

# PHYSICAL EDUCATION



## JANUARY NEWSLETTER

	In PE, students will be able to...
Kindergarten	<ul style="list-style-type: none"><li>-Catches a large ball tossed by a skilled thrower</li><li>-Dribbles a ball with 1 hand, attempting the second contact</li><li>-Participates actively in PE class</li></ul>
1st Grade	<ul style="list-style-type: none"><li>-Catches a soft object from a self-toss before it bounces</li><li>-Catches a variety of objects tossed by a skilled thrower</li><li>-Dribbles continuously in personal space using the preferred hand</li><li>-Engages actively in PE class</li></ul>
2nd Grade	<ul style="list-style-type: none"><li>-Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling it against the body</li><li>-Dribble in personal space with preferred hand demonstrating a mature pattern</li><li>-Dribbles with preferred hand while walking in general space</li><li>-Engages actively in PE class</li></ul>
3rd Grade	<ul style="list-style-type: none"><li>-Demonstrate a forearm pass (volleyball)</li><li>-Identify a realistic goal</li></ul>
4th Grade	<ul style="list-style-type: none"><li>-Demonstrate an overhead pass (volleyball)</li><li>-Explain why the personal physical activity goal is an achievable goal</li></ul>
5th Grade	<ul style="list-style-type: none"><li>-Demonstrate an underhand serve (volleyball)</li><li>-Establish, monitor, and modify a personal physical activity goal</li></ul>