

Packing Guidelines

What to Wear

Everyday Clothes

- ✓ **Jeans, shorts, skirts, slacks, or casual dresses** (Keep it neat - no extreme rips, cutoffs, or inappropriate graphics)
- ✓ **3-4 short-sleeve tops & 2-3 long-sleeved tops**
- ✓ **PJs or something comfy to sleep in**
- ✓ **Undergarments & socks** (you know the drill!)
- ✓ **Jacket or sweatshirt** - Evenings can get chilly!
- ✓ **COMFORTABLE shoes** - Lots of walking, so sneakers > flip flops

Required Outfits

♥ **Black pants or skirt** - for the official photo

Business attire for Carson City (Legislative Day):

- Slacks or skirts that go to the knees
- No spaghetti straps - cover those shoulders!
- Closed-toe dress shoes - no flip flops

💡 Pro Tip: Just wear nice slacks and a blouse - it's easy and appropriate!

Personal Care

Bring whatever you need to feel human in the morning:

-  Soap, shampoo, conditioner
-  Toothbrush & toothpaste
-  Cosmetics (if you wear them)
-  Hair stuff: brush, ties, bobby pins, blow dryer, etc.
-  Hair tools (curing iron, straightener, etc.)
-  Shower shoes & towel
-  Deodorant

Sleep Stuff

Dorm rooms don't have bedding! Bring:

 Sheet or cover for *twin XL* mattress

 Sleeping bag or blanket(s)

 Pillow

Supplies for Activities

Especially useful when you're running for office or doing creative stuff:

 Pens, pencils, markers

 Small scissors

 Construction paper

 Blue masking tape (only blue is allowed!)

Talent Show (optional)

Thinking of performing? Bring:

 Costume or outfit

 Sheet music, script, etc.

 Musical instrument (we have an electric piano!)

Extras to Make Life Easier

 Refillable water bottle

 Some spending money

Absolutely NOT Allowed

Don't bring these. Seriously.

 Glitter

 Gum

 Any tape except blue masking tape

 Alcohol

 Weapons (obviously)

Final Checklist

Clothing & Shoes	Personal Care	Bedding	Other Items
☐ Black pants/skirt	☐ Toothbrush & Toothpaste	☐ Twin XL sheet/cover	☐ Pens, pencils, markers
☐ Business outfit	☐ Shampoo & Conditioner	☐ Sleeping bag or blanket(s)	☐ Construction paper
☐ Closed-toe shoes	☐ Deodorant	☐ Pillow	☐ Blue masking tape
☐ Casual clothing & shoes	☐ Hair care items		☐ Refillable water bottle
☐ Jacket/sweatshirt	☐ Shower shoes		☐ Any medications
☐ Undergarments	☐ Towel		
☐ Socks	☐ Cosmetics (if needed)		
☐ PJs			

DISCLAIMER: Nevada Girls State is not responsible for the care of **any** items you bring with you, including any loss, theft, or damage that may occur. Furthermore, if a participant uses any item inappropriately or in any manner that is disruptive to the program (particularly cell phones), the staff reserves the right to confiscate the item(s) until the end of the session.