Penobscot River Educational Partnership presents Thursdays in September Parent/Educator Sessions with Bangor Public Health and Community Services

Any parent or educator from a PREP school may attend one, or all, of the following sessions from 5 p.m. – 6 p.m.:

Thursday, September 9th

Where's the User's Manual

Presented by Brianna Bryant, Bangor Public Health and Community Services

Teens' and adults' brains work differently! While we know this is all part of the developmental journey, sometimes it's hard to understand and connect with our youth. This presentation will explore key points in teen brain development, why social connections at school play such an important role, and how substance use can affect the developing brain. We will also share tips and tricks (from the experts themselves-teens!) for open and constructive conversations to prevent high risk choices and support healthy, thriving teens.

Zoom link:
https://us02web.zoom.us/j/84175269525?pwd=dXZWRXVXMXJqN2JEOGpxcGhHRVl0UT09

Meeting ID: 841 7526 9525
Passcode: 560596

One tap mobile
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+13126266799,,84175269525#,,,,*560596# US (Chicago)

Thursday, September 16th

Marijuana in the New Millennium

Presented by Jamie Comstock, Bangor Public Health and Community Services

We are living in a world with readily available edibles, extracts, wax and beyond. Learn skills to recognize these new products, along with trends and the public health and safety landscape in states implementing medical and adult use/commercial market marijuana laws. We'll also share resources for teachers, administration, and parents.

Zoom link:
https://us02web.zoom.us/j/86185333914?pwd=d1Bqbzd6cDdKbDZlMjRVUDNGNjBtQT09

Meeting ID: 861 8533 3914
Passcode: 213453
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Thursday, September 23rd

I Don't Know of Anyone with Substance Use Disorder, Or Do I?

Presented by Denise Smith, Bangor Public Health and Community Services

19.7 million people have substance use disorders. They are our friends, neighbors, and family members. In this presentation, we will challenge our assumptions about substance use disorder, learn about the science of addiction, explore risk and protection factors that affect student success, and identify overdose prevention resources.

Zoom link:
https://us02web.zoom.us/j/84300725306?pwd=dms1ZThEQU5adlVoZmw4MUZFS3phZz09

Meeting ID: 843 0072 5306
Passcode: 067947
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+19292056099,,84300725306#,,,,*067947# US (New York)

Thursday, September 30th

Creating Inclusive Environments for LGBTQ+ Youth

Presented by Brianna Bryant, Bangor Public Health and Community Services

20% of Maine youth are part of the LGBTQ+ community. Sadly, LGBTQ+ students report higher rates of feeling unsafe at school, social isolation, and substance use than their non-LGBTQ+ peers. However, we can change this! A new website, www.lgbtqsupportme.org, created by public health practitioners in Maine, aims to provide resources (primarily for educators) to create inclusive environments for the health and academic success of all students. During this session, we'll explore ways to use the website's featured resources in classrooms, and how to connect LGBTQ+ youth to broader support networks.

Zoom link:
https://us02web.zoom.us/j/83820928663?pwd=VUp6Ymt5dXBBRE5jK3BOMVFWMlZGUT09

Meeting ID: 838 2092 8663
Passcode: 118404
One tap mobile
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These engaging presentations are informative and well worth your time! Join us!