<https://clovernook.org/youth-programming/adaptive-sports/>

Countryside YMCA - “Sea Turtles” Adaptive Swim Lessons

Unique swim lessons designed for swimmers with special needs. All Sea Turtle swim lessons are held on Sundays.

<https://countrysideymca.org/specialty-private-swim-lessons/>

Down Syndrome Association of Greater Cincinnati - Recreation Programs

Our recreational programs offer opportunities for physical activity, socialization, and skill development in a fun and supportive environment. These programs are designed to promote inclusion, enhance physical fitness, and boost self-confidence while helping individuals with Down syndrome improve their motor skills, teamwork, and independence.

<https://www.dsagc.com/programs1/recreation-programs/>

Down to Box - Kettering

Anyone over the age of 14 years old. Our primary target population is those with Down syndrome and our curriculum is catered to those individuals specifically. However, programming is beneficial to those with other chromosomal conditions and or other intellectual disabilities as well.

<https://downtobox.org/get-involved/become-a-boxer/>

e-Buddies

e-Buddies creates social inclusion and friendships for people with and without intellectual and developmental disabilities (IDD) in a virtual space.

<https://www.bestbuddies.org/what-we-do/ebuddies/>

Fishing Has No Boundaries - Cincinnati chapter

Dedicated to the concept of opening up the great outdoors to people with special needs/disabilities of all ages through the world of fishing and enjoyment of our natural surroundings. Our event takes place each year in Mid May at beautiful Cowan Lake State Park.

<https://fhNBCinti.com/>

Fully Loaded Dance Studio - Loveland

Our special needs dance team, known as Special Forces, holds a special place within our dance community. This dedicated team comes together once a week to practice, honing their skills and preparing for thrilling dance competitions and performances.

<https://www.fullyloaddancestudio.com/page/teams-1/dance-abilities-team>

Gem City Ballet - Springboro

Dancing*Unlimited* is a dance program designed to introduce dance, music and movement to children with physical disabilities ages 5 - 18.

<https://gemcityballet.org/DancingUnlimited.html>

Get Air - Dayton

We offer a dedicated time just for jumpers with special needs. Music is played at a lower volume and the park's atmosphere is calmer. One parent or guardian can support jumpers on the trampoline for free.

<https://getairsports.com/huber-heights/events/special-needs/>

Gigi's Kitchen

Our GiGi's Kitchen programs are designed to support individuals with Down syndrome by emphasizing the importance of a healthy lifestyle and early exposure to practical cooking skills. Under the guidance of program leaders, participants will engage in activities designed to promote healthy eating habits, kitchen safety awareness, food preparation skills, self-confidence, and social skills by applying learned skills as they prepare and enjoy a shared meal/snack!

<https://gigisplayhouse.org/cincinnati/gigis-kitchen/>

iFLY

Many iFLY locations host fun All Abilities nights.

<https://www.iflyworld.com/programs/all-abilities>

JoyRide Cars

JoyRide is a car club exclusively for kids with special needs.

<https://joyridecars.org/>

Keys for Success - Adapted Instrument Instruction

<https://www.keysmusictherapy.com/adapted-instrument-instruction>

Luke5Adventures

If you or someone you love has a disability or mobility challenge, we would love to help take you on an outdoor adventure!

<https://www.luke5adventures.org/chapters/cincinnati>

Makino Park - Mason

The Common Ground Playground at Makino Park is an all-inclusive playground designed to encourage children and adults of all abilities to play together helping to build confidence, self-esteem, interpersonal relationships, and motor skills.

<https://masonparksfoundation.org/projects/common-ground/>

Mason Challenger League

Mason Challenger League gives individuals ages 5 through adult with physical and developmental disabilities the opportunity to play baseball.

<https://www.masonyouth.org/challenger>

Miracle League

Youth and Adult baseball leagues for players with physical, intellectual, and developmental disabilities.

<https://www.nuxhallmiracleleague.org/>

Ohio Sports Academy - Adaptive Gymnastics

This program is designed to provide an opportunity for children with special needs to participate in a movement program as a recreational activity. We will combine sensory, gross motor and gymnastics activities which will improve strength, flexibility, balance, direction following, and confidence in the student as well as in social settings.

<https://www.ohiosportsacademy.com/programs/adaptive-classes>

Queen City Storm - Hurricane Heroes at Kids First Sports Center

Special needs cheer team.

<https://www.kidsfirstsports.com/storm-cheer-competitive-squads>

Snapdragons - Cincinnati

The SnapDragons is a social enterprise dedicated to improving the lives of Special Needs children and adults through participation in adapted sports programs. We run programs in Baseball, Basketball, and Cheer.

<https://snapdragonscincy.org/>

Special Olympics - Ohio - Southwest Region

Regional Director: Paul Fellingner 614-239-7050

<https://sooh.org/regions-local-programs/>

Spectrum Empowerment - STEAM activities

Spectrum Empowerment is a nonprofit organization located primarily in Ohio run by high school students with the goal of exposing children on the autism spectrum and other special needs to the various aspects of STEAM and gross motor skills through live structured classes and presenting them with an opportunity to develop stronger social skills.

<https://www.spectrumempowerment.org/index>

Stepping Stones

- **Saturday Kids Club** (Ages 5-16): A weekend recreational program for children and younger teens with disabilities, featuring social activities, games, and creative projects.
- **Saturday Young Adults Club** (Ages 16-30): A social program for older teens and young adults with disabilities, designed to build independence, foster friendships, and develop life skills.
- **Summer Day Camp** (Ages 5-18): A fun-filled day camp experience offering outdoor activities, arts & crafts, and skill-building in an inclusive environment.
- **Summer Overnight Staycations** (Ages 16+): A residential summer camp experience where teens can gain independence, enjoy outdoor adventures, and participate in team-building activities.
- **Weekend Respite** (Ages 16+): A short-term overnight program providing a fun and engaging weekend retreat for teens and young adults with disabilities.

<https://steppingstonesohio.org/programs/teen/>

Stingrays Allstars Ohio

Viper Rays – Cheerleading is for everyone! Our cheer abilities program provides opportunity for athletes with disabilities to perform a group routine. These athletes practice once a week, starting in August, for an hour and focus on teamwork, skill development, confidence and overall wellness. They will perform at regional competitions.

Velocity Rays – Dance is for everyone! Our dance program is designed especially for male and female athletes with disabilities. This program offers these athletes a chance to be a part of a dance team and compete against other teams in the regional area.

<https://stingrayallstarsohio.com/special-needs/>

The Bridge - Adaptive Sports & Recreation

A comprehensive overview of the adaptive sports and activities we offer, designed to empower individuals of all abilities.

<https://www.thebridgeadaptive.org/programs-2024-all/calendar>

TOPSoccer - Cincinnati

Cincinnati TOPSoccer is a soccer league whose sole purpose is to get individuals with special needs off the sidelines and into the game! Any player age 4 and older with a physical or cognitive disability is welcome to play with us.

<https://www.cincytopsoccer.com/>