

**Project EXCEL Cadre 2026 Menu:** Updated 09.25.25.

This document will assist you with your attendance, due dates, and stipend amount associated with the activities. To receive your stipend, you will need to submit the **EXCEL 2026 Invoice by August 15, 2026**. There is no limit on the number of hours or activities that you may obtain; however, the maximum amount allowed is **\$3,000.00**. That amount could increase *if funding is available* and your completed activities reflect your invoice.

<b>Benchmark I: Gilder Lehrman Institute (GLI)</b>	<b>\$</b>	<b>Program Hours</b>
GLI EXCEL Seminar 1-19.27.25	\$250	7
GLI EXCEL Seminar 2 -11.15.25	\$250	7
GLI EXCEL Seminar 3 - 01.24.26	\$250	7
GLI EXCEL Seminar 4 - 03.14.26	\$250	7
GLI: Self-paced Course #1	\$250	15
GLI Self-paced Course #2	\$250	15
GLI Self-paced Course #3	\$250	15
<b>[Max = \$1,750 / 73 HRS] Totals</b>	<b>\$</b>	

<b>Benchmark II: Professional Learning Network</b>	<b>\$</b>	<b>Program Hours</b>
PLN #1 09.27.25	\$250	7
PLN #2 12.06.25	\$250	7
PLN #3 02.21.26	\$250	7
PLN #4 04.11.26	\$250	7
PLN #5 TBD (Kagan day 4)	\$250	7
PLN #6 TBD (Kagan day 5)	\$250	7
PLN #7 TBC	\$250	7
PLN #8 10.16.25 VA History Day	\$75	2
<b>[Max = \$1,750 / 49 HRS] Totals</b>	<b>\$</b>	

<b>Benchmark III: EXCEL Surveys &amp; Assessments</b>	<b>\$</b>	<b>#</b>
Teacher surveys	program requirement	
Teacher pre-assessment		
Student surveys / assessments	\$100	20+
Teacher post-assessment	program requirement	
<b>[Max = \$100] Totals</b>	<b>\$</b>	
<i># = minimum number of students for activity</i>		

<b>Benchmark IV: Nearpod Activities</b>	<b>\$</b>	<b>Program Hours</b>
10+ NP Sessions launched	\$100	6
20+ NP Sessions launched	\$150	6
30+ NP Sessions launched	\$200	6
40+ NP Sessions launched	\$250	6
50+ NP Sessions launched	\$300	6
<b>[Max = \$1,000 / 30 HRS] Totals</b>	<b>\$</b>	

*Sessions with three or more students are recorded. Hours are calculated based on prior planning & training [Max amount for Benchmark IV = \$1,000]*

<b>Benchmark V: EXCEL Sessions</b>	<b>\$</b>	<b>Program Hours</b>
10+ EXCEL Sessions documented	\$100	6
20+ EXCEL Sessions documented	\$150	6
30+ EXCEL Sessions documented	\$200	6
40+ EXCEL Sessions documented	\$250	6
50+ EXCEL Sessions documented	\$300	6

*Each EXCEL Session must have documentation – Hours are calculated based on prior planning*

**Professional Learning Communities (PLCs)**

*Each PLC that demonstrates the EXCEL participant leading one of the following: literacy instructional practices, literacy skills that promote media, digital citizenship, KAGAN strategy, or inquiry-based learning to promote high-quality teaching will count toward one Session – EXCEL participant will provide documentation (i.e., an agenda)*

<b>[Max = \$1,000 / 30 HRS] Totals</b>	<b>\$</b>	
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<b>Benchmark VI: EXCEL Expeditions</b>	<b>\$</b>	<b>Program Hours</b>
VA EXCEL Expedition 3-Days	\$300	24
VA EXCEL Expedition 2-Days	\$200	16
VA EXCEL Expedition 1-Day	\$100	8

*Virginia Expedition limited to 20 teachers per year – Teachers selected through completion of hours, participant progress rate, and past expeditions*

Colonial Williamsburg 5-Days	\$500	40
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*Colonial Williamsburg Expeditions limited to 10 teachers per year – prior approval from WEP – Travel to be reimbursed separately from invoice*

GLI EXCEL Charleston, SC Expedition 1-6 Days	\$600	48
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*Charleston Expedition limited to 40-55 teachers per year – Teachers selected through completion of hours, participant progress rate, and past expeditions*

GLI Annual Teacher Symposium 4-Days	\$400	32
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*GLI Symposium limited to 8 teachers per year – prior approval from WEP – Travel to be reimbursed separately from invoice*

<b>Totals</b>	<b>\$</b>	
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**[Max = \$1,800 - \$1600 / 144 -128 HRS]**

<b>Benchmark VII: Additional Approved Activities</b>	<b>\$</b>	<b>Program Hours</b>
<b>Student Civic Engagement Project “Classroom-based”</b> <i>Documentation provided in EXCEL through Sessions – engagement with 20+ students</i>	\$100	6
<b>Student Civic Engagement Project “Extracurricular”</b> <i>Documentation provided in EXCEL through Sessions – engagement with 3+ students</i>	\$250	12
<b>Public Relations Event</b> <i>Documentation provided in EXCEL through Sessions</i>	\$100	3
<i>Each Activity above can also be found on the EXCEL platform under Sessions and will also count toward one EXCEL Session (Benchmark V). Each activity must have documentation – Hours are calculated based on prior planning</i>		

<b>Benchmark VII: Additional Approved Activities</b>	<b>\$</b>	<b>Program Hours</b>
<b>Book Club Hours – only one set of Hours can be counted toward the invoice amount.</b>		
<b>Book Club 2 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$50	2
<b>Book Club 4 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$100	4
<b>Book Club 6 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$150	6
<b>Book Club 8 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$200	8
<b>Book Club 10 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$250	10
<b>Book Club 12 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$300	12
<b>Book Club 14 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$350	14

<b>Book Club 16 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$400	16
<b>Book Club 18 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$450	18
<b>Book Club 20 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$500	20
<b>Optional Activities Hours – only one set of Hours can be counted toward the invoice amount.</b>		
<b>Optional Activities 3 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$75	3
<b>Optional Activities 6 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$150	6
<b>Optional Activities 9 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$225	9
<b>Optional Activities 12 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$300	12
<b>Optional Activities 15 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$375	15
<b>Optional Activities 18 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$450	18
<b>Optional Activities 21 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$525	21
<b>Optional Activities 24 Hours</b> <i>Documentation provided in EXCEL through Sessions</i>	\$600	24
<b>[Max = \$1,550 / 65 HRS] Totals</b>	<b>\$</b>	

<b>Benchmark VIII: Administrator: Radical Learning / Jim Knight and TDL</b>	<b>\$</b>	<b>Program Hours</b>
Instructional Coaching/90 Days	\$150	5
Partnership Learning: Presentations That Make an Impact	\$150	5
Video is Rocket Fuel for Learning	\$150	5
Designing & Supporting Great Instructional Coaching Programs	\$150	5
Coaching for Connection, Certainty, and Autonomy	\$150	5
Prioritizing the Wellbeing of Teachers	\$150	5
High-Impact Teaching Strategies	\$200	10
Better Conversations	\$250	15
<i>Each Radical Learning course is developed by The Instructional Coaching Group – Record finished work in EXCEL Sessions.</i>		

<b>TDL Data Collection - Record as EXCEL Sessions (see above)</b>	
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<b>[Max = \$1,350 / 55 HRS] Totals</b>	<b>\$</b>	
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