

Vertigo

What do you find as the root cause of vertigo? Heavy metals, parasites, candida, radiation, viruses?



Vertigo is interesting, and hard for many to get to the root cause to help their patients/clients.

Yes, any of the toxins and pathogens you cite can be the cause, but so can structural problems in the upper cervical region. Dr. Watts likes to adjust the C1,

C2 vertebrae, and then work down into the neck muscles. The tendons in this area of the neck attach to the upper and lower cervical spine, so he finds adjustments to help restore the mechanisms of flexion in this area really helpful.

Clinically, we find when vertigo is toxin-related. There is a correlation between toxins in the stomach, and environmental chemicals, heavy metals, pesticides, and herbicides. The correlation between the stomach and small intestines impacts the way vertigo can affect the brain. The protocol clears all that's disrupting the inner terrain.

With addressing structural problems with a chiropractor, or even an acupuncturist, we find binders in general very helpful. We also find opening up the capsule of a binder (BioToxinBinder, ViRadChem, HM-ET_or Carboxy) into a glass of water and drinking it helpful, too. Recommend both approaches to taking binders to your patient/client, so they can experiment with which format works best for them.

We also like BC-ATP to upregulate energy and support mitochondrial function, and IFC to down-regulate inflammation caused by free radicals and environmental pollutants that could be exacerbating the problem.