

28 Days Of **WAR MODE** **Accountability** **So That** **You** **Land A Client**

We Have Three Sections To Run Through:

Section One:
“Introduction”

Section Two:
“Rules”

Section Three:
“Advice + Reason Behind Each Week...”

Section One: **“Introduction”**

Now Is Your Time!

You Will Never Have To End A Day Thinking...

“I Wish I Had Done More Today...”

This Challenge Will Make Sure Of That.

ONLY IF...

You Are Honest And Do NOT Quit!

**You Are Going To Gain Access To Two Google Docs That
You’re Going To Download A Copy Of To Fill In.**

The First Doc Is Here:

 **Copy of THE REAL WAR MODE WEEKLY REPORT**

**The Purpose Of This One Is To Store All Your Daily Plans And
Reports In One Organized Place.**

The Second Doc Is Here:

 **Copy of THE REAL WAR MODE DAY PLAN + REPORT**

This Is What You Will Use To Plan And Track Your Day.

(Make 7 Copies Then Paste Those Into You First 7 Days!)

Section Two:

“Rules”

1. You Will Not “MISS” One Day Or You Have To Restart From Day One.

2. You Will Post Your Day Plan In the #Accountability Roster Every Evening BEFORE That Day Starts.

3. For The Planning Of Each Day You Will First Fill In:

- Your Task List.**
- What You Are Excited For In The Future.**
- Your Task + Intentions For EVERY Hour That You Are Awake!**

(Then Post It.)

4. As The Day Goes On:

- After Each Hour You Will Spend 5 Minutes Reflecting On That Hour In The Reflection Box.**

5. After The Day Is Over:

- You Will Reflect On The Whole Day In The “End of The Of Day Report” Section.**

6. You Will Repost Your Day In The #Accountability Roster Once Completed...

Section Three:
“Advice + Reason Behind Each Week...”

Advice:

**You DO Have Control Over Your Time And What You Invest It
In...**

And This Is YOUR TIME to WIN!

If This Challenge Make You Feel Uncomfortable...

IT IS SUPPOSED TO!

**That Is More Of A Reason To Face It And Kill Any Doubts Or
Fears That You Have...**

Now, You May Be Thinking:

“I have to go to school most of the day...”

Or...

“I have to go to work most of the day...”

That is fine...

You will still have time left over to invest.

**The Real Purpose Of This Challenge Is To Show You How Much
Time You Really Have...**

**And How Much Time Is Being Wasted Without You Even Being
Aware Of It!**

**So That You Can Start Investing Every Hour In Activities That
Give You An ROI...**

- War Mode For Week 4 - War Week Advice:

Andrew's Morning Power-Up 199: War Mode...

<https://rumble.com/v2cnkpc--morning-power-up-199-war-mode.html>

War Mode Is A Powerful Thing When Done Right.

Ensure That You Still Get Enough Rest But Push Yourself!

PS:

**You Can Reduce Sleep But Make Sure That You Still Rest
Enough Depending On What You Do In The Day...**

**If You Sleep 4 Hours For 2 Nights Then Make Sure That You
Spend The 3rd Night, Getting 7 Or 9 Hours And Extra Sleep On
The Weekend.**

**Make Sure That You Eat Enough And Drink Enough Water To
Perform At Your Highest Level And Have Enough Energy.**

Exercise Daily To Lower The Stress That Is Put On You.

Reason Behind Each Week

This Challenge Will Be Split Into 4 Weeks:

Week 1: Preparation Week...

This Week Is For You To Get Ready For Your New Approach To Life...

Do What You Normally Do, But Plan Your Day And Track It.

To See Where You Are Wasting Time And Where You Are Being The Most Productive.

Tracking Each Day Will Allow You To See This In A Clear And Very Visual Way.

Week 2: Redirection Week...

After Week 1, You Will See How You Invest Your Time And Energy From A New Angle.

Allowing You To Optimize Each Day For The Greatest ROI Of Your Energy And Time.

You Can Then Adjust Your Focus And Redirect Your Life In The Direction That You Desire.

Week 3: Focus Week...

After 2 Weeks Into This Challenge, You Will Have 14 Days Recorded...

You Will Then Look Back At Everything...

Make The Last Few Adjustments So That Every Hour Of Your Day Is Spent In The Most Efficient And Effective Way Possible.

You Will Then Focus On Fully Transforming Your Approach To Each Day And Week To Be All That You Can Be...

Every Minute, Hour, Day, Week, Month And Year...

Week 4: WAR WEEK!

War Week Is Where You Will Put All Your Chips On The Table...

You Will Make A Leap Of Faith.

You Will Go Fully Into Real War Mode.

Based On The Last 3 Weeks, You Will Know Exactly What You Need To Do.

You Will Have Built Up Massive Momentum.

Now It's Time To Add Fuel To That Fire And Win!

Summary:

- 1. Make A Copy Of Both Google Doc Files.**
- 2. Plan Your First Day, The Evening BEFORE You Go To Sleep For The Day You're On.**

(For Monday's Plan, You Spend Sunday Evening Planning It)
- 3. Post That Plan Into the #Accountability Roster.**
- 4. Keep Track Of Your Day And Reflect Each Hour For 5 Minutes.**
- 5. Reflect On The Day Once You Have Finsied It And Repost It.**
- 6. Fill In Your Plan For The Next Day On The Evening Before The Day Starts.**
- 7. Rinse And Repeat For 28 Days.**
- 8. Post Your Full Weekly Report In #Accountability Roster After 7 Days For An End Of Week Report.**
- 9. Stay Tuned For The Announcement For Week 2, Week 3, And WAR WEEK...**