

Howya feeling?

Whadaya seeing?

Whatcha needing?

MORNING GRIND NET SCRIPT

Revised 12-22-2021 by K3MJN

{Preamble to open the Net}

"Attention all stations, welcome to the Morning Grind! This is [\[your callsign\]](#) *{pause}* [\[your phonetics\]](#) . My name is [\[your name\]](#) and I'm operating from [\[your location\]](#). It's my pleasure to be your net control station today. The Morning Grind happens daily at 9 AM Eastern time and is open to all licensed amateur radio operators. This net is accessible three ways: on VHF at 145.230 megahertz with a negative offset and PL tone 118.8; we're also on UHF at 449.975 megahertz with a negative offset and PL tone 114.8; and finally, on Echolink connect to us by searching for K3IR dash R." **<KEY>**

"Right now, I hope you're relaxing with a good cup of java. This is a directed net, but we try to keep things relaxed, even chatty. To encourage conversation but still give everyone some guidelines, we focus on answering a few questions:" **<KEY>**

- First: **Howya feeling?** Sharing just a single word, like 'happy', 'sad', 'bored', 'angry', or 'scared' reminds everyone we're still all in this together.
- Next: **Whadaya seeing?** Whether you're at home, on the road or somewhere in between, tell us what's happening where you are.
- Finally: **Whatcha needing?** Do you need something or know someone that does? Please share that with us. Hams are a friendly bunch and we'll try to give you a hand. **<KEY>**

"Our net format is simple: we take check-ins continuously and acknowledge batches of 4 to 6 people. To keep things running smoothly, please first key your mike and say "this is" and then unkey the mike to pause and listen for anyone else that's transmitting. When the frequency is clear, give your call sign twice: once alphabetically followed by once phonetically. After your call sign, answer any of our key questions along with any other traffic you have for the net. Seriously, we expect more than just your call-sign and a quick 'no traffic'. At any time, we welcome your reactions to what others have said." *{No Key}*

"To get things going, I'll do the first check-in: This is **<KEY>** *{pause}* [\[your callsign\]](#) *{pause}* [\[your phonetics\]](#) and I'm feeling [\[something\]](#). Out my window right now I can see [\[something\]](#). What I need right now is [\[something\]](#). *{pause}* Now it's your turn: I'm calling for check-ins on the MORNING GRIND. Howaya feeling? Whadaya seeing? Whatcha needing? Please call now. **<KEY>**

{Record check-ins in order and then after four or five... confirm their call signs}

All right, that was great! Super smooth... *{Or other encouraging words to that effect}* Now that we've got our first batch out of the way here's a quick announcement. **<KEY>**

{Insert announcements here}

{After each group... insert something like this but can be anything}

This is [\[your callsign\]](#) calling for check-ins on the MORNING GRIND. Howaya feeling? Whadaya seeing? Whatcha needing? Please call now. **<KEY>**

{When it's time to wrap things up...}

"This is our final call for check-ins. Any stations that haven't checked in yet, please call now." **<KEY>**

{To close the net}

Thanks for participating in today's MORNING GRIND. We had a total of [\[# of people\]](#) participants. Join us again tomorrow at 9:00 am Eastern time right here on the SPARC repeater system. This session of the MORNING GRIND is now closed and the system is returning to normal amateur operator use. This is [\[your callsign\]](#), Clear. **<KEY>**

ANNOUNCEMENTS *{To read wherever they fit into the flow...}*

NETLOGGER:

We're logging this net using the Netlogger application available at netlogger.org. If you'd like to follow the progress of check-ins in real-time please download the software, install it, and then click on the blue button labeled 'Select Net'. The AIM button allows you to send Almost Instant Messages to others monitoring the net.

NIGHTLY WELFARE NET

Check-in to the Lancaster County Welfare Net every night at 7:45 PM. The purpose of the welfare net is to bring together the local amateur radio community daily and allow for round-table updates with respect to this area. If you are concerned, if you have input, please tune to 147.015 megahertz at 7:45 PM.

ARES NET FOR TUESDAYS ONLY

"The Lancaster County ARES Net is conducted every 1st and 3rd Tuesday of the month at 2030hrs (8:30pm) on the N3FYI Repeater 145.310MHz (-) PL118.8. All Amateurs are invited to check in with their Call Sign, Name, and Municipality (or State/County for those outside Lancaster County). If you have Winlink, you can check in by sending an email from your Winlink Account to the Tactical Address ARES-LANCOPA, on the date of the net."