

Students are required to submit 16 hours of community service each year! Community service is a way to give back to your community, become involved, and explore potential career paths. It is also a great way to meet new people and learn about your community. Below, you will find opportunities in your local community! **Don't forget to submit!** Visit tnachieves.org/community-service/submit-cs-hours/ and complete the form entirely.

Helping Hand of Humboldt

Food Insecurity

- **Point of Contact:** Jocelyn Bundy
- **Email:** jocelyn.bundy@gmail.com
- **Phone Number:** 731-618-8353
- **Best way to sign up:** email
- **Website:** <https://www.helpinghandhumboldt.com/index.html/>

Description: Helping Hand of Humboldt welcomes all ages of volunteers. Come and serve the needy through the food pantry, hot meal program, resale shop, and more. Serve your neighbors and change lives!

Gibson County Office on Aging

Healthcare

- **Point of Contact:** Pam Dethloff
- **Email:** gibcooaa@tennesseetel.net
- **Phone Number:** (731) 742-2891
- **Best way to sign up:** Call
- **Website:** <https://www.cityofbradford.net/senior-citizens-center/>

Description: Gibson County Office on Aging provides great activities and educational programs for our senior citizens in Gibson County. Come volunteer at the Senior Center to make new friends and uplift our senior community members.

Words for Life Speech and Language Center

General Community Support

- **Point of Contact:** Cassie Prestininzi
- **Email:** wordsforlifesc@gmail.com
- **Phone Number:** (731) 571-3240
- **Best way to sign up:** Call or Email
- **Website:** <https://www.wordsforlifesc.com/>

Description: Volunteer with the speech and language center! Help with the speech and language summer camp and winter camp, or the occasional 5k or other fundraising event. The center mostly serves children under the age of 12.

Caris Healthcare

Job Shadow

- **Point of Contact:** Sabrina Young
- **Email:** sabrina.young@carishealthcare.com
- **Phone Number:** 731-686-3723
- **Best way to sign up:** Email or Phone Call
- **Website:** <http://carishealthcare.com/volunteer/>

Description: Volunteers enter the lives of hospice patients and their loved ones at one of the most important times in anyone's life. By providing companionship and support, unconditional love and understanding, hospice volunteers receive far more in return than they ever give. Students can become a patient care volunteer and visit with patients and

their families, providing comfort and offering much-appreciated support. Students can also be an administrative volunteer and assist with office-related tasks and functions. Additionally, special project/event volunteers contribute a multitude of creative talents to the Caris team. Some of these talents include: crocheting, signing, playing music, and making crafts and cards for patients.

Gibson County Habitat for Humanity

General Community Support

- **Point of Contact:** Greg
- **Email:** greg@gibsoncountyhabitat.net
- **Phone Number:** 812-385-2434
- **Best way to sign up:** Email gfpaschall@gmail.com or gibsoncountyhabitat@gmail.com
- **Website:** <https://www.gibsoncountyhabitat.com/>

Description: Volunteers can expect to assist with office work and other duties which may include light cleaning, organizing, possible filing, addressing mail, etc.

Gibson County Memorial Library

General Community Support

- **Point of Contact:** Sarah Martin
- **Email:** sarah@gcmlibrary.org
- **Phone Number:** 731-855-1991
- **Best way to sign up:** Email

Description: Volunteers can help keep the library clean and tidy, be Children's Volunteers (Helping clean the toys and play areas of the children's department), sort and shelve materials for patron use, Help with event planning, setup, and execution, and so much more! Please feel free to contact us about more opportunities!