Michael Danner (Lyons Twp)

Mike has coached for over 30 years, mostly at Lyons Township. In cross-country Lyons, under Mike's guidance has been to the state meet and finished in the top ten twelve times. Nine of those times he has finished in the top five. His teams have won three state trophies, in 2012, 2014, in 2015. His teams have also won seven regional titles and two sectional titles and Mike has coached 22 athletes to top 25 finishes. In track and field Mike's teams have won 13 sectional titles and he has coached 24 All-State individual athletes and 15 All-State relays; mostly the 4 x 8 and the 4 x 4. He has hosted several regional and sectional meets as well as a big yearly cross-country invitational. " Mike has such a gift for getting through to all of his athletes and getting the best out of them".