

This list was compiled by the IATSE Motion Picture & Television Department and will be updated as we receive corrections to the existing information or additional resources to add. If you are a member with questions about how to apply for specific aid please reach out to your local for assistance.

See list of updates at the end of the doc.

SUGGESTED ORGANIZATIONS FOR DONATIONS

If you have members of your community who wish to make donations to help benefit IATSE members impacted by the current lack of work, we suggest one of the following organizations

[Motion Picture & TV Fund](#) – primary source of industry aid for Los Angeles based industry workers

[The Entertainment Community Fund](#) – primary source of industry aid for US based industry workers

[The Actors Fund of Canada](#) – primary source of industry aid for Canadian industry workers

[Labor Community Services](#) – support workers impacted by strikes throughout LA and were our partners in the LA based food bank at the IATSE West Coast Office on 7/28/23

GENERAL STRIKE LINKS

[WGA contract website](#) – includes picket line information and other updates

[SAG-AFTRA website](#) – includes picket line info, list of project waivers and other updates

[AFL Petition supporting the WGA](#)

FINANCIAL ASSISTANCE

[Motion Picture & TV Fund](#) – primary source of industry support for Los Angeles based industry workers

Industry non-profit that may provide direct emergency financial assistance towards basic living expenses, such as housing and food. This hardship fund offers aid that is supplemental but never able to be at a level where the funds could fully support all unemployed workers' needs.

For those under 65, please call our intake line at (323) 634-3888.

For those 65 or over, please call (323) 634-3866

Additional services include help navigating government benefits, finding alternative health insurance options, palliative care, veterans benefit assistance, social connectivity, caregiving resources, and more. MPTF's highly trained social workers are available to help you deal with many of life's challenges, managing stress, improving work-life balance, coping with life transitions, disability, or illness, aging challenges, caring for a loved one or loss of a loved one.

They also work regularly with a large variety of community agencies and other relief organizations, and resources tailored to the needs of members of the entertainment industry.

The Entertainment Community Fund (formerly the Actors Fund) – primary source of industry support for based industry workers nationally.

Emergency financial assistance program provides temporary financial assistance to industry workers with documented financial need due to unforeseen circumstances, [application required](#).

Contact an office nearest to you:

Eastern Region - eastern@entertainmentcommunity.org - (917) 281-5919

Central Region - central@entertainmentcommunity.org - (312) 372-0989

Western Region - western@entertainmentcommunity.org - (323) 330-2455

Additional services:

- [Workshops and general resources](#) on dealing with a work stoppage
- Free and confidential social service programs address a wide array of challenges faced by people in performing arts and entertainment. Professional social workers offer support, counseling, and practical help. If you would like to speak with a social worker, click on [application](#) or contact an office nearest to you.
- [Calendar of workshops](#) - mindfulness, financial wellness, job search, apartment hunting and more
- [Support groups](#) - for many different issues ranging from anxiety issues to grief
- [Additional online resources](#)

Hollywood Support Staff Relief Fund (scroll down in list)

This is an Entertainment Community Fund managed aid fund specifically for Hollywood assistants impacted by the strike. Qualifications include:

- Employed as a film or television assistant or support staff in Los Angeles or New York for no more than three of the most recent years.
- Job loss or on hiatus due to work stoppage.
- Documented need.

Labor Community Services – for Los Angeles union members

The Labor Community Services team at the LA Fed have an assistance program that can help union members with bill pay, rent assistance, and more. To apply for the assistance program, please fill out the [LCS Assistance Intake Form](#).

NYC Mayor's Office of Media & Entertainment

[Resources for Creative Sector Workers page](#), with recorded zoom webinars and links.

Behind the Scenes - for entertainment technology professionals who are seriously ill or injured. They are unable to provide financial assistance due to strikes.

- [The Basic Needs Grant](#)- For entertainment technology professionals who are seriously ill or injured and are seeking assistance with basic living expenses (such as rent or mortgage, property taxes, utilities, insurance and transportation) or for medical expenses (including health insurance, doctor and hospital bills, medication, physical

therapy, home health care, and medical equipment. This grant is also appropriate if the eligible person has an immediate, dependent family member who is seriously ill or injured.

- [The Counseling Grant](#) - For entertainment technology professionals who would like to initiate or support ongoing counseling or participate in an in-patient or out-patient chemical dependency recovery program. Grants are issued directly to the recipient's self-selected provider, which must be a licensed social worker, psychotherapist, psychiatrist, mental health facility, emergency medical facility, or chemical dependency recovery facility.
- [The Funeral Assistance Grant](#) - For immediate family members of an entertainment technology professional who has passed away and assistance with funeral costs is needed.
- Qualifications:
 - Have earned your living for at least five years in the entertainment technology industry. This means that your major source of income is from your work in this industry, which includes being directly involved with a production-related craft:
 - Behind the scenes in any type of performance venue, or
 - Behind the camera, or
 - On the road, or
 - Work for companies who are directly involved in supplying entertainment technology products and services such as dealers, manufacturers, production or rental companies, consultants, and design firms.
 - *You do not need to be currently working in the industry as long as your time out of the industry is less than the total time you worked in the industry, unless you are retired or on permanent disability.*

Benefits Cal – California residents

Members whose income has been affected by lack of work, you may be eligible for food aid, cash aid, medical benefits, and general relief programs detailed here:

Apply directly here: benefitscal.com/ApplyForBenefits/ABOVR

If you create an account, you can manage multiple applications and save your progress. benefitscal.com/AccountManagement/AMCYA

MENTAL HEALTH & SAFETY

MPI WELLNESS PROGRAM – for those with MPI healthcare coverage

- Mental and Behavioral health support and therapy
- Substance use disorder support and programs
- Weight loss programs
- Diabetes prevention programs

- Quit smoking and vaping programs
- Free weekly health and fitness Zoom classes
- Gym Membership Discount programs
- Financial Fitness classes and private consultations

[Optum-Live and Work Well](#) - support and resources that can help you and your family including therapist search tool, discount legal services, and more. Create an account through MPI or contact your local for assistance.

[Wellbeing in Creative Arts and Entertainment](#) – supports the health, safety and wellbeing of entertainment workers on and off the picket lines!

[Virtual Support Groups](#) - connect with others experiencing entertainment-related stress.
Third Friday of Every Month – 1-2 pm PST / 4 - 5 pm EST

[Lights On! Mental Health Podcast](#) – vulnerable conversations about the entertainment and creative arts industries, mental health, trauma, therapy, racism, and sexism.

Hope for the Day -

[Suicide and Crisis Lifeline](#) - If you or someone you know is in crisis, call or text 988 to reach the [Suicide and Crisis Lifeline](#), chat with them online via their website, or text HOME to 741741 (multiple languages available). If this is an emergency, call 911.

[Find Help Search Tool](#) - allows you to find help in your area for tons of different things including reduced-cost mental health resources in your community, assistance options for food, housing, goods, transportation, health, financial aid, care, education, work, and legal help.

Alcoholics Anonymous (AA)

24-hour hotline Los Angeles 1323-936-4343 or email info@lacoaa.org
24-hour hotline Thousand Oaks. (805) 495-1111

[LA County 24/7 Substance Abuse Service Hotline](#) (SASH) (844) 804-7500

[National Domestic Violence Hotline](#) 1-(800)-799-7233

[State of California Victims Compensation and Government Claims Board](#) - Helps victims of violent crime and their families deal with the emotional, physical, and financial aftermath of crime.

[National Suicide Prevention Hotline](#) Call: 988

HEALTH

For information on any possible bridge aid through MPI or NBF please reach out to your local.

[Entertainment Health Insurance Solutions](#) - [MPTF](#) (primarily LA crew) and ECF (primarily outside LA), through [Entertainment Health Insurance Solutions](#), work together to support members in finding alternative health coverage if you fall off the plans.

Annette Greene (Director of Entertainment Health Insurance Solutions) gave a [presentation](#) outlining options for IATSE members who may be in danger of losing MPI Health coverage, from Local 705.

[Medicare/Medicaid](#) - Medicaid is a joint federal and state program that, together with the Children's Health Insurance Program (CHIP), provides health coverage to over 72.5 million Americans, including children, pregnant women, parents, seniors, and individuals with disabilities. Medicaid is the single largest source of health coverage in the United States.

[The Union Solidarity Coalition](#)

The Union Solidarity Coalition is an organization of writers and directors who wanted to help support IATSE and Teamsters kin during the strike. Their current focus is offering direct financial support to crew members who have lost health insurance due to the strike.

[Benefits Check Up Rx](#) - Connects you to programs that will help financially for people 55 and over.

[Covered California](#) - Free connections to cheap name-brand private insurance. Would recommend contacting MPTF for assistance with this.

[Georgia Mini-Cobra](#) - Small-business workers who meet additional conditions can apply for a 3-month coverage package.

[New York State of Health](#) - To view healthcare plans, eligibility information, and apply for free/low-cost coverage, make an account [here](#).

[New York Cobra](#)

If you live in New York and are losing your entertainment union health insurance, you may be eligible for a [75% discount off your COBRA rate](#).

There is information on New York State's COBRA Premium Assistance for Entertainment Industry Employees [here](#).

People can request an application for COBRA assistance either through MPI, through the Entertainment Community Fund or by emailing NY's Department of Financial Services (DFS) at COBRA.application@dfs.ny.gov.

[Los Angeles Based medical services possibly available at lower costs](#)

[Walk In GYN Care](#) – full-service walk-in center for Women's Health offering 30% off to all entertainment industry workers affected by the strike. Open 7 days a week and take walk-ins and appointments. Services include:

- Well Woman Cash package
- STD testing
- Ultrasound on site
- Pregnancy testing, birth control, reproductive care
- Pelvic pain, Fibroids
- Early pregnancy medical terminations

L.A. County Health Services - Free / Low-Cost Health Care, Ability to Pay Plan, PPP Clinics
313 N Figueroa Street Los Angeles, CA 90012
(800) 427-8700

The Wellness Center - Free / Low-Cost Health Care
1200 N State St. Los Angeles, CA 90033
(213)-784-9191

Olive View Medical Center - Free / Low-Cost Health Care
14445 Olive View Dr. Sylmar, CA 91342
(818) 364-1555

First 5 LA – Agency list serving clients in Spanish & English. Free/Low-Cost Health Care for Kids
(888) 347-7855

The Clinic Ruth Temple Health Center - Free / Low-Cost Health Care
3834 S. Western Ave. Los Angeles, CA 90062
(323) 295-6571

AltaMed Health Services
7 Southern CA Locations Free / Low-Cost Health, Dental & Senior Care

L.A. Gay & Lesbian Center - Services vary at the four locations

Women's Health Services - Free / Low-Cost Health Care
Classes, resource services, shelter,
Support groups

Tarzana Treatment Centers - Health Care, training, education & court related services. Various locations

UCLA Dentistry - School of Dentistry two Locations. Choose a student, resident or faculty dentist.

USC Dentistry - School of Dentistry. Choose a student, resident or faculty dentist.

UNEMPLOYMENT

CALIFORNIA

State unemployment benefits, paid family leave, and short-term disability leave (may be inclusive of mental health as determined by your provider).

TO FILE A CLAIM FOR UNEMPLOYMENT INSURANCE ONLINE:

1. Gather required information (Valid CA identification, most recent employer's information, employment history over the past 18 months (may be available through payroll company)).
2. Create an account on myEDD: **myedd.edd.ca.gov/s/login**
3. Submit information and fill out required forms.

For detailed instructions on applying and filing a claim: **edd.ca.gov/en/unemployment/apply/**

TO REGISTER FOR DISABILITY INSURANCE OR PAID FAMILY LEAVE ONLINE

1. Gather required information (Valid CA Identification, Social Security number, most recent employer's information per W-2 or paystub).
2. Create an account on myEDD: myedd.edd.ca.gov/s/login
3. Register for SDI Online via your myEDD account.
4. File your DI/PFL through SDI Online by selecting New Claim and specifying the type of claim you wish to follow.
5. Attach
6. (DI ONLY) Get your licensed healthcare professional to complete the Medical Certification.

For more details on filing a [Disability Insurance/Paid Family Leave claim](#) through SDI Online

Note: You must complete identity verification through ID.me before filing a claim. It may be necessary to send some documents through the mail.

Additional helpful links:

- [Benefits Calculator](#)
- [UI Online Videos page](#)
- [How to Set Up a UI Online Account](#)
- [For Your Benefit: California's Programs for the Unemployed](#)
- [Unemployment Insurance: File Claims, Payment Information, General Information](#)
- Contact your local with specific questions about filing for EDD and any specific assistance resources they might have for members. Additionally, if you still need assistance or clarification when filing an EDD claim please contact your State Assemblymember's office as they typically have staff dedicated to helping with EDD claims:
<https://findyourrep.legislature.ca.gov>

GEORGIA – Department of Labor

For Georgia members seeking unemployment insurance, the MyUI claimant portal lets you file claims, request benefits, and view determinations.

NEW YORK STATE Department of Labor

For New Yorkers seeking unemployment assistance, you can apply through your NY.gov account.

Labor Commissioner Roberta Reardon narrates this video tutorial on filing an application for unemployment benefits: youtu.be/IynNsoJbdL0

HOUSING

[Emergency Renters Assistance Program \(lacity.org\)](https://lacity.org) - "The City of Los Angeles has created a new rental assistance program funded through the United to House Los Angeles (ULA) measure to assist low-income residential renters who are at risk of homelessness due to unpaid rent as a result of COVID-19 or other financial hardship. To be eligible, a household must be obligated to pay rent on a residential dwelling and meet the requirements." See website for more detailed information. **APPLICATION OPEN: September 19, 2023 8:00 a.m. - October 2, 2023 6:00 p.m.**

Need Help Paying Bills - list of organizations and grants available to those struggling financially.

Modest Needs

- Offers grants designed to promote the self-sufficiency of individuals and families who, because they are working and live just above the poverty level, are ineligible for most types of conventional social assistance but who, all the same, are living one or two lost paychecks away from the kind of financial catastrophe that eventually leads to homelessness.
- Individuals and families are eligible to apply for assistance from Modest Needs if:
 - You are at least 18 years of age;
 - You are a legal resident of the United States or Canada;
 - You intend to apply for assistance either for yourself, or for a person living in your home;
 - Your household has at least one active bank account OR has filed a Federal Tax Return within in the past two years;
 - You have regular access to a computer and the Internet and can check your email and the Modest Needs website daily for the entire time that your application is active;
 - You have the ability to access a scanner or a fax machine for long enough to scan and upload or fax the documentation to support your application that Modest Needs will request from you during the grant application process;
 - If you rent (rather than own) your home, your household has a legal lease that your landlord and a member of your household both have signed. This lease must show the monthly cost of your rental, whether or not you pay all of this amount yourself;
 - Your household passes our 'income' and 'employment' tests, both of which are explained in the application process.

Low Income Home Energy Assistance Program (LIHEAP)

Helps keep families safe and healthy through initiatives that assist families with energy costs. We provide federally funded assistance in managing costs associated with: home energy bills, energy crises, weatherization and energy-related minor home repairs

- Call: 1-866-674-6327
- Email energyassistance@ncat.org Include your city, county, & state in the email

US Department of Housing and Urban Development

- Find your local Public Housing Agency (PHA) for assistance [here](#)
- If you need advice on any housing concern, contact a [HUD-approved housing counseling agency](#) or call toll-free (800) 569-4287.

Local Housing Legal FAQs

This tool was created by the Pew Charitable Trusts and the Stanford Legal Design Lab. Use it to find your local legal rules about housing, eviction, rent, and landlord-tenant issues. You can also find groups and guides that can help you with housing assistance.

- Find your local Public Housing Agency (PHA) for assistance [here](#)

Rebuilding Together - Services to improve the homes and lives of low-income homeowners

Home Advisor (formerly Service Magic) - Connects pre-screened service professionals including Disability service contractors. Toll Free: (866) 384-1080

CALIFORNIA Mortgage Relief Program - Homeowners can apply for mortgage relief including loan deferment and property taxes. [Check if you qualify for mortgage relief.](#)

Neighborhood Housing Services (NHS) Los Angeles mortgage relief program for landlords with 1-4 rental properties, restrictions apply.

Home Energy Assistance Program (HEAP) – California residents
May be eligible for a one-time utility assistance if you meet the income requirements.

Housing is Key – California residents
Rental Assistance | Mortgage Relief Program | Eviction Protections | Utility payment assistance.

Affordable LA Housing - Los Angeles Housing Dept rental locations

The Housing Authority – Los Angeles housing option & services

Center for NYC Neighborhoods

Available to help NY members with every step of foreclosure and homeownership at cnycn.org/how-we-help/ or 646-786-0888.

Additional resources include a free financial health toolkit toolkit.cnycn.org/ and homeownership resources homeownerhelpny.org/.

Massachusetts Affordable Connectivity Program

- ACP helps people pay for:
 - Internet service, and
 - A laptop, tablet, or desktop computer.
- You can get ACP if:
 - Your income is 200% or less than the Federal Poverty Level. Or
 - Your household qualifies for a low-income program that a participating Internet provider already offers. **Or**
- At least 1 member of your household gets help from:
 - Medicaid (Most types of MassHealth),
 - Supplemental Nutrition Assistance Program (SNAP),
 - Supplemental Security Income (SSI),
 - Federal Public Housing Assistance including Section 8,
 - Veterans' Pension and Survivors' Benefit,
 - Pell Grant in the current award year,
 - Lifeline,
 - Tribal Programs
 - Free and Reduced Price School Lunch or Breakfast Program
 - The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Program.

GROCERY / FOOD

IATSE/Teamster FOOD DRIVE @ IATSE West Coast Office - Friday, July 28, 2023, from 10 AM to 1 PM

Sponsored by The LA County Federation of Labor AFL- CIO & The LA Community Services Organization

- next one planned Friday October 27 9AM-2PM, Our Lady of Perpetual Help Church Santa Clarita



The poster features a large group photo of diverse people, including children and adults, standing together. In the background, a banner reads "No One Should Go Hungry". The top left corner has a yellow circular logo with the text "DRIVE-THRU FOOD DISTRIBUTION EVENT". The main title "HOLLYWOOD LABOR FOOD DISTRIBUTION EVENT" is in large, bold, white and yellow letters. Below the photo, a yellow banner contains the text "OUR LADY OF PERPETUAL HELP CHURCH FRIDAY, OCTOBER 27TH 9AM - 2PM". A black banner below that says "WHERE: OUR LADY OF PERPETUAL HELP CHURCH 23225 Lyons Ave, Santa Clarita CA 91321". Another black banner below that reads "FREE FOOD TO ALL ENTERTAINMENT INDUSTRY KIN". At the bottom, a yellow banner says "ALL HOLLYWOOD WORKERS IN NEED ARE INVITED:". Below the poster, there is a row of logos for various organizations: IATSE, Teamsters, WGAW (Writers Guild of America West), SAG-AFTRA, Labor Community Services, LiUNA! Local 724, and others.

Women, Infants, and Children Program (WIC)

The WIC program aims to safeguard the health of low-income women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

CalFresh Program

Federally known as the Supplemental Nutrition Assistance Program (SNAP) is a federal nutrition program (formerly known as Food Stamps) that provides eligible residents with monthly financial assistance to purchase food and other benefits that help you save. They issue monthly electronic benefits that can be used to buy most foods at many markets and food stores up to \$234.00 per month.

Counselors from Project Bread can help you apply. You can call them at 1-800-645-8333 or chat with a counselor on their website [here](#).

With an EBT card you also get free admission to a number of museums, aquariums and other places throughout California.

Senior/Older Adults: For meals in LA County and City of LA, call (800) 510-2020

Feeding America

The largest charity working to end hunger in the United States | Offers assistance locating the nearest food bank, food pantry, or other local food program to bring food to people facing hunger, as well as support applying for SNAP (Supplemental Nutrition Assistance Program) benefits.

Labor Community Services (LCS) – for Los Angeles union members

Hosts Food Distributions on an on-going basis in various communities, and most distributions are open to members of any union and the entire community.

For a list of upcoming distributions please visit: <https://lcs-la.org/events>

LA Food Bank - Provide resources for local food banks and distribution centers.

Humanitas Groceries for Writers - helps staff writers and other early career WGA members with \$100 grocery gift cards.

Green Envelope Grocery Aid

WGA captain Joelle Garfinkel helps run a grocery aid fund for Los Angeles entertainment workers. (note - has been open to workers beyond lower-level WGA Writers, Support Staffers, & PreWGA writers but has also been prioritizing those not currently eligible for unemployment. – because being on strike or unemployment has been used up).

World Harvest Food Bank in Mid City LA is giving away free groceries to writers and actors on strike. Food available to others for a flat fee or 4 hours of volunteering.

Meals for Members Food Drive by First Entertainment Credit Union - Each Friday afternoon from October 6 to November 17, we will provide bags of nonperishable food* at our Corporate Headquarters, located at 6735 Forest Lawn Drive in Hollywood. (Bank) Members can enter the building through the glass doors under the blue awning at the front of our building anytime from 12 – 2 p.m. to pick up a bag.

CHILDCARE

NEW YORK Child Care Facilitated Enrollment Project - The New York Union Child Care Coalition (a committee of the New York City Central Labor Council) has developed a pilot project for working parents to increase access to child care subsidies and quality care in New York City for children up to 13 years of age within qualifying incomes (e.g. under \$90,000 for a family of four). Child Care Subsidies are now available across New York City. These vouchers can be used for any type of child care provider and can save parents an average of \$15,000 per year (per child) in child care expenses. The pilot project is being administered by The Consortium for Worker Education (CWE) in coordination with the NYC Administration for Children's Services (ACS). See website for more details.

PET FOOD / AID

[Off the Leash & betterTogether Forever](#) have teamed up to provide LA based striking WGA and SAG-AFTRA, IATSE and Teamster members & select support staff a FREE bag of pet food every month, while supplies last. [Please apply here](#). *Program was paused on 9/12/23 because of the overwhelming response but is back up as of 9/14/23.*

[Pet Food Pantry | LA Animal Services](#) - The LA Animal Services Pet Food Pantry is a resource for low-income families and residents of Los Angeles experiencing financial hardship who need assistance to feed their animal companions. The pantry is open by appointment only. The Pet Food Pantry will be open every Sunday, from 1pm to 4pm, and will be located in the following LA Animal Services Center locations: [Chesterfield Square](#), [East Valley](#), or [North Central](#)

OTHER MISCELLANEOUS AID

[Affordable Connectivity Program - National Verifier \(getinternet.gov\)](#) - With the FCC's Affordable Connectivity Program, you can save on your bill and may be able to get high-speed internet for free. You, or your child or dependent are enrolled in government programs like Medicaid, SNAP, WIC, or others, or, based on your household income

[LA County Department of Economic Opportunity & LA County Film Office](#) - Resources for Workers and Businesses Impacted by the Entertainment Strikes Recorded webinar and support materials.

Union Plus

Partners with companies, non-profits, and others to offer discounts and assistance (mortgage assistance, insurance plans (auto, renters, homeowners, Medicare), scholarships, credit counseling and debt settlement, medical bill negotiating and more) to active union members.

[Hardship Help](#) benefits are designed to help union members when they've fallen on hard times, such as when their union goes on strike, they get laid off, or even disabled.

[Mortgage Counseling](#) - If you're facing mortgage payment problems, talk to a HUD-certified housing counselor. It's free and confidential.

[Mortgage assistance](#) - ONLY for mortgages through Union Plus

[Catholic Charities](#) - Services for food, homelessness, emergency assistance and case management

[AFL-CIO Community Services](#) comprehensive searchable list of aid and services.

[The United Way](#) - Chronic unemployment. Financial illiteracy. Homelessness. In communities around the world, individuals and families are facing financial obstacles that prevent a good quality of life.

[Benefits Finder](#) - Questionnaire to determine if you qualify for any government benefit programs

[211](#) - or call 2-1-1

Will connect you to resources available in your region related to food security, transportation, utility assistance, behavioral health, and more

211 Los Angeles - Serves all of Los Angeles County as a link between people with problems and service organizations within the community such as childcare, family counseling, substance abuse treatment, consumer assistance, help for aging parents, legal referrals. Available 24/7; calls are free and confidential.

Hope for the Day - Use the Resource Compass to find local organizations and grants that can aid with issues like housing, transportation, government benefits, food, and more. You can filter by demographics, need, income, etc.

Strike For Our Rights

Strike For Our Rights is a non-profit organization devoted to empowering workers in the United States to leverage the value of their labor as a tool for collective action. We provide education around the history and efficacy of strikes, as well as resources and financial assistance to striking workers. [Form to request strike assistance.](#)

Community Action Agencies – Some Community Action Agencies provide emergency assistance in the form of food, advocacy, shelter, prescription assistance, emergency transportation assistance, and respond to a wide array of crisis situations.

Salvation Army - Some Salvation Army chapters provide emergency financial assistance for housing or utilities. The amount and type of financial assistance programs will vary widely by center and state.

Inevitable Foundation - Has a financial aid fund for WGA writers with disabilities.

Chirp Los Angeles - Wide variety of financial and social services in the greater LA area.

<https://www.chirpla.org/resource-links>

<https://www.chirpla.org/housing-services>

CalWORKs is a public assistance program, for California residents, that provides cash aid and services to eligible families that have a child(ren) in the home.

Will Rogers Motion Picture Pioneers Foundation

Provides financial aid and supportive counseling to individuals who work in theatrical exhibition, distribution and vendors exclusive to either sector, for a minimum of five recent years, who are **encountering an illness, accident or injury.**

A team of social workers confidentially assesses the needs and financial difficulties of motion picture industry members and provides aid to support health and well-being when income and assets are limited. The program currently has six types of assistance to help those in need: Social Service Consultations, the Salah Hassanein Medical Grant, Medical Equipment Aid, Vocational Rehabilitation, the Bernie Myerson Emergency Grant (temporary financial aid for housing, utilities, food, burial or cremation costs), and the Tom Sherak Pioneer Grant (monthly stipend for frail or disabled low-income senior veterans)). Financial aid is not available to treat alcohol or substance abuse. To request an application for financial aid call (888) 994-3863, ext. 2390, or [email us](#).

Miscellaneous Artists Aid - [Emergency Aid Resources — Artists' Fellowship, Inc. \(artistsfellowship.org\)](#)

GEORGIA Department of Community Affairs - Statewide housing resources for free and affordable housing programs

NEW YORK 311 - NY members can access [housing](#), [employment assistance](#) including unemployment insurance, and [benefits](#) at [portal.311.nyc.gov](#) or by calling 311.

LOANS

First Entertainment Credit Union

First Entertainment Credit Union is a not-for-profit financial institution headquartered in Hollywood that provides resources and support to those within the entertainment industry. The Credit Union has several programs available to help their members navigate the strike with as little impact as possible to their personal finances, including a program to skip payments if you hold certain loans with them as well as emergency relief loans. Please visit their website for [full details](#). If you're not yet a First Entertainment member, you can get [additional information and easily join here](#), then take advantage of the resources they are providing.

SAG-AFTRA Federal Credit Union - also offer payment assistance and work disruption loans

Jewish Free Loan Association

If someone is out of work due to the strikes, they can apply for a 0% interest loan up to \$3,000. Remind friends and family that because we are a non-profit, and not a bank, our loans come with zero interest and zero fees, so you only repay the amount borrowed. This means you can focus on what truly matters - getting these negotiations sorted out and getting back to work. 0% interest loans to cover:

- Basic living expenses, including rent, food, and utilities.
- Childcare expenses.
- Other emergency expenses.

[Please click here to learn more.](#) All borrowers must be residents of Los Angeles, Ventura, or Santa Barbara counties, cannot have a current loan with JFLA, and must have a guarantor on the loan. regardless of religion, gender, or race.

RESTAURANT (& OTHER) DISCOUNTS

[Updated Los Angeles - WGA restaurant discounts](#) (includes some for IATSE or picketers in general)

EDUCATION

IATSE's Training Trust Fund

IATSE offers free educational opportunities to members through the TFF, such as:

- [LinkedIn Learning](#): There are over 15,000 courses available for members. Whether you're looking to learn how to build and design your own website, improve your marketing skills, or are just interested in learning something new, LinkedIn has a course for that.

- [OSHA 10-Hour General Industry](#) with a focus on the entertainment industry
- [Safety First](#) offers a specific course for makeup artists and hairstylists that focuses on best practices for sanitation.
- For members who work under ASA contracts: [Motion Picture Television Workers Online Safety Training](#).

Walsh/ Di Tolla/ Spivak Scholarship

Members with children in their senior year of high school can apply for a total of \$10,000 in scholarship funds paid out over a four-year period. Members must be in good standing, students who are already in college or taking a gap year do not qualify. (Deadline 12/31 each year)

OTHER GENERAL ASSISTANCE LINKS BY STATE/TERRITORY

ALABAMA

- Alabama AFL-CIO - <https://www.alaflcio.com/>
- Alabama Altogether - <https://altogetheralabama.org/>
- Alabama Catholic Charities - <https://www.catholiccharitiesbhm.org/>
- Alabama Department of Health - <https://www.alabamapublichealth.gov/index.html>
- Alabama Department of Labor - <https://labor.alabama.gov/unemployment.aspx>
- Alabama Food Pantries - <https://www.foodpantries.org/st/alabama>
- Alabama Red Cross - <https://www.redcross.org/local/alabama.html>
- Alabama Salvation Army - <https://salvationarmyalma.org/>
- Alabama United Way - <https://www.unitedwaysofalabama.org/>

ALASKA

- Alaska AFL-CIO - <http://www.akaflcio.org/>
- Alaska Unemployment Benefits - <https://labor.alaska.gov/unemployment/>
- Alaska Department of Labor - <https://labor.alaska.gov/>
- Food Bank of Alaska - <https://foodbankofalaska.org/>
- Alaska Food Pantries - <https://anchoragefood.org/>
- Alaska Salvation Army - <https://westernusa.salvationarmy.org/alaska/>
- Alaska United Way - <https://www.unitedway.org/local/united-states/alaska>
- Alaska Red Cross - <https://www.redcross.org/local/alaska.html>

ARIZONA

- Arizona AFL-CIO - <http://www.azaflcio.org/>
- Arizona unemployment benefits - <https://des.az.gov/services/employment/unemployment-individual>
- Arizona foodbank network - <https://azfoodbanks.org/>
- Industrial Commission of Arizona - <https://www.azica.gov/>
- Arizona Department of Health - <https://www.azdhs.gov/>
- Arizona Catholic Charities - <https://www.azdhs.gov/>
- Arizona Salvation Army - <https://arizona.salvationarmy.org/>
- Arizona United Way - <https://www.unitedway.org/local/united-states/arizona>

- Arizona Red Cross - <https://www.redcross.org/local/az-nm.html>

ARKANSAS

- Arkansas AFL-CIO - <https://www.arkansasafl-cio.org/>
- Arkansas Catholic Charities - <https://www.dolr.org/catholic-charities>
- Arkansas Department of Health - <https://www.health.arkansas.gov/>
- Arkansas Division of Workforce Services - <https://www.dws.arkansas.gov/>
- Arkansas Food Pantries - <https://www.foodpantries.org/st/arkansas>
- Arkansas Red Cross - <https://www.redcross.org/local/arkansas.html>
- Arkansas Salvation Army - <http://salvationarmyaok.org/caac/>
- Arkansas United Way - <https://www.unitedway.org/local/united-states/arkansas>

CALIFORNIA

- California AFL-CIO - <https://aflcio.org/get-local/california>
- California Unemployment Benefits - <https://edd.ca.gov/en/unemployment/>
- California Food Banks - <https://www.cafoodbanks.org/our-members/>
 - [San Diego Food Bank](#)
 - [San Diego North County Food Bank:](#)
 - [San Francisco and Marin County Food Bank:](#)
 - [Community Action Partnership Orange County \(OC Food Bank\):](#)
 - Buena Park drive-through food bank - American Legion Buena Vista
 - 8071 Whitaker Street Buena Park CA 90621
 - Drive-through food bank Saturdays 7-10am
 - **Serving veterans and their families.**
 - Food bank Anaheim - Community Action Partnerships- grocery pickup-meal service
 - 1440 S Anaheim Blvd Anaheim CA 92805
 - (714) 667-0717
 - [Food Share Ventura County \(Ventura County Food Bank\)](#)
 - <https://foodshare.com/findhelp/#findapantry>
 - Thousand Oaks / Manna Conejo Valley Food Bank
 - 805-497-4959
 - 95 North Oakview Drive Thousand Oaks CA 91362
- For information regarding food stamps, pantries, shelter, rent assistance, Covid-19 updates, etc. Contact the following and/or Dial 211 on your phone.
 - Los Angeles: <https://www.211la.org/>
 - Orange County: <https://www.211oc.org/>
 - San Diego: <https://211sandiego.org/>
 - San Francisco: <https://www.211bayarea.org/sanfrancisco/>
 - Marin County: <https://www.211bayarea.org/marin/>
- California Mortgage Relief - <https://www.housing.ca.gov/>
- California Department of Labor - <https://www.labor.ca.gov/>
- California Department of Public Health - <https://www.cdph.ca.gov/>
- California Catholic Charities - <https://catholiccharitiesca.org/>
- California Salvation Army - <https://socal.salvationarmy.org/southern-california/>
- California United Way - <https://unitedwaysca.org/>
- California Red Cross - <https://www.redcross.org/local/california/southern-california.html>

COLORADO

- Colorado AFL-CIO - <https://coaficio.org/>
- Colorado Unemployment Benefits - <https://cdle.colorado.gov/unemployment>
- Colorado Food Banks - <https://www.hud.gov/states/colorado/homeless/foodbanks>
 - Food bank of the Rockies - <https://www.foodbankrockies.org/find-food/>
- Colorado Department of Labor and Employment - <https://cdle.colorado.gov/>
- Colorado Department of Human Services - <https://cdhs.colorado.gov/>
- Colorado Catholic Charities - <https://www.ccharitiescc.org/>
- Colorado Salvation Army - <https://denver.salvationarmy.org/>
- Colorado United Way - <https://www.unitedway.org/local/united-states/colorado>
- Colorado Red Cross - <https://www.redcross.org/local/colorado.html>

CONNECTICUT

- CT AFL-CIO <https://www.ctaflcio.org/>
- CT Dept of Health <https://portal.ct.gov/dph>
- CT Unemployment Insurance <http://www.ctdol.state.ct.us/UI-online/index.htm>
- CT United Way <https://www.ctunitedway.org/>
- CT Food Banks <http://www.ctfoodbank.org/>
- CT Rhode Island Salvation Army <https://ctri.salvationarmy.org/>
- CT Red Cross <https://www.redcross.org/local/connecticut.html>

DELAWARE

- Delaware AFL-CIO <http://delawareaflcio.com/about/>
- Delaware Unemployment Insurance <https://ui.delawareworks.com/>
- Delaware Dept of Health <https://dhss.delaware.gov/dhss/>
- Delaware United Way <https://uwde.org/>
- Red Cross <https://www.redcross.org/local/maryland-delaware.html>

D.C.

- DC Metro AFL-CIO <https://www.dclabor.org/>
- DC Metro Dept of Health <https://dchealth.dc.gov/>
- DC Unemployment Insurance - <https://unemployment.dc.gov/>
- Expanded unemployment insurance:
https://does.dc.gov/sites/default/files/dc/sites/does/publication/attachments/Unemployment%20Insurance%20Guidance_r0B.pdf
- DC Area Food Bank <https://www.capitalareafoodbank.org/>
- DC Area Catholic Charities <https://www.catholiccharitiesdc.org/>
- DC United Way <https://unitedwaynca.org/>
- Salvation Army <https://salvationarmynca.org/>
- Red Cross <https://www.redcross.org/local/washington-dc.html>

FLORIDA

- Florida AFL-CIO - <http://flaflcio.org/>
- Florida Catholic Charities - Catholic Charities of the Archdiocese of Miami, Inc.
 - [Catholic Charities of the Archdiocese of Miami](#) Diocese of St. Augustine
 - [Catholic Charities Diocese of St. Petersburg, Inc.](#)
 - [Catholic Charities of Central Florida](#) (Diocese of Orlando)

- [Catholic Charities of Northwest Florida](#) (Diocese of Pensacola-Tallahassee)
- [Catholic Charities of the Diocese of Palm Beach](#)
- [Catholic Charities, Diocese of Venice, Inc.](#)
- [Catholic Charities, Jacksonville](#)
- Florida Department of Economic Opportunity - <https://connect.myflorida.com/>
- Florida Department of Health - <http://www.floridahealth.gov/>
- Florida Food Pantries - <https://www.foodpantries.org/st/florida>
- Florida Red Cross - <https://www.redcross.org/local/florida/central-florida.html>
- Florida Salvation Army - <https://salvationarmyflorida.org/>
- Florida United Way - <https://www.uwof.org/>

GEORGIA

- Georgia AFL-CIO - <https://aflcio.org/get-local/georgia>
- Georgia Department of Health - <https://dph.georgia.gov/>
- Georgia Department of Labor - <https://dph.georgia.gov/>
- Georgia/Greater Atlanta Catholic Charities - <https://catholiccharitiesatlanta.org/>
- Georgia Food Pantries - <http://georgiafoodbankassociation.org/about/contact-us/>
- Georgia Red Cross - <https://www.redcross.org/local/georgia.html>
- Georgia Salvation Army - <https://salvationarmygeorgia.org/>
- Georgia The Giving Kitchen - <https://thegivingkitchen.org/>
- Georgia United Way - <https://www.unitedway.org/local/united-states/georgia>
- ATLANTA / FULTON COUNTY
 - [Midtown Assistance Center](#) offers emergency rental assistance
 - [St. Vincent de Paul Georgia](#) provides rental assistance, but you'll need to call them for more information.
 - [BCM Georgia](#) (Buckhead Christian Ministry) offers emergency rental assistance
 - [Catholic Charities Atlanta](#) has a case management program, which can help you apply for other benefits such as SNAP to mitigate other expenses.
 - [Salvation Army Atlanta](#) offers emergency rental assistance
 - [HOPE Atlanta](#) offers emergency rental assistance
 - [211 United Way Atlanta](#) lists additional programs with more narrow eligibility (being a parent, breast cancer survivor, etc.) that are worth exploring.
 - [Legal Aid Atlanta](#) may be able to provide eligible members with legal assistance during the eviction process.
 - [Georgia Legal Aid](#) has a good explanation of tenants' rights during the eviction process as well.

HAWAII

- L665 is working with the HI AFL-CIO's Labor Community Service Program for a food distribution beginning on August 12th, to happen every other week, for all movie union members and loved ones. Food will be provided by the Hawai'i Food Bank
- Hawaii AFL-CIO - <https://www.hawaflcio.org/>
- Hawaii Unemployment - <https://labor.hawaii.gov/ui/>
- Hawaii Department of Labor - <https://labor.hawaii.gov/>
- Hawaii food bank - <https://hawaiifoodbank.org/>
- Hawaii Department of Health - <https://health.hawaii.gov/>
- Hawaii Catholic Charities - <https://www.catholiccharitieshawaii.org/>
- Hawaii Salvation Army - <https://hawaii.salvationarmy.org/>

- Hawaii United Way - <https://www.auw.org/>
- Hawaii Red Cross - <https://www.redcross.org/local/hawaii.html>

IDAHO

- Idaho AFL-CIO - <https://idahoaf-cio.org/>
- Idaho Unemployment Benefits - <https://www.labor.idaho.gov/dnn/Unemployment-Benefits>
- Idaho Department of Labor - <https://www.labor.idaho.gov/>
- Idaho Department of Health and Welfare - <https://healthandwelfare.idaho.gov/>
- Idaho Catholic Charities - <https://www.ccidaho.org/>
- Idaho Salvation Army - <https://boise.salvationarmy.org/>
- Idaho United Way - <https://www.unitedway.org/local/united-states/idaho>
- Idaho red cross - <https://www.redcross.org/local/idaho.html>

ILLINOIS

- AgeOptions - <http://www.ageoptions.org/>
- Chicago/Northern Illinois Red Cross - <https://www.redcross.org/local/illinois/chicagoand-northern-illinois.html>
- CPS Meal Sites - <https://cps.edu/OSHW/Pages/mealsites.aspx>
- Greater Chicago Food Depository - <https://www.chicagosfoodbank.org/>
- Illinois AFL-CIO - <http://www.ilaf-cio.org/>
- Illinois Catholic Charities –
 - <https://www.catholiccharities.net/>
 - <https://catholiccharitiesjoliet.org/>
- Illinois Department of Employment Security - <https://www2.illinois.gov/ides>
- Illinois Department of Public Health - <http://www.dph.illinois.gov/>
- Illinois Food Pantries - <https://www.foodpantries.org/st/illinois>
- Illinois Salvation Army - <https://centralusa.salvationarmy.org/metro/>
- Illinois United Way - <http://unitedwayillinois.org/>

INDIANA

- Indiana AFL-CIO - <https://www.inaflcio.org/>
- Indiana Catholic Charities - <https://www.catholic-charities.org/>
- Indiana Department of Health - <https://www.in.gov/isdh/>
- Indiana Department of Workforce Development - <https://www.in.gov/dwd/2334.htm>
- Indiana Food Pantries - <https://www.foodpantries.org/st/indiana>
- Indiana Red Cross - <https://www.redcross.org/local/indiana.html>
- Indiana Salvation Army - <https://centralusa.salvationarmy.org/indiana/>
- Indiana United Way - <https://uwci.org/>

IOWA

- State AFL-CIO - <https://iowaaf-cio.org/>
- Unemployment - <https://www.iowaworkforcedevelopment.gov/file-claim-unemployment-insurance-benefits>
- Department of Labor - <https://www.iowadivisionoflabor.gov/>
- Food Bank - <https://foodbankiowa.org/find-food/>
- Red Cross - <https://www.redcross.org/local/iowa.html>

- Salvation Army - <https://centralusa.salvationarmy.org/desmoines/>
- Catholic Charities - <https://www.catholiccharitiesdm.org/>
- United Way - <https://www.unitedwaydm.org/>

KANSAS

- Kansas AFL-CIO - <https://ks.aflcio.org/>
- Kansas Catholic Charities - <https://catholiccharitiesks.org/>
- Kansas Department of Health and Environment - <http://www.kdheks.gov/>
- Kansas Department of Labor - <https://www.dol.ks.gov/>
- Kansas Food Pantries - <https://www.foodpantries.org/st/kansas>
- Kansas Red Cross - <https://www.redcross.org/local/kansas.html>
- Kansas Salvation Army - <https://centralusa.salvationarmy.org/mokan/>
- Kansas United Way - <https://www.unitedway.org/local/united-states/kansas>

KENTUCKY

- Humana - <https://www.humana.com/medicaid/kentucky-medicaid/benefits/healthand-wellness>
- Kentucky AFL-CIO - <https://ky.aflcio.org/>
- Kentucky Cabinet for Health and Family Services - <https://chfs.ky.gov/Pages/index.aspx>
- Kentucky Career Center - <https://kcc.ky.gov/Pages/Locations.aspx>
- Kentucky Catholic Charities - <https://cclo.org/>
- Kentucky Food Pantries - <https://www.foodpantries.org/st/kentucky>
- Kentucky Red Cross - <https://www.redcross.org/local/kentucky.html>
- Kentucky Salvation Army - <https://ky.salvationarmy.org/lex-kentucky>
- Kentucky United Way - <https://www.unitedway.org/local/united-states/kentucky>

LOUISIANA

- Louisiana AFL-CIO - <https://la.aflcio.org/>
- Louisiana Catholic Charities - <http://www.ccano.org/>
- Louisiana Department of Health - <http://ldh.la.gov/>
- Louisiana Department of Labor - <http://www.laworks.net/Homepage.asp>
- Louisiana Food Pantries - <https://www.foodpantries.org/st/louisiana>
- Louisiana Red Cross - <https://www.redcross.org/local/louisiana.html>
- Louisiana Salvation Army - <https://salvationarmyalma.org/>
- Louisiana United Way - <https://www.unitedway.org/local/united-states/louisiana>

MAINE

- Maine AFL-CIO <https://maineaflcio.org/>
- Maine Dept of Health <https://www.maine.gov/dhhs/>
- Maine Unemployment Insurance <https://www.maine.gov/unemployment/>
- Catholic Charities Maine <https://www.ccmaine.org/get-help>
- Maine United Way <https://www.unitedway.org/local/united-states/maine>
- Maine Food Pantries <https://www.foodpantries.org/st/maine>
- Maine Red Cross <https://www.redcross.org/local/maine.html>
- Northern New England Salvation Army <https://nne.salvationarmy.org/nne/maine>

MARYLAND

- Maryland United Way <https://www.unitedway.org/local/united-states/maryland>

- Maryland Salvation Army <https://salvationarmycm.org/>
- Maryland Red Cross <https://www.redcross.org/local/maryland-delaware.html>

MASSACHUSETTS

- AFL-CIO <https://www.massafcio.org/>
- MA Dept of Health <https://www.mass.gov/orgs/department-of-public-health>
- MA Unemployment Insurance
<https://www.mass.gov/unemployment-insurance-ui-online>
- Catholic Charities Boston <https://ccab.org/basic-needs>
- MA United Way <https://www.unitedway.org/local/united-states/massachusetts>
- MA Food Pantries <https://www.foodpantries.org/st/massachusetts>
- MA Red Cross <https://www.redcross.org/local/massachusetts.html>
- MA Salvation Army <https://massachusetts.salvationarmy.org/>
- HOUSING ASSISTANCE
 - **Residential Assistance for Families in Transition (RAFT) program**
 - RAFT helps all kinds of households by providing up to \$7,000 per household, within a 12-month period, to help preserve current housing or move to new housing. RAFT can cover utilities, moving costs, and overdue rent.
 - Applicants must meet certain criteria to be eligible for RAFT:
 - Risk of homelessness/housing instability (example: applicant has received a Notice to Quit, mortgage arrears)
 - Income at or below 50% of Area Median Income (AMI), or 60% of AMI for households who are at risk of domestic violence (you can check AMI in your city/town using [this](#) online tool)
 - You can also use the eligibility checker tool [here](#) to see if you might be eligible for RAFT.
 - **Rental Relief Fund**
 - The Rental Relief Fund Rental will provide up to \$10,000 in assistance for income eligible households for up to 18 months for:
 - arrears
 - current rent
 - future rent
 - utility arrears (up to \$2,000, must have shut-off notice), and
 - moving-related expenses (when facing immediate housing insecurity).
 - After receiving two months of future rent, applicants will need to pay their rent for four to six months before applying for additional future stipends. Applicants must also be behind on rent before applying to receive additional assistance. Applicants will be required to pay 30 percent of their income towards future rent.
 - The Rental Relief Fund is open to households earning less than 50% of Area Median Income. We also prioritize households where one or more members have been unemployed for the past 90 days.
 - If you need help completing a Rental Relief Application, please email rrf@boston.gov or call 617-635-4200 and select 5.
 - **Massachusetts Division of Banks (DOB)**
 - If you are facing imminent foreclosure, *within the next 7 days*, the Massachusetts Division of Banks (DOB) may be able to help. The DOB

oversees Massachusetts laws about modification and foreclosure processes. They can make a one-time request on the homeowner's behalf and can ask the servicer to grant a 60-day stay in the foreclosure process. This stay provides extra time to work out an alternative to foreclosure.

- You can request assistance by email or phone as listed below.
- Email: dobconsumer.assistance@mass.gov
- Consumer Assistance: (617) 956-1501

- UTILITIES - [**Salvation Army Good Neighbor Energy Fund**](#)
 - The Massachusetts Good Neighbor Energy Fund is available to any Massachusetts resident who, because of temporary financial difficulty, cannot meet a month's energy expense and is not eligible for state or federal energy assistance. Income must fall between 60 and 80 percent of the state's median income levels.
 - You may apply for assistance by directly contacting your local Salvation Army Corps Community Center.

MICHIGAN

- Michigan AFL-CIO - <https://miaflcio.org/>
- Michigan Catholic Charities –
 - <https://ccsem.org/>
 - <https://ccwestmi.org/>
- Michigan Department of Health and Human Services
-<https://www.michigan.gov/mdhhs/>
- Michigan Department of Labor and Economic Opportunity
-<https://www.michigan.gov/leo/>
- Michigan Food Pantries - <https://www.foodpantries.org/st/michigan>
- Michigan Red Cross - <https://www.redcross.org/local/michigan.html>
- Michigan Salvation Army - <https://centralusa.salvationarmy.org/emi/>
- Michigan United Way - <https://www.hwmuw.org/>

MINNESOTA

- Minnesota AFL-CIO - <https://www.mnaflcio.org/>
- Minnesota Catholic Charities - <https://www.cctwincities.org/>
- Minnesota Department of Health - <https://www.health.state.mn.us/>
- Minnesota Department of Labor - <https://www.dli.mn.gov/>
- Minnesota Food Pantries - <https://www.foodpantries.org/st/minnesota>
- Minnesota Red Cross - <https://www.redcross.org/local/minnesota.html>
- Minnesota Salvation Army - <https://centralusa.salvationarmy.org/twin-cities/>
 - <https://centralusa.salvationarmy.org/northern/>
 - <https://centralusa.salvationarmy.org/northern/CentralMinneapolis/>
- Minnesota United Way - <https://www.gtcuw.org/>

MISSISSIPPI

- Mississippi AFL-CIO - <https://aflcio.org/get-local/mississippi>
- Mississippi Catholic Charities - <https://catholiccharitiesjackson.org/>
- Mississippi Department of Employment Security - <https://mdes.ms.gov/>
- Mississippi Department of Health - <https://msdh.ms.gov/>

- Mississippi Food Pantries - <https://www.foodpantries.org/st/mississippi>
- Mississippi Red Cross - <https://www.redcross.org/local/mississippi.html>
- Mississippi Salvation Army - <https://salvationarmym.org/jackson/>
- Mississippi United Way - <https://www.unitedwaysm.org/>

MISSOURI

- Missouri AFL-CIO - <https://moaflcio.org/>
- Missouri Catholic Charities - <https://www.ccstl.org/>
- Missouri Department of Health - <https://health.mo.gov/>
- Missouri Department of Labor - <https://labor.mo.gov/>
- Missouri Food Pantries - <https://www.foodpantries.org/st/missouri>
- Missouri Red Cross - <https://www.redcross.org/local/missouri.html>
- Missouri Salvation Army - <http://stlsalvationarmy.org/>
- Missouri United Way - <https://www.unitedway.org/local/united-states/missouri>

MONTANA

- Montana AFL-CIO - <https://www.mtaflcio.org/>
- Montana Department of Labor - <https://dli.mt.gov/>
- Montana Department of Health and Human Services - <https://dphhs.mt.gov/>
- Montana Food Bank Network - <https://mfbn.org/>
- Montana Salvation Army - https://westernusa.salvationarmy.org/intermountain_us_west/montana/
- Montana United Way - <https://www.unitedway.org/local/united-states/montana>
- Montana Red Cross - <https://www.redcross.org/local/montana.html>

NEBRASKA

- Nebraska AFL-CIO - <https://ne.aflcio.org/>
- Nebraska Catholic Charities - <https://www.ccomaha.org/>
- Nebraska Department of Health - <http://dhhs.ne.gov/Pages/default.aspx>
- Nebraska Department of Labor - <https://www.dol.nebraska.gov/>
- Nebraska Food Pantries - <https://www.foodpantries.org/st/nebraska>
- Nebraska Red Cross - <https://www.redcross.org/local/nebraska.html>
- Nebraska Salvation Army - <https://centralusa.salvationarmy.org/western/>
- Nebraska United Way - <https://www.unitedway.org/local/united-states/nebraska>

NEVADA

- Nevada AFL-CIO - <https://nv.aflcio.org/>
- Nevada Unemployment Insurance - <https://ui.nv.gov/css.html>
- Nevada Department of Labor - <https://labor.nv.gov/>
- Nevada Department of Health and Human Services - <https://dhhs.nv.gov/>
- Nevada Food Pantries - <https://www.foodpantries.org/st/nevada>
- Nevada Salvation Army - <https://www.salvationarmysouthernnevada.org/>
- Nevada United Way - <https://www.unitedway.org/local/united-states/nevada>
- Nevada Catholic Charities - <https://www.catholiccharities.com/>
- Nevada Red Cross - <https://www.redcross.org/local/nevada.html>

NEW HAMPSHIRE

- United Way NH: Provides Community Assistance or individuals who have been out of work or are disabled <http://www.graniteuw.org/>
- New Hampshire Department Of Health And Human Services: <https://www.dhhs.nh.gov/>
- New Hampshire Employment Security: <https://www.nhes.nh.gov/>
- Catholic Charities NH: Food Pantries, Homeless Services, Housing & Financial Counseling, Caregiver Relief <https://www.cc-nh.org/>
- New Hampshire Food Pantries
 - Gather: Assisting Seacoast Residents <https://www.gathernh.org/>
 - Nh Food Pantries.Org: https://www.foodpantries.org/st/new_hampshire

NEW JERSEY

- NJ Dept of Health <https://www.nj.gov/health/>
- NJ Unemployment Insurance <https://myunemployment.nj.gov/>
- NJ Food Bank <https://cfbnj.org/>
- United Way NJ <https://www.nj211.org/united-ways-new-jersey>
- NJ Health and Human Services Programs
<https://www.nj.gov/humanservices/dfd/programs/njsnap/>
- NJ Red Cross <https://www.redcross.org/local/new-jersey.html>

NEW MEXICO

- New Mexico AFL-CIO - <https://nmfl.org/>
- New Mexico Unemployment - <https://www.dws.state.nm.us/Unemployment>
- New Mexico Department of Workforce Solutions - <https://www.dws.state.nm.us/en-us/>
- New Mexico Department of Human Services - <https://www.hsd.state.nm.us/>
- New Mexico Association of Food Banks - <https://www.nmfoodbanks.org/>
- New Mexico Salvation Army - <https://newmexico.salvationarmy.org/>
- New Mexico United Way - <https://www.unitedway.org/local/united-states/new-mexico>
- New Mexico Catholic Charities - <https://www.ccasnm.org/>
- New Mexico Red Cross -
<https://www.redcross.org/local/az-nm/about-us/locations/new-mexico.html>

NEW YORK

- NY State AFL-CIO <https://nysaflcio.org/>
- NY State Dept of Health <https://coronavirus.health.ny.gov/home>
- NYC Dept of Health <https://www1.nyc.gov/site/doh/index.page>
- NY Unemployment Insurance <https://labor.ny.gov/unemploymentassistance.shtm>
- United Way NY State <https://uwnys.org/>
- Catholic Charities <https://catholiccharitiesny.org/find-help>
- Greater NY Red Cross <https://www.redcross.org/local/new-york/greater-new-york.html>
- Food Bank NYC <https://www.foodbanknyc.org/>
- City Harvest NYC <https://www.cityharvest.org/>
- Food Bank Westchester <https://feedingwestchester.org/> Rockland County United Way
<https://www.uwrc.org/>
- Rockland County United Way <https://www.uwrc.org/>
- Rockland County Food Pantry
<http://www.sunyrockland.edu/campus-life/services/connection-center/rockland-county-food-pantry-list>

NORTH CAROLINA

- Food Bank of Central & Eastern North Carolina: Non-Profit organization that provides food in 34 counties in central and eastern North Carolina. The food bank is affiliate member of Feeding America, the nation's leading domestic hunger relief charity <https://foodbankcenc.org/>
- North Carolina Center for Nonprofits: Members can find information on Financial Resources available, Employee Benefits and Human Resources, Health and Safety <https://www.ncnonprofits.org/resources/pandemicresources>
- United Way NC: Provides Community Assistance or individuals who have been out of work or are disabled <https://www.unitedwaync.org/>
- NC Department of Commerce Division of Employment Security <https://des.nc.gov/>

NORTH DAKOTA

- State AFL-CIO - <https://ndaflcio.org/>
- Unemployment - <https://www.jobsnd.com/unemployment-individuals>
- Department of Labor - <https://www.nd.gov/labor/>
- Food Bank - <https://www.greatplainsfoodbank.org/get-help/partner-food-pantries/>
- Red Cross
 - Eastern - <https://www.redcross.org/local/mn-nd-sd/about-us/locations/eastern-north-dakota-northwestern-minnesota.html>
 - Western - <https://www.redcross.org/local/mn-nd-sd/about-us/locations/western-north-dakota.html>
- Salvation Army - <https://centralusa.salvationarmy.org/northern/>
- Catholic Charities - <https://www.catholiccharitiesnd.org/>
- United Way - <https://www.unitedway.org/local/united-states/north-dakota>

OHIO

- Ohio AFL-CIO - <http://ohioaflcio.com/>
- Ohio Catholic Charities - <https://ccdacle.org/>
- Ohio Department of Health - <https://odh.ohio.gov/wps/portal/gov/odh/home>
- Ohio Department of Job and Family Services - <https://unemployment.ohio.gov/>
- Ohio Food Pantries - <https://www.foodpantries.org/st/ohio>
- Ohio Red Cross - <https://www.redcross.org/local/ohio/buckeye.html>
- Ohio Salvation Army - <https://co.salvationarmy.org/>
- Ohio United Way - <http://ouw.org/>

OKLAHOMA

- Oklahoma AFL-CIO - <https://unionhall.aflcio.org/oklahoma-state-afl-cio>
- Oklahoma Catholic Charities - <https://catholiccharitiesok.org/>
- Oklahoma Department of Health - <https://www.ok.gov/health/>
- Oklahoma Employment Security Commission - <https://unemployment.state.ok.us/>
- Oklahoma Food Pantries - <https://www.foodpantries.org/st/oklahoma>
- Oklahoma Red Cross - <https://www.redcross.org/local/oklahoma.html>
- Oklahoma Salvation Army - <https://salvationarmyokcac.org/>
- Oklahoma United Way - <https://www.unitedwayokc.org/>

OREGON

- Oregon AFL-CIO - <https://www.oraflcio.org/>
- Oregon Unemployment Insurance - <https://www.oregon.gov/employ/unemployment/pages/default.aspx>
- Oregon Department of Labor - <https://www.oregon.gov/boli/pages/index.aspx>
- Oregon Department of Human Services - <https://www.oregon.gov/dhs>
- Oregon Food Bank - <https://www.oregonfoodbank.org/>
- Oregon Salvation Army - <https://portland.salvationarmy.org/>
- Oregon United Way - <https://www.unitedway.org/local/united-states/oregon>
- Oregon Catholic Charities - <https://www.catholiccharitiesoregon.org/>
- Oregon Red Cross - <https://www.redcross.org/local/oregon.html>

PENNSYLVANIA

- PA AFL-CIO <http://www.paaficio.org/>
- PA Dept of Health <https://www.health.pa.gov/Pages/default.aspx>
- PA Unemployment Insurance <https://www.uc.pa.gov/unemployment-benefits/Pages/default.aspx>
- Philadelphia Dept of Health <https://www.phila.gov/departments/departments-of-public-health/>
- PA United Way <https://www.uwp.org/>
- General Assistance <https://www.jewishrelief.org/>
- Food Banks Central PA <https://www.centralpafoodbank.org/>
- PA Food Pantries <https://www.foodpantries.org/st/pennsylvania>
- PA Red Cross <https://www.redcross.org/local/pennsylvania/greater-pennsylvania.html>
- Salvation Army of Eastern PA and Del <https://pendel.salvationarmy.org/>
- **PA 211**- helps with a variety of needs including rent/mortgage, food, utilities, medication/healthcare and transportation. <https://www.pa211.org/>
- **PA Dept of Human Services Food Bank Directory** - “Feeding Pennsylvania” and “Hunger-Free Pennsylvania” member food banks offer food assistance services in each county through a network of nearly 3,000 local charitable partners — including food pantries, soup kitchens, feeding programs, and shelters. <https://www.dhs.pa.gov/about/Ending-Hunger/Pages/Food-Pantries.aspx>
- **Pennsylvania Mental Health Resources** - No matter your challenges, there are options to help you. Use this guide to find the support that works for you and your loved ones. <https://www.pa.gov/guides/mental-health/>
- **The Low Income Home Energy Assistance Program (LIHEAP)** - helps families living on low incomes pay their heating bills in the form of a cash grant. Households in immediate danger of being without heat can also qualify for crisis grants. <https://www.dhs.pa.gov/Services/Assistance/Pages/LIHEAP.aspx>
- **Women’s Health Assistance** - A search engine provided by the United Way linking you to women’s health resources. <https://www.pa211.org/get-help/health/womens-health-centers/>
- **Pittsburg**
 - **Just Harvest** is a non-profit that has served Allegheny County for over 30 years. Their mission is to end hunger through public policy and sustainable programs. They provide a number of resources our members have found helpful including assistance applying for food stamps. <https://justharvest.org/about/>

- **The Greater Pittsburgh Community Food Bank** - An excellent resource for accessing food assistance in the Pittsburgh Area including benefits and food pantries.
- **Crisis Center North** - Provides services to victims of domestic violence and their loved ones in Northern and Western Allegheny County via counseling, therapy, case management, legal and medical advocacy, and economic empowerment services. In addition, the Center provides community training on topics related to intimate partner violence and teen dating violence.
<https://www.crisiscenternorth.org/about-us>
- **Cancer Bridges** - supports those impacted by cancer through a variety of free programs and services and is based locally in Pittsburgh.
<https://cancerbridges.org/>

PUERTO RICO

- Banco De Alimentos <http://bancodealimentopr.org/>
- United Way-Puerto Rico <https://www.unitedway.org/local/united-states/puerto-rico>
- FEMA Assistance <https://www.fema.gov/disaster/3452>

RHODE ISLAND

- Department of Labor and Training Rhode Island <http://www.dlt.state.ri.us/>
- Rhode Island Food Banks
 - RI Community Food Bank <https://rifoodbank.org/>
 - RI United Way <https://www.uwri.org/>
 - Food Pantries.Org Providence, Rhode Island
<https://www.foodpantries.org/ci/ri-providence>
- If you are a Rhode Island homeowner currently struggling to make your mortgage payments and/or facing foreclosure, there are several options available to assist you:
 - Contact a HUD-approved housing counselor or the [RI Housing Help Center](#). The sooner you reach out the more options you may have. Dedicated housing counselors work with homeowners and their lenders to review and identify available options to avoid foreclosure. Options may include loan modifications, work-out agreements, repayment plans and/or referral to RI Legal Services.
 - Directly contact your loan servicer about opportunities to restructure your mortgage.
 - Contact [your local Community Action Agencies \(CAP\)](#) about available utility assistance programs.
- Utilities - **United Way Rhode Island Good Neighbor Energy Fund**
 - Rhode Islanders who need assistance from the Fund should visit their local Community Action Program (CAP) agency. CAP agencies use the guidelines found below to determine qualification. If you are unsure of the CAP agency nearest you, please contact United Way 2-1-1 in Rhode Island. Simply dial 2-1-1.
 - Household Size/Annual Income Limits and other guidelines listed on the website

SOUTH CAROLINA

- South Carolina- United Way: Provides Community Assistance or individuals who have been out of work or are disabled <https://www.uwasc.org/>
- Sc-Food Pantries.Org https://www.foodpantries.org/st/south_carolina

- South Carolina Department of Employment: <https://dew.sc.gov/>

SOUTH DAKOTA

- State AFL-CIO - <https://sd.aflcio.org/>
- Unemployment - <https://dlr.sd.gov/ra/individuals/default.aspx>
- Department of Labor - <https://dlr.sd.gov/>
- Food Bank - <https://www.feedingsouthdakota.org/>
- Red Cross
 - Central/Western - <https://www.redcross.org/local/mn-nd-sd/about-us/locations/central-western-south-dakota.html>
 - Eastern/Southern - <https://www.redcross.org/local/mn-nd-sd/about-us/locations/eastern-south-dakota.html>
- Salvation Army
 - Sioux Falls - <https://centralusa.salvationarmy.org/siouxfalls/>
 - Aberdeen - <https://centralusa.salvationarmy.org/aberdeenSD/>
 - Black Hills - <https://centralusa.salvationarmy.org/blackhills/>
- Catholic Charities
 - Sioux City - <https://www.cathchar.com/>
 - Rapid City - <https://www.cssrapidcity.com/>
- United Way
 - <https://www.unitedway.org/local/united-states/south-dakota>

TENNESSEE

- Tennessee AFL-CIO - <https://aflcio.org/get-local/tennessee>
- Tennessee Catholic Charities - <https://www.cctenn.org/>
- Tennessee Department of Health - <https://www.tn.gov/health.html>
- Tennessee Department of Human Services - <https://www.tn.gov/humanservices.html>
- Tennessee Department of Labor - <https://www.tn.gov/workforce/unemployment.html>
- Tennessee Food Pantries - <https://www.foodpantries.org/st/tennessee>
- Tennessee Red Cross - <https://www.redcross.org/local/tennessee.html>
- Tennessee Salvation Army - <http://salvationarmykytn.org/>
- Tennessee United Way - <https://www.uwtn.org/www>

TEXAS

- Texas AFL-CIO - <https://www.texasaflcio.org/>
- Texas Catholic Charities - <https://www.ccctx.org/>
- Texas Department of Health and Human Services - <https://www.dshs.texas.gov/>
- Texas Food Pantries - <https://www.foodpantries.org/st/texas>
- Texas Red Cross - <https://www.redcross.org/local/texas/central-and-south-texas.html>
- Texas Salvation Army - <https://www.salvationarmytexas.org/>
- Texas United Way - <https://www.uwtexas.org/>
- Texas Workforce Commission - <https://www.twc.texas.gov/>

UTAH

- Utah AFL-CIO - <https://utahaflcio.org/>
- Utah Unemployment Insurance - <https://jobs.utah.gov/ui/home>

- Utah Department of Workforce Services - <https://jobs.utah.gov/>
- Utah Department of Health and Human Services - <https://dhhs.utah.gov/>
- Utah Food Banks - <https://www.utahfoodbank.org/find-a-pantry/>
- Utah Salvation Army - https://westernusa.salvationarmy.org/intermountain_us_west/utah/
- Utah United Way - <https://unitedwayuc.org/>
- Utah Catholic Charities - <https://ccsutah.org/programs>
- Utah Red Cross - <https://www.redcross.org/local/utah.html>

VERMONT

- Vermont AFL-CIO <https://vt.aflcio.org/>
- Vermont Unemployment Insurance <https://labor.vermont.gov/unemployment-insurance>
- Vermont Dept of Health <https://www.healthvermont.gov/>
- Food Bank <https://www.vtfoodbank.org/>
- Vermont United Way <https://www.unitedway.org/local/united-states/vermont>
- Salvation Army <http://easternusa.salvationarmy.org/use/contact-the-salvation-army>
- Red Cross <https://www.redcross.org/local/new-hampshire-vermont.html>

VIRGINIA

- United Way: Provides Community Assistance or individuals who have been out of work or are disabled
<https://www.unitedway.org/local/united-states/virginia/united-way-of-virginia>
- Southeastern Virginia And The Eastern Shore <https://foodbankonline.org/covid-19/>
- Blue Ridge Area-Food Bank <https://www.brafb.org/>
- VA Chamber Resource Center <https://www.vachamber.com/covid-19/>
- Catholic Charities, Richmond VA <https://www.cccofva.org/>
- West Virginia Financial Aid And Assistance Programs
https://www.needhelppayingbills.com/html/west_virginia_assistance_progr.html
- Virginia Employment Commission <http://www.vec.virginia.gov/>

WASHINGTON (STATE)

- Washington AFL-CIO - <https://www.wslc.org/>
- Washington Unemployment Benefits - <https://esd.wa.gov/unemployment>
- Washington Department of Labor and Industries - <https://www.lni.wa.gov/>
- Washington Department of Social and Health Services - <https://www.dshs.wa.gov/>
- Washington Food Banks - <https://agr.wa.gov/services/food-access/access-food-near-you>
- Washington Salvation Army - <https://northwest.salvationarmy.org/>
- Washington United Way - <https://www.unitedway.org/local/united-states/washington>
- Washington Catholic Charities - <https://ccsww.org/get-help/>
- Washington Red Cross - <https://www.redcross.org/local/washington.html>

WEST VIRGINIA

- West Virginia AFL-CIO <https://www.wvafclcio.org/>
- West Virginia Unemployment Insurance <https://workforcewv.org/unemployment>
- West Virginia Dept of Health <https://dhhr.wv.gov/Pages/default.aspx>
- Food Pantries https://www.foodpantries.org/st/west_virginia
- Salvation Army <https://www.salvationarmymwv.org/>
- Red Cross <https://www.redcross.org/local/west-virginia.html>

WISCONSIN

- AFL-CIO - <https://wisaficio.org/>
- Unemployment - <https://dwd.wisconsin.gov/ui/>
- Department of Labor - <https://dwd.wisconsin.gov/>
- Food Assistance - https://www.feedingwi.org/programs/farmers_feeding_wisconsin.php
- Red Cross - <https://www.redcross.org/local/wisconsin.html>
- Salvation Army - <http://www.salvationarmywi.org/>
- Catholic Charities
 - Madison - <https://catholiccharitiesofmadison.org/>
 - Green Bay - <https://catholiccharitiesgb.org/>
 - La Crosse - <https://cclse.org/>
- United Way - <https://www.unitedwaywi.org/default.aspx>

WYOMING

- AFL-CIO - <https://www.wyomingaflcio.org/>
- Unemployment - <https://wyui.wyo.gov/benefits/home.do>
- Department of Labor - <https://dws.wyo.gov/>
- Food Bank - <https://wyomingfoodbank.org/find-food/>
- Red Cross - <https://www.redcross.org/local/wyoming/about-us/locations.html>
- Salvation Army - https://westernusa.salvationarmy.org/intermountain_us_west/wyoming/
- Catholic Charities - <https://charitieswyoming.org/>
- United Way - <https://www.unitedway.org/local/united-states/wyoming>

LOG OF DOC UPDATES

- 7/28/23 - shared with Locals
- 8/1/23 - updated to include organizations for suggested donations, added a child care section (with one current NY based service)
- 8/8/23 - updated to include additional info for Cal Fresh (free access to some museums, etc.), additional resources for Pennsylvania, and L665 organized food distributions under Hawaii subheading and a Medicaid section added under 'Health'
- 8/23/23 - Added info on the Affordable Connectivity Program (internet) under the 'Other Miscellaneous Aid' heading and added a new section with two resources 'Pet Food / Aid'
- 8/25/23 - LA DEO & LA County Film Office webinar and support materials under 'Other Miscellaneous Aid' heading
- 9/9/23 - Additional information about LA pet food program
- 9/20/23 - Added LA Emergency Renters Assistance Program information under 'Housing'
- 10/23/23 - LA based First Entertainment Credit Union Meals for Members program and information on the latest LACS food drive added to 'Grocery/Food'