

# Professional Identity Reflective Statement

## Purpose

In this final paper, you will reflect upon what you have learned this term in your internship, seminar discussions, readings and other reflective activities. Your reflective statement will summarize where you currently stand and how you plan to progress in your career. It summarizes your work on the course outcomes:

1. Integrate and reflect on classroom learning with field experience.
2. Summarize work experience and growth as a helping professional.
3. Evaluate and report on workplace competencies and skills as defined by the National Organization of Human Services.
4. Describe the dynamics of power, privilege, and interculturalism in one's own experience.

## Skills

To complete this activity, you will need to:

1. Summarize the progress you have made this term on the above four outcomes.
2. Reflect upon your learning.
3. Identify next steps in your growth and career.

## Tasks

**The framework for your paper is your Learning Plan's four competencies and your SMART goal.** For each competency, provide a section header and describe how you have progressed over the start of the term. Apply at least one theory, reading or academic concept to each competency. Discuss your SMART goal as related to the specific competency (ies). Relate your work to the understanding that you have of the roots, ethics, and skills related to the Human Services profession. Use sources related to the profession.

Each of you are unique individuals approaching the Human Services profession. Each of you will have variance on where you started on each competency and how far you have progressed. For example, you may have felt very solid on a particular competency from the very beginning. On another one you may have felt that you knew little when you started and have progressed from there. Be realistic. *The point is to assess where you've come from, where you are now, and where you are going.* This is a "thought piece" that will help you reflect on and guide your future growth.

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## Competency 1: Process Skills

*Be sure to comment on: establishing rapport, taking initiative, being open to criticism, and working as a team member.*

## Competency 2: Demonstrate knowledge of scope, purpose and structuring of the agency or organization

*Be sure to comment on: the historical and political context for the service you are involved in, the mission and theories of the agency/site, the population served, power and privilege.*

## Competency 3: Ethics and Values

*Be sure to comment on: the [NOHS Standards for Human Services Professionals](#), boundaries, confidentiality, and professional demeanor. How do your values and attitudes align with those of your site and your experience this term?*

## Competency 4: Develop Cultural Competence

*Be sure to comment on your awareness of the effects of power, privilege, and oppression within the agency and specifically related to your own social identity and the identities of the clients you serve.*

## Criteria for Success

**Be sure your paper follows these conventions:**

- 10-12 pt. Font; double spaced;
- APA formatting;
- An introduction and a conclusion in which you highlight your view of yourself as a professional and how you fit into the Human Services profession;
- About one and a half pages per competency; not to exceed 12 pages, including title and references page;
- *Although this is reflective in nature, you are expected to use sources and want to see what those sources are throughout the paper, and as a list at the end of the paper.*

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You will be graded based on the following rubric:

<b>Criteria</b>	<b>Excellent (90-100)</b>	<b>Proficient (80-89)</b>	<b>Developing (70-79)</b>
Reflective writing	Writing is holistic in nature, diving into each topic deeply, applying theory to practice. synthesizes practicum experiences, course materials, and prior learning; questions, hypothesizes, and analyzes; focuses on what is being learned about self.	Writing is focused, diving into each topic; includes at least one of the following: practicum experiences, course materials, and prior learning; focuses on what is being learned about self.	Contains some reflective writing; too brief; and/or describes events rather than reflecting on the meaning of experiences.
Competencies and SMART Goal	Thoroughly explores all four competencies and SMART goal; provides examples and reflective thinking; hypothesizes about next steps	Thoroughly addresses all four competencies and SMART goal	Addresses competencies and SMART goal
Writing Conventions	Uses excellent writing conventions including grammar, spelling, and punctuation. Cites sources of academic materials used in the reflection.	Uses good writing conventions including grammar, spelling, and punctuation. Cites sources of academic materials used in the reflection.	Uses adequate writing conventions including grammar, spelling, and punctuation. Cites sources of academic materials used in the reflection.