

Jenny's Heart Quilt Block

The Jelly Roll Club, Georgetown Kentucky

The Jelly Roll club started in 2015, one of our first members was Jennifer Kissick, she joyfully attended each meeting of the club and participated in several projects with us. In her honor we are sharing this scrappy heart pattern.

Cutting

Background Fabric:

A - (1) - 4 1/2 inch square

B - (4) - 2 1/2 inch squares - (draw a diagonal line on each)

Heart Fabric (use Jelly Roll scraps)

C - (4) - 2 1/2 inch squares

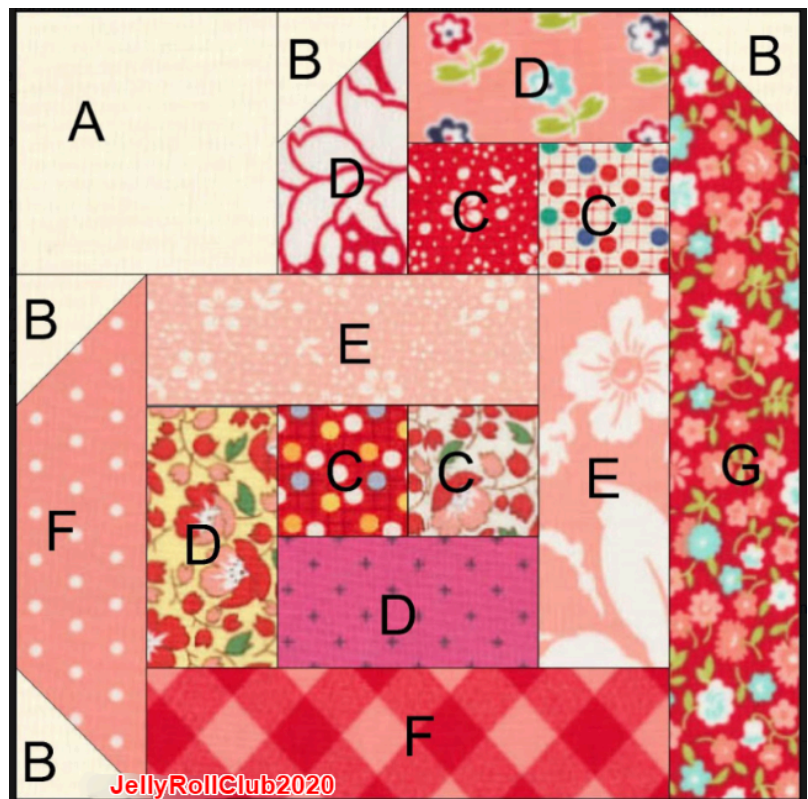
D - (4) - 2 1/2 x 4 1/2 inch strips

E - (2) - 2 1/2 x 6 1/2 inch strips

F - (2) - 2 1/2 x 8 1/2 inch strips

G - (1) - 2 1/2 x 12 1/2 inch strip

Sewing instructions: All seams are 1/4 inch.
Press as desired. Press towards the darker fabrics whenever possible.



Sew 2 piece 2 - 2 1/2 inch squares together and press the seams. This is the center of your heart or the beginning of your heart's ventricles for all of you with medical backgrounds.

- Sew 1 - 2 1/2 x 4 1/2 inch strip to the bottom of your first two pieces and press.
- Sew 1 - 2 1/2 x 4 1/2 inch strip to the left side of your heart's ventricles and press.
- Sew 1 - 2 1/2 x 6 1/2 inch strip to the top of your heart's ventricles and press.
- Sew 1 - 2 1/2 x 6 1/2 inch strip to the right of your heart's ventricles and press
- Sew 1 - 2 1/2 x 8 1/2 inch strip to the bottom of your heart's ventricles and press
- Sew 1 - 2 1/2 x 8 1/2 inch strip to the left of your heart's ventricles and press

Your heart's ventricles should now measure 8 1/2 x 10 1/2 inches.

Now we are going to sew together your heart's atriums.

- Sew 2 piece 2 - 2 1/2 inch squares together and press the seams.
- Sew 1 - 2 1/2 x 4 1/2 inch strip to the top of your first two pieces and press.
- Sew 1 - 2 1/2 x 4 1/2 inch strip to the left side of your heart's atriums and press.

Easy peasy so far....right? Next, we are going to get a tad tricky...



You will sew 4 easy corners on the atriums of the heart. Take 1 - 2 1/2 inch square of your background fabric and place it right sides together on the top left corner of the atrium as shown. Sew on the diagonal line. Trim to 1/4 inch and press up. Take another 2 1/2 inch square of your background fabric and repeat on the top left corner of your heart's ventricles. Take another 2 1/2 inch square of your background fabric and repeat for the bottom left corner of your heart's ventricles. Take the 4 1/2 inch square of background fabric and sew it to the left side of your heart's atriums. Sew right sides together the atrium to the ventricles. Sew the 2 1/2 x 12 1/2 inch strip to the right side of your heart and press. Take the last 2 1/2 inch square of background fabric on the top right of the heart and sew on the diagonal line, trim to 1/4 inch and press open.



The finished blocks are 12.5 inch scrappy log cabin hearts. You need 18 heart blocks to make a log cabin heart quilt. This is a great scrap buster for all your leftover jelly roll scraps from various projects.

Happy Sewing!
Ivonne Davila-Beeble