

- > Please check MobileServe events list for additional opportunities!!
- ➤ This is NOT an EXHAUSTIVE (i.e. includes everything) list of service opportunities and will change often. If you are unsure if an opportunity is truly Christian service and counts toward your service hours, ask your Theology teacher.
- ➤ If you would like to volunteer with any of the organizations below, please contact the organizations directly and follow instructions given on the linked websites.
- Any production-based service like making cookies/casseroles/blankets must be organized through Dowling or your Parish. Check with your Theology teacher on these hours.

General Info and Resources

- <u>Service Hour Requirements and Reflection Paper Sample</u>
- Printable Service Verification Form

Upcoming Service Opportunities

People to People Fundraiser

People to People is hosting a Diaper and Formula fundraiser through Oct. 31st to benefit the Young Women's Resource Center. Students can receive up to five service hours - 10 diapers or one eight ounce can of formula equals one service hour. Donations can be dropped off in Room 900. Please email Mrs. Selinger with any questions.

Maroon Bake Sale for October 27 Pancake Breakfast

We are seeking donations for the Pancake Breakfast Maroon Bake Sale. Suggested items by grade level are: freshmen (cakes & pies), sophomores (cookies & bars), juniors (cinnamon rolls & muffins), seniors (chex mix & snacks). Students can earn one service hour per baked good, up to four hours. Donations can be dropped off on Friday, Oct. 25th in the north parking lot at DCHS from 7:15 am - 8:30 am or delivered to the Varied Industries Building at the from 10:00 am - 1:00 pm. *Please note: We do not have access to refrigeration. All donated items will be stored at room temperature.

OCT. 27: 63rd Annual Pancake Breakfast

Please join us in the Varied Industries Building at the Iowa State Fairgrounds for this time-honored DCHS tradition. The event runs from 7:30 a.m. - 12:00 p.m. and supports the new student activities endowment. To volunteer, <u>sign up here</u>.

NOV. 29 - DEC. 31: Holiday Hullabaloo benefiting Dorothy's House

Come help behind the scenes to bring the holiday hullabaloo to life! Shifts are 4 hours long; many shifts available on Fridays, Saturdays, and Sundays. Sign Up Here: <u>https://www.holidayhullabaloo.com/volunteer-today</u>

Ongoing Service Opportunities

Christian service opportunities are frequently available with these organizations:

- **YOUR PARISH**! We highly encourage you to call your local parish and ask if they are in need of service in any way. This could include:
 - Volunteering at Vacation Bible School
 - Volunteering your time and talent as a lector, Eucharistic Minister, server, cantor, or musician at Mass
- <u>AGAPE Pregnancy Center</u>
- Animal Rescue League of Iowa
- <u>Bidwell Riverside/Families Forward Services</u> Volunteers are needed daily in the Food and Clothing Pantry. Suggested volunteer shifts are 2-3 hours. Volunteers help in a variety of ways, including: welcoming families into the pantry, guiding clients through their grocery-shopping experience, stocking and facing grocery aisles, sorting and organizing donations, yard work (including mowing, raking, gardening, and maintaining flower beds). Volunteer Sign Up: <u>Adults</u> (18 and older) / <u>Youth</u> (Ages 12-18)
- <u>Bishop Drumm Retirement Center</u> Bishop Drumm volunteers support the staff in providing the highest quality of life for the residents. We find responsibilities for you that best serve your interests and our needs. Special skills and talents are always welcome (and needed), but the only thing that's truly required is the ability to smile and laugh. Volunteer for activities such as: companion/visitor, volunteer reader, craft helper, dining assistance, Mass ministries, etc.

- <u>Catholic Charities Des Moines</u>
- Catholic Youth Camp Volunteer Counselor: Applications open in early January, 2025!
- <u>Central Iowa Shelter & Services</u>
- Children & Family Urban Movement
- <u>ChildServe</u>
- Courage Sports/Can Play
- Dance Without Limits: Provides a dance program in Des Moines, Iowa for children and young adults with special needs who may not otherwise have the opportunity to experience the joy of dance.We are seeking volunteers with <u>or</u> without dance experience, ages 12 and up, to partner with Dance Without Limits students. Each volunteer is responsible for assisting dancers with any modifications or guidance. Our staff and lead volunteers will provide training. If you would like to sign up to volunteer, please contact us via email at <u>volunteer@dancewithoutlimits.org</u>.
- Des Moines Children's Museum (non-profit): Assist with the museum's day-to-day operations, such as sanitizing toys, resetting exhibits, and possible pop-up activities. Shifts are 2 hours each. Make sure to sign up on their website!
- DMARC Food Pantry
- Food Bank of Iowa
- <u>Freestore</u>
- GiGi's Playhouse Down Syndrome Achievement Center
- Girls On the Run Iowa
- <u>Habitat for Humanity</u>: Participate in a home build or work at the ReStore.
- Meals from the Heartland
- <u>Principal Charity Classic Golf Tournament</u>
- Pulse Life Advocates
- Ragbrai Dream Team
- <u>Special Olympics</u>: See Mr. Smith for more information!

- <u>St. Vincent de Paul</u>: There is a store very near Dowling on 8th St. If you are interested in becoming a volunteer, please contact our Holly Dommer at <u>back2work@svdpdsm.org</u>, phone (515) 282-8327 ext. 100
- <u>Urbandale Food Pantry</u>
- West Des Moines Human Services

• DCHS Options:

- Athletic Team Manager See Mrs. Webb in the Athletics Office
- Hand-Tied Blankets (organized through DCHS)
- Salvation Army Egg Casseroles (organized through DCHS; more info at this link)
- Coaching at kids' sports camps (organized by DCHS)
- Concession Stand, for a parish, Diocese, or DCHS event
- St. Joseph Fall Project See Deacon Heinrich for more info. The Fall Project will take place on Sunday, Oct. 13 from 12:30-4 p.m. at DCHS. The service project is open to students in grades 9-12 who can earn up to three service hours.
- Timing at DCHS Swim/Track Meets