BYU's Department of Nutrition, Dietetics and Food Science developed "An Approach to Longer-term Food Storage", to assist with understanding an adequate amount of calories and protein necessary for an adult for one year.

This approach developed by BYU in 2019 can be found here:

"An Approach to Longer-term Food Storage"

The Home Storage Center, located in the same building as the Bishop's Storehouse, does have dry food items for long term storage that can be purchased.

Here is a list of items that can be purchased (As of April 2024) with their cost:

"Home Storage Center Order Form"

En Español

"Formulario de pedido del centro de almacenamiento par el hogar"

\* You can find out more information at the church's website, to include additional items as well as purchasing online:

https://providentliving.churchofjesuschrist.org/food-storage?lang=eng

See images below to see what the Home Storage Center looks like.

Address: 7979 Penn Randall Pl, Upper Marlboro, MD 20772









