CTE Career Technical Education

Preparing Students for College and Career Success

Public and Community Health

Nancy Ortner: nortner@viedu.org

Public and Community Health is a **1 year** two course pathway that provides the foundational knowledge and skills needed for students who intend to enter the public and community health field. Curriculum focuses on improving health and quality of life in personal, community, and the global population. Students will study the science of nutrition and learn about health issues connected to nutrition and wellness. Students will also analyze the impact of an aging society on the nation's health care system, while engaging in discussions of health decisions, individual rights, and social responsibilities.

A year of curriculum content is delivered in each semester. Because of this accelerated learning, each semester is worth 10 high school elective credits.

PROGRAM OF STUDY SEQUENCE

Health Science Foundations A-G College-Prep Elective

This is the first semester course in the two course sequence. This concentrator course exposes students to the major career fields and diverse career opportunities available in the healthcare field. It provides the foundational knowledge and skills needed to be successful in healthcare careers.

Public Health A-G College-Prep Elective

This is the second semester course in the pathway. This capstone course focuses on improving health and quality of life in personal, community, and the global population. Students will examine core disciplines within public health including the epidemiology of infectious and chronic disease; prevention and control of diseases in the community; an analysis of the social determinants of health; strategies for eliminating disease, illness, and health disparities among various populations





PATHWAY BENEFITS

- Complete the pathway in 1 year
- Develop Healthcare Employability Soft Skills
- Explore a career field before committing to a college major
- Healthcare Guest Speakers
- Strong labor-market alignment

CERTIFICATIONS

- Basic Life Support for Healthcare Providers (BLS)
- CPR, AED, and First Aid
- Narcan training
- Stop The Bleed

OPTIONAL NUTRITION EDUCATION CERTIFICATE

- NUTRI 300: Nutrition (3 units)
- NUTRI 340: Nutrition and Metabolism (3 units)
- BIOL 310: General Biology (4 units)
- NUTRI 310: Cultural Foods of the World (3 units)
- PSYC C1000: Introduction to Psychology (3 units)

After completing the classes for this certificate, students may apply credits toward the Associate in Science in Nutrition and Dietetics for Transfer (AS-T).

FUTURE CAREER OPTIONS

High School Diploma

- Health Program Aide
- Public Health Assistant
- Public Health Nutrition Aide

AA, AS Degree or Certificate

- Behavioral Health Technician / Mental Health Worker
- Fitness and Wellness Coordinators
- Outreach Specialist / Community Engagement Specialist
- Health Education Assistant
- Community Health Workers

BS, BA or Post-Graduate Degree

- Health Educators
- Substance Use Counselor
- Epidemiologists
- Dietitians and Nutritionists