

Therapists in the Arvada Area

*Jefferson County Public Schools does not screen/recommend any private counselors or their credentials, but provides this list to be used as a reference only. This list was generated from the website *Psychology Today*. <https://www.psychologytoday.com/us>

Jefferson Center for Mental Health	Multiple Therapists and Credentials	303-425-0300	Family, Child and Adolescent Accepts Medicaid
Kim Kelly	CSW 09927167 Kim@reconnectcounselinggroup.com	720-295-9948	Insurance: Aetna, United, Kaiser
Kaitlyn Holsapple	Marriage & Family Therapist, MA, MFTC	(720) 707-1097	Family, Child and Adolescent
Christy Belmear	Clinical Social Work/Therapist, LCSW, MS	(720) 580-5243	Trauma, Child and Adolescent
Dr. Jill Lubansky	Licensed Clinical Psychologist	(720) 386-1437	Autism, Anxiety and Depression
Pam Snyder	Clinical Social Work/Therapist, MSW, LCSW, ACT, BC-TMH	(720) 838-4531	Pre-teens, Teens and Adults with Trauma or Anxiety
Kurt Post	Licensed Professional Counselor, MA, LPC	(970) 398-3654	Pre-teens, Teens and Adults during life transitions or trauma
Linda Stilling	Marriage & Family Therapist, MS, LMFT	(720) 410-5716	Adolescents and adults, trauma, depression
Animal Assisted Therapy Programs of Colorado	Marriage & Family Therapist, PhD, LMFT, CAAP	(720) 288-0966	Mood disorders, depression, children or adolescents
Rick Cohen	Licensed Professional Counselor, MA, LPC	(303) 717-7023	Anxiety, depression, children, adolescents and adults
Ashley Hudson	Clinical Social Work/Therapist, LCSW	(720) 410-9257	Anxiety and depression, adults
Kate J Heit	Licensed Professional Counselor, MA, LPC	(303) 900-7473	Mood disorders, children, adolescents, adults

Erica Bonham	Licensed Professional Counselor, LPC, MA	(720) 636-8957	Mood disorders, adolescents and adults
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