

**Penobscot River Educational Partnership  
presents Thursdays in September  
Parent/Educator Sessions  
with Bangor Public Health and Community Services**

Any parent or educator from a PREP school may attend one, or all, of the following sessions from 5 p.m. – 6 p.m.:

**Thursday, September 9<sup>th</sup>**

Where's the User's Manual

*Presented by Brianna Bryant, Bangor Public Health and Community Services*

Teens' and adults' brains work differently! While we know this is all part of the developmental journey, sometimes it's hard to understand and connect with our youth. This presentation will explore key points in teen brain development, why social connections at school play such an important role, and how substance use can affect the developing brain. We will also share tips and tricks (from the experts themselves-teens!) for open and constructive conversations to prevent high risk choices and support healthy, thriving teens.

Zoom link:

<https://us02web.zoom.us/j/84175269525?pwd=dXZWRXVXMXJqN2JEOGpxcGhHRVI0UT09>

Meeting ID: 841 7526 9525

Passcode: 560596

One tap mobile

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**Thursday, September 16<sup>th</sup>**

Marijuana in the New Millennium

*Presented by Jamie Comstock, Bangor Public Health and Community Services*

We are living in a world with readily available edibles, extracts, wax and beyond. Learn skills to recognize these new products, along with trends and the public health and safety landscape in states implementing medical and adult use/commercial market marijuana laws. We'll also share resources for teachers, administration, and parents.

Zoom link:

<https://us02web.zoom.us/j/86185333914?pwd=d1Bqbzd6cDdKbDZlMjRVUDNGNjBtQT09>

Meeting ID: 861 8533 3914

Passcode: 213453

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### **Thursday, September 23rd**

#### I Don't Know of Anyone with Substance Use Disorder, Or Do I?

*Presented by Denise Smith, Bangor Public Health and Community Services*

19.7 million people have substance use disorders. They are our friends, neighbors, and family members. In this presentation, we will challenge our assumptions about substance use disorder, learn about the science of addiction, explore risk and protection factors that affect student success, and identify overdose prevention resources.

Zoom link:

<https://us02web.zoom.us/j/84300725306?pwd=dms1ZThEQU5adlVoZmw4MUZFS3phZz09>

Meeting ID: 843 0072 5306

Passcode: 067947

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### **Thursday, September 30th**

#### Creating Inclusive Environments for LGBTQ+ Youth

*Presented by Brianna Bryant, Bangor Public Health and Community Services*

20% of Maine youth are part of the LGBTQ+ community. Sadly, LGBTQ+ students report higher rates of feeling unsafe at school, social isolation, and substance use than their non-LGBTQ+ peers. However, we can change this! A new website, [www.lgbtqsupportme.org](http://www.lgbtqsupportme.org), created by public health practitioners in Maine, aims to provide resources (primarily for educators) to create inclusive environments for the health and academic success of all students. During this session, we'll explore ways to use the website's featured resources in classrooms, and how to connect LGBTQ+ youth to broader support networks.

Zoom link:

<https://us02web.zoom.us/j/83820928663?pwd=VUp6Ymt5dXB BRE5jK3BOMVFWMIZGUT09>

Meeting ID: 838 2092 8663

Passcode: 118404

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**These engaging presentations are informative and well worth your time! Join us!**