Silver RR#2
March 15-16, 2025
WWU Lakewood Water Sports Facility, Bellingham, WA

Sailing Instructions

1. **RULES:**
   - **1.1.** The regatta will be governed by the current ISSA/ICSA Procedural Rules, the Racing Rules of Sailing, the prescriptions of US Sailing, the Notice of Race and this Sailing Instructions, however:
     - **1.1.1.** The US Sailing prescriptions to rules 60, 63.2, and 63.4 will not be in effect; and
     - **1.1.2.** Under *RRS 70.5(a)*, the right of appeal is denied.
     - **1.1.3.** If there is a conflict between Procedural Rules, the protest committee shall apply the Rule(s) that it believes to be the fairest.
     - **1.1.4.** This regatta is classified as an "Open" event per NWISA District Rules.

2. **NOTICES TO COMPETITORS**
   - **2.1.** Official notices including changes to sailing instructions will be posted on the official notice board located in the Lakewood Bill McDonald Lounge.
   - **2.2.** Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect, except that a change to the schedule must be communicated by 1700 the day prior to when it takes effect.

3. **SIGNALS MADE ASHORE**
   - **3.1.** Signals made ashore shall be displayed from a race committee boat at the dock.
   - **3.2.** When flag-AP is displayed ashore, a warning signal shall not follow within 20 minutes of its removal.

4. **BOATS AND FORMAT**
   - **4.1.** The regatta will be run as a two-division A/B event.
   - **4.2.** If 20 boats or less, the event will be run as just Silver fleet, not Silver and Gallium
   - **4.3.** The event is non-rotational. Teams will sail the same boat for the duration of the event.
   - **4.4.** Teams using the host-provided boats should still plan to bring a sail for their boat.
   - **4.5.** There is no limit to the number of teams a school may field in the Silver Fleet.

5. **SCHEDULE:**

Saturday, 15th

1000	Report time. Registration.
1045	Mandatory Competitors' Meeting.
1100	Registration ends.
1130	First warning; sailing will continue throughout the day.

Sunday, 16th

0930	Report time.
1030	First warning; sailing will continue throughout the day.
1500	No race will be started after this time

1530 Results and awards presentation

Note: The Race Officer may choose to run practice starts prior to the first race of each division each day. Any changes to the schedule will be posted on the Official Notice Board located at the Lakewood Bill McDonald Lounge.

6. THE START

6.1. The start line will be between a staff on the Race Committee Boat displaying an orange flag and an orange buoy.

6.2. Races will start using *RRS US Sailing Prescription Appendix U - Sound Signal Starting System* in accordance with *ISSA PR 7.9(a)*.

6.3. The start line will be closed except for boats finishing and yet to start.

6.3.1. A boat which breaks this rule may exonerate herself by promptly taking a two-turns penalty.

6.4. Individual recalls will be made in accordance with ISSA PR 7.9b/ICSA PR 18b)ii.

6.5. General recalls will be signaled by a series of short sounds. After a general recall, the round the ends provision of *RRS 30.1* shall automatically apply. The I-Flag need not be displayed in accordance with *ISSA PR 7.9(c)* (Changes *RRS 30.1*).

7. COURSE AND MARKS

7.1. The race committee will display the course pendants prior to the warning signal and note.

7.2. Marks will be round either fender-style buoys.

7.3. In accordance with *ISSA PR 7.8(c)* after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required.

7.4. In accordance with *ISSA PR 7.8(d)* races will not be shortened, they will be abandoned.

7.5. See Course Appendix attached.

8. THE FINISH

8.1. The Finish will be the same as the start line.

8.2. The finish line is restricted to boats that are finishing or boats that have yet to *start*. A boat which breaks this rule may exonerate herself by promptly taking a two-turns penalty.

8.3. After finishing the final race of a set, competitors shall sail directly to the rotation dock to switch pairs.

8.4. The race officer may, if there is a clear order among boats that fail to finish within a timely manner, choose to finish those remaining boats in place. This changes *RRS Rule 35.*

9. PROTESTS AND REDRESS

9.1. Protests will be in the form of three minute justices. This changes *ISSA PR 16e*.

9.2. A coach or a person in a similar capacity may serve as part of a protest committee. This changes *ISSA PR 17*.

9.3. The time limit for filing protests shall be 30 minutes after the race committee reaches the shore after racing is done for the day.

9.4. Competitors seeking redress and/or reporting a breakdown should follow the same protest procedure and notify the race committee or a support boat as soon as possible. If possible, they should attempt to finish the race(s).

10. SCORING

10.1. The regatta will be scored in accordance with *ISSA/ICSA Procedural Rules*.

10.2. Teams failing to enter RP information by the end of Sunday shall be assessed an automatic penalty in accordance with the Procedural Rules.

11. TRAVEL AND TRANSPORTATION

11.1. Teams are responsible for their own transportation. The address of the regatta site is: 2401 Lake Whatcom Blvd, Bellingham WA 98229. Directions to the racing venue can be found at https://vu.wwu.edu/lakewood.

12. PARKING AND TRAILER UNLOADING

12.1. Parking is very limited at this venue and teams should make all possible efforts to carpool to reduce the number of cars in the space.

12.2. Trailers should be parked and unloaded in the overflow lot, then hand-dollied down the service road to the bottom of the hill.

12.3. Cars and trailers should not drive down the service road unless they need to access the accessible parking. Signs marking the overflow lot and service road should be visible.

12.4. See Venue/Parking Map attached

13. COACHING

13.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from Saturday morning to the end of racing Sunday unless an exception has been explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

13.2. Competitors may receive coaching including instructions, assistance, equipment or sustenance only while on the designated rotation float or on shore.

14. SAFETY

14.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.

14.2. Due to the cold waters of Lake Whatcom, all competitors shall wear a wetsuit. Farmer John style wetsuits are acceptable. Adult size wetsuits are available at Lakewood in limited numbers

14.3. A boat that requires assistance in order to recover from a capsize shall retire from that race.

14.4. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

14.5. All sailors must complete an online waiver before participating in the event.

15. CONDUCT

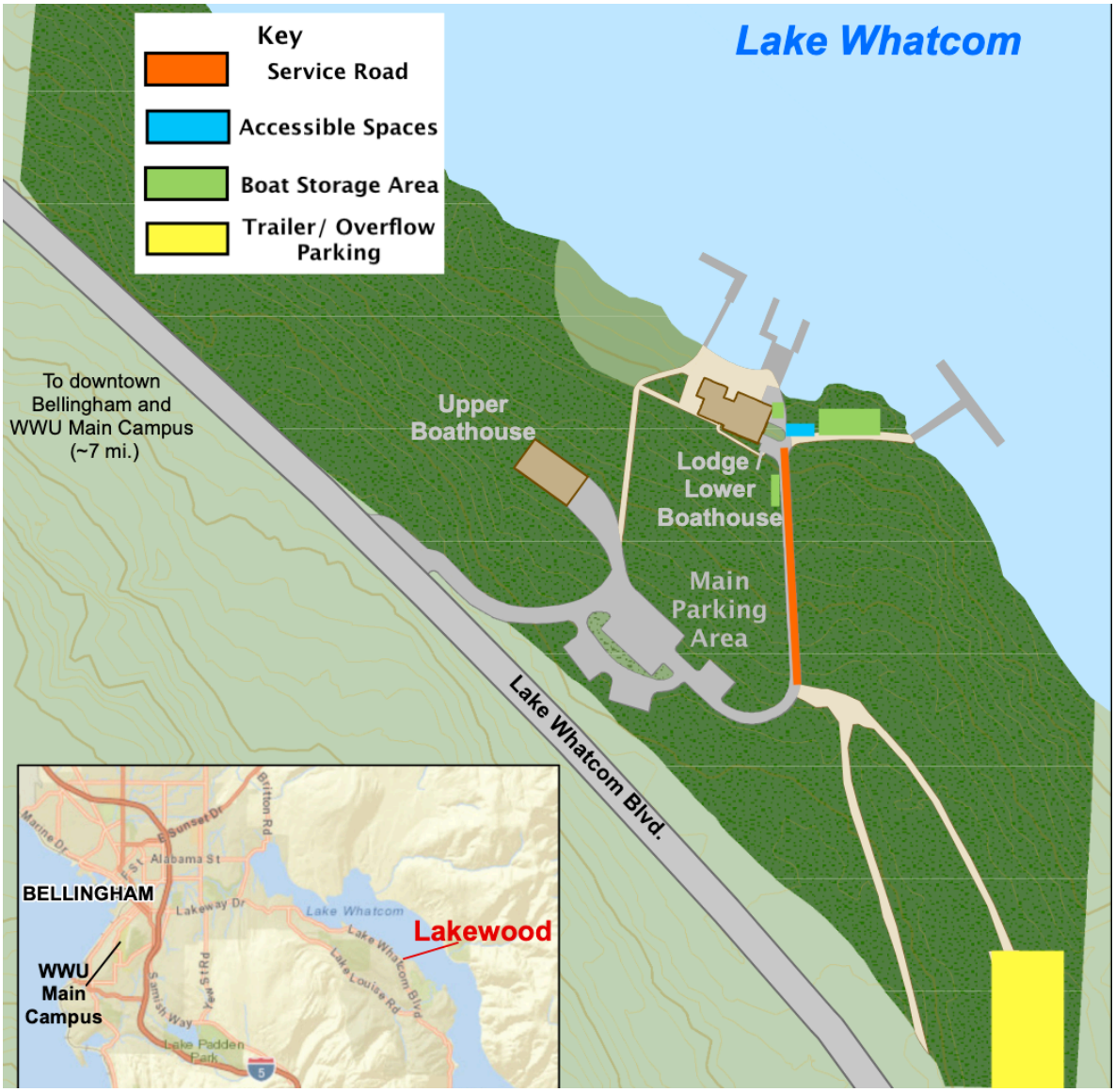
15.1. No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in *21 US Code 802*), the possession of which, by that contestant is unlawful under *21 US Code 841*.

15.2. Infringements of this regulation and/or other inappropriate conduct occurring during the regatta, may be the basis for a hearing under *RRS 69.1*. The protest committee for such a hearing shall, at a time and place selected by it, meet to hear said protest, and it may impose scoring penalties, or other sanctions that it deems appropriate, including summary removal from the regatta.

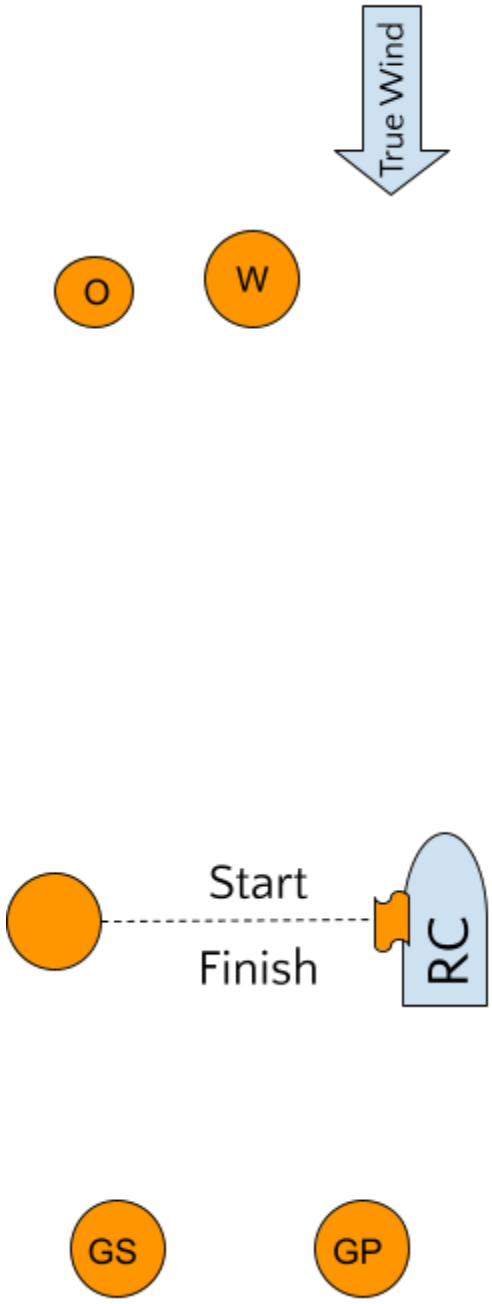
16. REGATTA CONTACTS

	Name	**Email**
Regatta Chair/ Host:	Anna Morrow	coaches@whatcomsailing.com
PRO:	Dillon Kilroy	kilroydillon@gmail.com
WWU Sailing Team:	Mary and Nathan	officers@wwusailing.org

VENUE/PARKING MAP



Course Appendix



GS Rounded to Starboard. All Other Marks Rounded to Port.

The Start Line is **CLOSED** except for boats finishing and boats who have yet to *start*.

Course 1:
S-W-O*-GS/GS**-F (Upwind Finish)
Course 2:
S-W-O*-GS/GP**-W-O*-GS/GP**-F (Upwind Finish)
Course 3:
S-W-O*-GS/GP**-W-O*-F (Downwind Finish)

*The offset mark is ignored if not present
**If a gate mark is missing, the remaining gate mark shall be rounded to port

Figures and course not drawn to scale, all angles approximate