## Recreation League Sports at GIS What is it? When is it?

Rec League (RL) was created to develop skills and build character in elementary age children based from a Biblical perspective.

Rec League includes 3rd-6th grades, is co-ed, and players do not have to 'try out' for a spot on the team (. i.e. a 'no cut' policy). Soccer and Basketball are usually offered.

The goal is FUNdamentals and learning how to play sports with a Christ-like attitude! The goal is to let all the kids play and have as much playing time as possible. Teams are picked as equitably as possible. Players guard other players who have similar skill and ability. Sports Leadership students are the coaches and referees for Rec League; please show respect to them as they learn how to coach and referee.

Each Rec League sport typically lasts approximately 4-5 weeks, with practices/games on Saturday mornings from 10-11:30am, ending with an end of season tournament. If your child isn't picked up by 11:45 AM you will have to pay 500 THB for every 30 minutes after that.

## What to wear:

Please have your child wear their PE uniform to Rec League until they receive their team jerseys (which is usually the 2nd week depending on availability). For soccer cleats are optional, shin guards are *mandatory*.

Every child in RL will receive a team jersey that they are to wear to every practice and game. They get to keep the jersey when RL is finished. Please note that the jerseys and shorts are children's Thai size, which means they run small so order at least one size larger than you would in the US. Also, the shirt and shorts typically come in a set of the same size, so order accordingly.

What else to bring? A water bottle and a snack for after they are finished playing.

Cost: 400 THB per child, per RL sport.

## Ideally the seasons run:

• 1st semester: Soccer

• 2nd semester: Basketball

## Locations:

Soccer is at the GIS soccer fields closest to the roads.

Basketball will meet at the covered outdoor athletics courts.

Parents are welcome to stay and watch.