

<p align="center">Professional Behavior Goals</p>	<p align="center">Measurable Strategies to Accomplish Goals</p>	<p align="center">Evidence of how you accomplished these goals. To be completed by _____</p>	<p align="center">Date Accomplished</p>
<p>1. Becoming more prepared in class to make engagement more active and time-worthy</p>			
<p align="center">Personal Well-being Goals</p>	<p align="center">Measurable Strategies to Accomplish Goals</p>	<p align="center">Evidence of how you accomplished these goals. To be completed by _____</p>	<p align="center">Date Accomplished</p>
<p>1. Balance working out and school</p>	<p align="center">Create a calander</p>		
<p align="center">Practice Scholar Goals</p>	<p align="center">Measurable Strategies to Accomplish Goals</p>	<p align="center">Evidence of how you accomplished these goals. To be completed by _____</p>	<p align="center">Date Accomplished</p>
<p>1. Explore AOTA and NYOTA – look in to resources</p>			
<p align="center">Professional Phase Preparation Goals</p>	<p align="center">Measurable Strategies to Accomplish Goals</p>	<p align="center">Evidence of how you accomplished these goals. To be completed by _____</p>	<p align="center">Date Accomplished</p>
<p>1. Exxact Documents in on time</p>	<p align="center">Due dates are in Exxact</p>		
<p align="center">Health Care Advocate Goals</p>	<p align="center">Measurable Strategies to Accomplish Goals</p>	<p align="center">Evidence of how you accomplished these goals. To be completed by _____</p>	<p align="center">Date Accomplished</p>
<p>1.</p>			

Year 4: Professional Development Plan

Date Developed: 9/12/2025

Date Revised:

Professional Behaviors Goals	Measurable Strategies to Accomplish Goals	Evidence of how you accomplished these goals. To be completed by _____	Date Accomplished
1. TOM Fellowship/collaboration with Pitt fellows	Planning a community event		
Personal Well-being Goals	Measurable Strategies to Accomplish Goals	Evidence of how you accomplished these goals. To be completed by _____	Date Accomplished
1. Exercise to help clear mind	Go to the gym or on a run at least 3 times a week	Put into Calander/schedule	
Health Care Advocate Goals	Measurable Strategies to Accomplish Goals	Evidence of how you accomplished these goals. To be completed by _____	Date Accomplished
N/A			
Practice Scholar Goals	Measurable Strategies to Accomplish Goals	Evidence of how you accomplished these goals. To be completed by _____	Date Accomplished
1. Research Project data collection and analysis	Throughout the semester		
Fieldwork Preparation Goals	Measurable Strategies to Accomplish Goals	Evidence of how you accomplished these goals. To be completed by _____	Date Accomplished
1. Research fieldwork sites 2. Create folder	Find out the population of fieldwork sites	Make folder for evidence that might be good for fieldwork	
NBCOT Exam Prep Goals	Measurable Strategies to Accomplish Goals	Evidence of how you accomplished these goals. To be completed by _____	Date Accomplished
N?A			