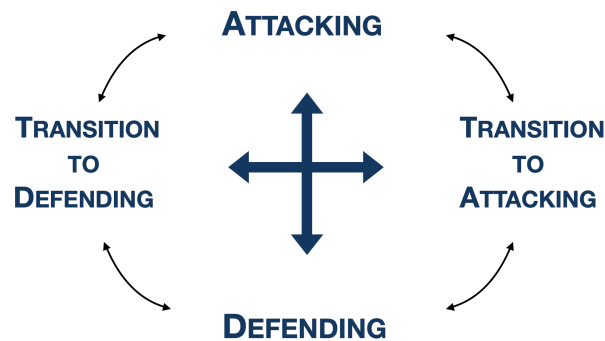


Curriculum

The [ES Soccer Curriculum](#) focuses on enhancing individual skills and improving tactical understanding of the game. Coaches will guide players through 10 weeks of training consisting of technical and tactical training. Training topics will focus on four phases of play.



Technical and Tactical Curriculum Topics

WEEK 1: DRIBBLING AND 1V1S

WEEK 6: DRIBBLING AND FINISHING THE ATTACK

WEEK 2: DRIBBLING AND FINDING THE SECOND ATTACKER

WEEK 7: MAINTAINING POSSESSION AND PREVENTING THE BUILD UP

WEEK 3: DRIBBLING AND CREATING PASSING OPTIONS

WEEK 8: MAINTAINING POSSESSION AND DEFENSIVE COMPACTNESS

WEEK 4: DRIBBLING AND MAINTAINING POSSESSION

WEEK 9: MAINTAINING POSSESSION AND PRESSURE, COVER, BALANCE

WEEK 5: DRIBBLING AND SUPPORTING THE ATTACK

WEEK 10: SCORING GOALS AND PREVENTING GOALS