



Pontiac Bay Regatta
March 14th & 15th, 2026
Sail Sand Point
Seattle, WA

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the *rules* as defined in The Racing Rules of Sailing and the ISSA Procedural Rules.
- 1.2. Under ISSA PR 18(a), the right of appeal is denied.
- 1.3. The US Sailing prescriptions to rule 63.1 are deleted and will not apply.

2. NOTICE TO COMPETITORS

- 2.1. Official notices will be posted on the official notice board located on the north side of the Sail Sand Point office.
- 2.2. Changes to the sailing instructions shall be posted no later than one hour prior to the first warning signal on the day it will take effect.

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore shall be displayed at the SSP inner docks. Postponement may also be communicated verbally to coaches over the designated VHF channel 69.
- 3.2. When flag AP is displayed ashore, “1 minute” is replaced with “not less than 20 minutes” in the race signal AP.

4. THE START

- 4.1. The start line will be between a staff on the race committee boat displaying an orange flag and an orange buoy located to port.
- 4.2. Races will start in accordance with ISSA PR 7.9.

5. COURSES AND MARKS

- 5.1. The race committee will indicate the course through a whiteboard displayed before the warning signal.
- 5.2. A description of courses and marks are found in Appendix A. Any significant deviation from the marks shown in these diagrams shall be announced at the skipper’s meeting.
- 5.3. If a gate mark is missing, or no longer on station, competitors shall round the remaining mark to port.
- 5.4. If an offset mark is missing, or no longer on station, competitors shall ignore the missing mark and sail to the next mark on the course.

6. THE FINISH

- 6.1. The finish line shall be between the race committee vessel displaying a blue flag and an orange buoy to port.
- 6.2. After finishing the first race of a set, sailors shall stay clear of the active racing and finishing area.
- 6.3. After finishing the final race of a set, competitors shall sail directly to the rotation area.
- 6.4. The race committee reserves the right to finish a boat, or boats, in place if they are impeding the progress of the regatta and the finishing order is clear.

7. PROTESTS

- 7.1. Protest procedure and time limit will be in accordance with ISSA PR Part VI.
- 7.2. Protest forms will be available in the Sail Sand Point office.
- 7.3. Protest hearings will be held as soon as practicable, which may include between rotations. Protests may be heard immediately following racing or ahead of racing Sunday morning.

8. SCORING

- 8.1. The regatta will be scored in accordance with ISSA Procedural Rule 9.
- 8.2. Teams failing to enter Record of Participation (RP) information on TechScore by the end of the protest time limit on Sunday **shall** be assessed an automatic penalty in accordance with PR 4.3(a).

9. BREAKDOWNS AND DAMAGE

- 9.1. Breakdown requests shall be filed in the same manner as protests.
- 9.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with the guidelines listed in ISSA PR Appendix 5.
- 9.3. All damage, no matter how minor, shall be reported to the Race Committee, or representative of the host organization, as soon as practicable.
- 9.4. A compulsory protest hearing shall be initiated by the Race Committee when there is a collision that results in **ANY** damage or injury.

10. SAFETY

- 10.1. Coaches shall ensure all competitors comply with ISSA PR 2, SAFETY AND SPECIAL CLOTHING, as modified by this document.
- 10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is not possible, immediately after arriving at the rotation dock.
- 10.3. Per RRS 3, it is the decision of each boat to race, or continue racing. However, the race committee reserves the right to send ashore any boat that it considers to be a danger to itself or others.
- 10.4. Competitors shall not impede commercial traffic. Competitors shall comply with any instructions given by safety boats. Any competitor which interferes with the safe passage of commercial traffic or fails to follow directions issued by a safety boat shall be protested by the Race Committee.

11. TRAVEL AND TRANSPORTATION

- 11.1. Teams are responsible for their own transportation.
- 11.2. The address of the regatta site is: 7861 62nd Ave NE, Seattle, WA 98115
- 11.3. Please leave the lower parking spots closest to Sail Sand Point open for trailers.
All unmarked parking spots are available.

12. COACHING

- 12.1. Team leaders, chaperones, coaches, parents, advisors and other support personnel shall not go afloat in the sailing area from Saturday morning to the end of racing Sunday unless an exception has been explicitly permitted by the regatta chair. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.
- 12.2. Competitors may receive coaching including instructions, assistance, equipment or sustenance only while on the designated rotation float or on shore.

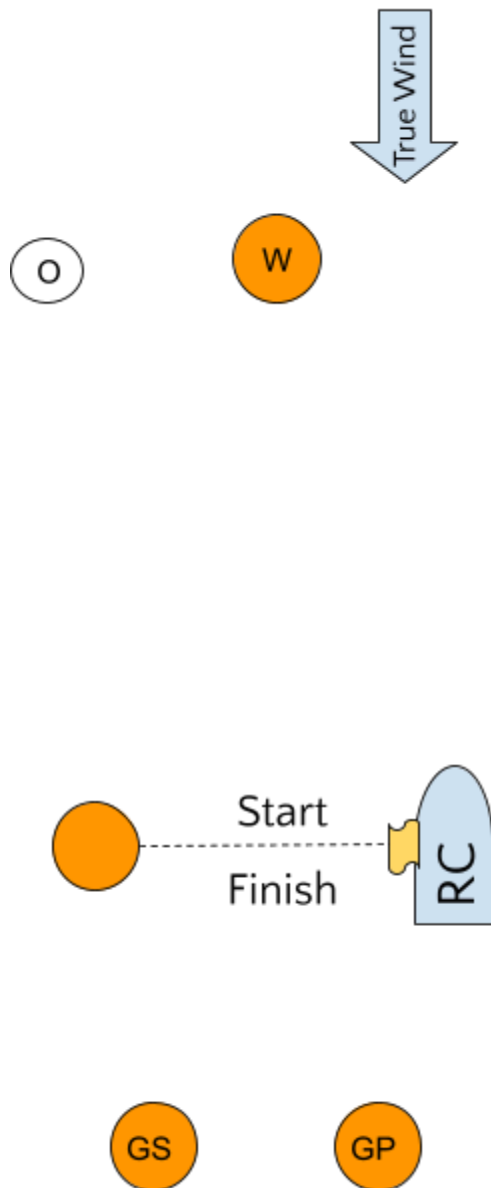
13. SAFETY

- 13.1. Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted.
- 13.2. A boat that requires assistance in order to recover from a capsize shall retire from that race.
- 13.3. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.
- 13.4. All sailors must complete an online [SSP waiver](#) before participating in the event.

14. CONDUCT

- 14.1. No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841.
- 14.2. Infringements of this regulation and/or other inappropriate conduct occurring during the regatta, may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall, at a time and place selected by it, meet to hear said protest, and it may impose scoring penalties, or other sanctions that it deems appropriate, including summary removal from the regatta.
- 14.3. Unless directly permitted by the Regatta Chair or PRO, radio communication involving anyone other than on the water personnel or the Regatta Chair is expressly prohibited.

APPENDIX A - COURSE



GS Rounded to Starboard.
All Other Marks Rounded to Port.

The Start Line is **CLOSED** except for boats finishing and boats who have yet to *start*.

Course 1:

S-W-O*-GS/GS**-F
(Upwind Finish)

Course 2:

S-W-O*-GS/GP**-W-O*-GS/GP**-F (Upwind Finish)

Course 3:

S-W-O*-GS/GP**-W-O*-F
(Downwind Finish)

*The offset mark is ignored if not present

**If a gate mark is missing, the remaining gate mark shall be rounded to port

Figures and course not drawn to scale, all angles approximate