

JV Unlimited 2025 Order of Events

Field Events Starting at 4:00 pm:

Pole Vault (Start heights will be published after entries have been received). Guys and Girls on separate pits

Long Jump and Triple Jump will be 3-4 jumps and open pit for 90 minutes. One run way per event. Guys Triple/Girls Long followed by the converse

High Jump Starting height to be determined by entries (we want everyone to have a chance to make height) no check out times until down to 8 athletes, then 10 minutes max. Girls then Guys

Shot and Discus: will be thrown by school with flights, with 3-4 throws per athlete. Guys Disc/Girls Shot followed by Guys Shot/Girls Disc

Running Event Order 4:15 pm start: (Girls, then Boys for all Events)

- 110 m HH
- 100 m dash
- 1600 m
- 400 m

(15 minute break)

- 4x100m Relay (Max 2 per gender per school)
- 300 m IM
- 800 m
- 200 m
- 3200m run (*athletes timed by coaches*)