



Yavneh Healthy Tech Resources

Smartphone Alternatives

<https://www.waituntil8th.org/devices>

Reasons to Delay Smartphones

Article from The Atlantic

[End the Home-Based Childhood Now](#)

Podcast: Honestly with Bari Weiss

[Smartphones Rewired Childhood. Here's How to Fix It](#)

Video: Brooke Shannon

[Tech-Wise Parenting Summit](#)

Podcast: Scrolling 2 Death

[Why We Should Delay Smartphones](#)

Website: The Anxious Generation

[Free the Anxious Generation](#)

Article: After Babel

[The Youth Rebellion Is Growing](#)

[The Revolution Has Begun in the UK](#)



Resources to help monitor and filter Smartphones and other devices

If you are committed to an iPhone or other smartphone but want to delay social media and possibly internet access we highly recommend using a third party filter, in addition to the phone's parental controls.. Unless you are very tech savvy you will probably appreciate the help of a tech expert. You can ask your "local computer guy." Another option is [TAG](#) (technology awareness group) which installs and manages free or low-cost filters. There are branches in Monsey and Clifton.

Apple

[My Kid Just Got An iPhone. Help!](#)

[Use Screen Time on your iPhone or iPad](#)

[7 Ways Kids Bypass Parental Controls on iPhone](#)

Android

[Manage your child's screen time](#)

[How to check screen time on Android](#)

Third-party filters

[Technology Awareness Group](#) (installs free or low-cost filters on all phones)

www.canopy.us

www.bark.us