

Behavior Motivation Analysis

Student: _____ Teacher: _____ Date: _____

Step 1: Describe the student's behavior. Be specific.

	Behavior	How often?	Time(s) of day?	Day(s) of week?	Where?	What happens immediately before the behavior?
1						
2						

Step 2: Identify the student's goal for each behavior listed above (Circle the clues listed below).

How did I feel?	What did I do?	How did the student respond?	Student's Motivation
Irritated, annoyed	Reminded, nagged, scolded	Stopped temporarily	Attention
Angry, frustrated	Fought back, gave in	Continued, stopped on own terms	Power
Anger, hurt, disappointed, sense of dislike	Retaliated, punished severely, withdrew	Continued, intensified, stopped on own terms	Revenge
Professional concern, frustrated	Gave up trying, referred for support services	Continued avoiding tasks	Avoidance of failure

Step 3: Based on your response above, choose interventions to stop the misbehavior to learn more about each strategy.

Goal	Strategies
Attention	Minimize the attention, clarify desired behavior, legitimize the behavior, do the unexpected, distract the student, notice appropriate behavior, move the student.
Techniques I will try:	_____

Power or Revenge	Make a graceful exit, use time-out, set consequence, schedule a conference.
Techniques I will try:	_____

Avoidance of Failure	Modify instructional methods, provide tutoring, encourage positive self-talk, reframe the "I can't" refrain, teach ways to get "unstuck", make mistakes ok, build confidence, focus on past successes, making learning tangible, recognize achievement.
Techniques I will try:	_____

Step 4: Involve parents, students, and others as partners.

Student	How is the student an active participant in the behavior change?		
	Teacher-student conference?	Yes _____	No _____
	Reflect on behaviors?	Yes _____	No _____
	Learn about replacement behaviors?	Yes _____	No _____
	Teacher-student-parent conference?	Yes _____	No _____
Parent/Guardian	What communication and involvement has occurred?		
	Parent-teacher conference?	Yes _____	No _____
	Information sent home?	Yes _____	No _____
	Other?		
Other	Who else should be involved? _____	How? _____	
	Who can assist student? _____	How? _____	